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Comprehensive compilation of randomized controlled trials (RCTs) involving psychodynamic treatments and interventions

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#	Study name	Year	Total n	Patient sample	Age group	PDT-intervention	Comparison group(s)	Main outcome reference
1	Abbasi & Manavipour	2023	30	Adolescents with oppositional defiant disorders	Adolescent	Intensive Short-Term Dynamic Psychotherapy (ISTDP; Abbass, 2015)	No treatment	Abbasi, M. N., & Manavipour, D. (2023). The Effectiveness of Short-Term Intensive Psychoanalysis on Clinical Symptoms and Academic Performance of Adolescents with Oppositional Defiant Disorders. <i>Iranian Evolutionary and Educational Psychology</i> , 5 (2). https://doi.org/10.52547/ieepj.5.2.134
2	Abbass, et al.	2008	27	Personality disorders (mixed)	Adult	Intensive Short-Term Dynamic Psychotherapy (ISTDP; Davanloo, 1990)	Minimal contact	Abbass, A., Sheldon, A., Gyra, J., & Kalpin, A. (2008). Intensive short-term dynamic psychotherapy for DSM-IV personality disorders: a randomized controlled trial. <i>J Nerv Ment Dis</i> , 196, 211-216. http://www.ncbi.nlm.nih.gov/pubmed/18340256
3	Adkins, et al.	2021	89	Foster parents	Adult	Family Minds (Mentalization-based parenting intervention; Adkins, et al, 2018)	Training class	Adkins, T., Reisz, S., Hasdemir, D., & Fonagy, P. (2021). Family Minds: A randomized controlled trial of a group intervention to improve foster parents' reflective functioning. <i>Development and Psychopathology</i> , 1–15. https://doi.org/10.1017/s095457942000214x
4	Ahmadi, et al.	2021	30	Mixed depression and anxiety (in bereaved patients due to COVID-19)	Adult	Intensive Short-Term Dynamic Psychotherapy (ISTDP)	Control (not specified)	Ahmadi, F., & Amjad, F. V. (2021). The Effectiveness of Intensive Short-Term Dynamic Psychotherapy (ISTDP) (in symptoms depression, anxiety, posttraumatic stress and guilt felling in Bereaved people <i>Quarterly Journal of Nursing Management</i> , 10(3). Retrieved from http://ijny.ir/browse.php?a_code=A-10-1344-1%5C&sid=1%5C&slc_lang=en

5	Ahola, et al.	2016	33	Depression	Adult	Long-Term Psychodynamic Psychotherapy (at least 12 months, biweekly sessions, no reference to manual)	Waitlist (6 months)	Ahola, P., Joensuu, M., Knekt, P., Lindfors, O., Saarinen, P., Tolmunen, T., ... Lehtonen, J. (2016). Effects of Scheduled Waiting for Psychotherapy in Patients With Major Depression. <i>The Journal of Nervous and Mental Disease</i> , 205(8), 611–617. http://doi.org/10.1097/NMD.0000000000000616
6	Ajlchi, et al.	2016	32	Depression	Adult	Intensive Short-Term Dynamic Psychotherapy (ISTDP; Davanloo, 1990)	Waitlist	Ajlchi, B., Nejati, V., Town, J. M., Wilson, R., & Abbass, A. (2016). Effects of Intensive Short-Term Dynamic Psychotherapy on depressive symptoms and executive functioning in Major Depression. <i>The Journal of Nervous and Mental Disease</i> , 204(7), 500–5. http://doi.org/10.1097/NMD.0000000000000518
7	Alirezaee, et al.	2022	30	Self-compassion in cancer patients	Adult	Intensive Short-Term Dynamic Psychotherapy (ISTDP; Abbass, 2015)	1. Waitlist 2. CBT	Alirezaee, S., Nia, K. S., & Akbari, H. (2022). Comparison of the effectiveness of cognitive-behavioral psychotherapy and intensive short-term dynamic psychotherapy on self-compassion in cancer patients. <i>Ebnesina (Persian)</i> , 4(24), 43–53. https://doi.org/10.22034/24.3.43
8	Alstrom, et al.	1984	73	Agoraphobia (in women not suitable for insight-oriented psychotherapy)	Adult	Supportive dynamic psychotherapy (Dewald, 1964)	1. Prolonged exposure (in vivo w. therapist) 2. Relaxation training	Alstrom, J. E., Nordlund, G., Persson, G., Harding, M., & Lundquist, C. (1984). Effects of four treatment methods on agoraphobic women not suitable for insight-oriented psychotherapy. <i>Acta Psychiatrica Scandinavica</i> , 70, 1–17. http://www.ncbi.nlm.nih.gov/pubmed/6147066
9	Alstrom, et al.	1984	42	Social anxiety disorder (SAD)	Adult	Supportive dynamic psychotherapy (Dewald, 1964)	1. Prolonged exposure (in vivo w. therapist) 2. Relaxation training	Alstrom, J. E., Nordlund, C. L., Persson, G., Harding, M., & Ljungqvist, C. (1984). Effects of four treatment methods on social phobic patients not suitable for insight-oriented psychotherapy. <i>Acta Psychiatrica Scandinavica</i> , 70, 97–110. http://www.ncbi.nlm.nih.gov/pubmed/6148843

15	Arnevik, et al.	2009	114	Personality disorders (mixed)	Adult	Short-Term Day Hospital Psychotherapy (DHP; no specific reference)	Outpatient Individual Psychotherapy	Arnevik, E., Wilberg, T., Urnes, O., Johansen, M., Monsen, J. T., & Karterud, S. (2009). Psychotherapy for personality disorders: short-term day hospital psychotherapy versus outpatient individual therapy - a randomized controlled study. <i>European Psychiatry : The Journal of the Association of European Psychiatrists</i> , 24(2), 71–8. http://www.ncbi.nlm.nih.gov/pubmed/19097_870
16	Atef-Wahid, et al.	2005	34	Depression	Adult	Short-Term Dynamic Psychotherapy (STDP; no specific reference)	Pharmacotherapy	Atef-Wahid, M. K., Rahmani, F., Dadsetan, P., & Omidi, I. (2005). THE EFFECTS OF SHORT TE DYNAMIC PSYCHOTHERAPY AND - RM PHARMACOTHERAPY ON E TH DEXAMETHASONE SUPPRESSION TEST, PSYCHODYNAMIC CONDITONS AND DYSFUNCTIONAL ATTITUES IN DEPRESSED PATIENTS. <i>Journal of Psychology (Persian)</i> , 9(2), 114–114.
17	Orvarti Aziz, et al.	2020	36	Generalized anxiety disorder (GAD)	Adult	Integrative (STDP + CBT)	1. CBT. 2. No treatment	Orvarti Aziz, M., Mehrinejad, S. A., Hashemian, K., & Paivastegar, M. (2020). Integrative therapy (short-term psychodynamic psychotherapy & cognitive-behavioral therapy) and cognitive-behavioral therapy in the treatment of generalized anxiety disorder: A randomized controlled trial. <i>Complementary Therapies in Clinical Practice</i> , 39(January), 101122. https://doi.org/10.1016/j.ctcp.2020.101122
18	Babaei, et al.	2022	30	Perfectionism	Adult	Dynamic Relational Group Therrapy (Hewitt, Flett, & Mikail, 2017)	Waitlist	Babaei, S., Dehghani, M., Lavasani, F. F., Ashouri, A., & Mohamadi, L. (2022). The effectiveness of short-term dynamic/interpersonal group therapy on perfectionism; assessment of anxiety, depression and interpersonal problems. <i>Research in Psychotherapy: Psychopathology, Process and Outcome</i> , 25(3), 327–338. https://doi.org/10.4081/ripppo.2022.656
19	Bachar, et al.	1999	33	Bulimia	Adult	Self Psychological Treatment (based on Kohut, 1984)	Cognitive Orientation Treatment (Kreitler & Kreitler, 1990)	Bachar, E., Latzer, Y., Kreitler, S., & Berry, E. M. (1999). Empirical comparison of two psychological therapies. Self psychology and cognitive orientation in the treatment of anorexia and bulimia. <i>J Psychother Pract Res</i> , 8, 115-128. http://www.ncbi.nlm.nih.gov/pubmed/10079_459

20	Bahadori	2022	40	Betrayed women	Adult	Intensive Short-Term Dynamic Psychotherapy (Davanloo, 2000)	Waitlist control	Bahadori, S. R. (2022). The effectiveness of Intensive Short-Term Dynamic Psychotherapy on Emotional Expressiveness and Differentiation Betrayed Women. <i>Rooyesh-e-Ravanshenasi Journal (RRJ)</i> , 11 (1).
21	Bahreman, et al.	2024	40	Infertile women	Adult	Intensive Short-Term Dynamic Psychotherapy (ISTDP; Davanloo, 1980)	No treatment	Bahreman, M., Talebzadeh Shoushtari, M., & Marashian, F. (2024). The Effectiveness of Intensive Short-Term Dynamic Psychotherapy on Distress Tolerance and Marital Quality of Life in Infertile Women. <i>Women Health Bulletin</i> , 11 (2), 2–9. https://doi.org/10.30476/WHB.2024.102054.1278
22	Baldoni, et al.	1995	36	Urethral syndrome	Adult	Short-Term Dynamic Psychotherapy (STDP; Malan, 1979; Davanloo, 1980)	TAU	Baldoni, F., Baldaro, B., & Trombini, G. (1995). Psychotherapeutic perspectives in urethral syndrome. <i>Stress Medicine</i> , 11 (July 1994), 79–84. http://onlinelibrary.wiley.com/doi/10.1002/smi.2460110115/abstract
23	Balottin, et al.	2014	33	Idiopathic headache (children/adolescents 6-18 yrs)	Child	Short-Term Psychodynamic Psychotherapy (STPP; Aliprandi et al, 1990)	TAU	Balottin, U., Ferri, M., Racca, M., Rossi, M., Rossi, G., Beghi, E., ... Termine, C. (2014). Psychotherapy versus usual care in pediatric migraine and tension-type headache: a single-blind controlled pilot study. <i>Italian Journal of Pediatrics</i> , 40(1), 6. http://www.ncbi.nlm.nih.gov/pubmed/24444_140
24	Barber, et al.	2011	156	Depression	Adult	Supportive Expressive Psychotherapy (SEP; Luborsky, 1984)	1. Placebo 2. SSRI/SNRI	Barber, J. P., Barrett, M. S., Gallop, R., Rynn, M. a, & Rickels, K. (2011). Short-term dynamic psychotherapy versus pharmacotherapy for major depressive disorder: a randomized, placebo-controlled trial. <i>The Journal of clinical psychiatry</i> , 1–8. http://www.ncbi.nlm.nih.gov/pubmed/22152_401

25	Barkham, et al.	1996	36	Depression	Adult	Psychodynamic-Interpersonal Therapy (PIT, Hobson, 1985)	CBT (no reference)	Barkham, M., Rees, A., Shapiro, D. A., Stiles, W. B., Agnew, R. M., & Halstead, J., et al. (1996). Outcomes of time-limited psychotherapy in applied settings: replicating the Second Sheffield Psychotherapy Project. <i>J Consult Clin Psychol</i> , 64, 1079-1085. http://www.ncbi.nlm.nih.gov/pubmed/8916639
26	Barkham, et al.	1999	116	Depression (subsyndromal)	Adult	Psychodynamic-Interpersonal Therapy (PIT, 3 sessions; Barkham & Shapiro, based on Hobson, 1985)	CBT (Beck et al 1979; Beck, 1995)	Barkham, M., Shapiro, D. A., Hardy, G. E., & Rees, A. (1999). Psychotherapy in two-plus-one sessions: outcomes of a randomized controlled trial of cognitive-behavioral and psychodynamic-interpersonal therapy for subsyndromal depression. <i>J Consult Clin Psychol</i> , 67, 201-211. http://www.ncbi.nlm.nih.gov/pubmed/10224730
27	Bassett, et al.	1985	26	Chronic pain	Adult	Psychodynamic therapy (12 sessions, no reference)	Supportive psychotherapy (no reference)	Bassett, D. L., & Pilowsky, I. (1985). A study of brief psychotherapy for chronic pain. <i>J Psychosom Res</i> , 29, 259-264. http://www.sciencedirect.com/science/article/pii/0022399985900522
28	Bastos, et al.	2014	272	Depression	Adult	Long-term psychodynamic psychotherapy (LTPP; Gabbard, 2004; 2010)	1. Fluoxetine alone 2. LTPP + fluoxetine	Bastos, A. G., Guimaraes, L. S. P., & Trentini, C. M. (2014). The efficacy of long-term psychodynamic psychotherapy, fluoxetine and their combination in the outpatient treatment of depression. <i>Psychotherapy Research : Journal of the Society for Psychotherapy Research</i> , (July 2014), 1-13. http://www.ncbi.nlm.nih.gov/pubmed/25041333
29	Bateman & Fonagy	1999	38	Borderline personality disorder	Adult	Mentalization-Based Treatment (MBT; Bateman & Fonagy, 2004)	TAU	Bateman, A., & Fonagy, P. (1999). Effectiveness of partial hospitalization in the treatment of borderline personality disorder: a randomized controlled trial. <i>The American Journal of Psychiatry</i> , 156(10), 1563-9. http://www.ncbi.nlm.nih.gov/pubmed/10518167

30	Bateman & Fonagy	2009	134	Borderline personality disorder Borderline and co-morbid Antisocial personality disorder	Adult	Mentalization-Based Treatment (MBT; Bateman & Fonagy, 2004)	Structured Clinical Management (SCM)	Bateman, A., & Fonagy, P. (2009). Randomized controlled trial of outpatient mentalization-based treatment versus structured clinical management for borderline personality disorder. <i>Am J Psychiatry</i> , 166, 1355-1364. http://www.ncbi.nlm.nih.gov/pubmed/19833787
31	Bateman & Fonagy	2018	56	Families of people with Borderline Personality Disorder	Adult	Mentalization-Based Intervention (MBT-FACTS; psychoeducation and skills-training based on MBT; Bateman & Fonagy, 2016)	Waitlist	Bateman, A., & Fonagy, P. (2018). A Randomized Controlled Trial of a Mentalization-Based Intervention (MBT-FACTS) for Families of People With Borderline Personality Disorder. <i>Personality Disorders: Theory, Research, and Treatment</i> . https://www.ncbi.nlm.nih.gov/pubmed/29999394
32	Beck, et al.	2019	112	Borderline personality disorder	Adolescent	Mentalization-Based Group Therapy (MBT-G; Karterud, 2011; Karterud & Bateman; 2012)	TAU with 12 individual supportive sessions	Beck, E., Bo, S., Jørgensen, M. S., Gondan, M., Poulsen, S., Storebø, O. J., ... Simonsen, E. (2019). Mentalization-based treatment in groups for adolescents with borderline personality disorder: a randomized controlled trial. <i>Journal of Child Psychology and Psychiatry</i> , 0(0), jcpp.13152. https://doi.org/10.1111/jcpp.13152
33	Belokrylov, et al.	2018	60	Somatoform Disorder	Adult	Short-Term Psychodynamic Psychotherapy (No specific reference)	Psychoeducation	Belokrylov, I., Bryukhin, A., & Semikov, S. (2018). The effectiveness of psychoanalytic psychotherapy in the somatoform disorders treatment. <i>European Psychiatry</i> , 48(S1), S141-S358. https://doi.org/10.1016/j.eurpsy.2017.12.016
34	Benfante, et al.	2022	61	Fibromyalgia	Adult	Brief Psychodynamic Therapy (BPT; no reference)	Cognitive Therapy (CT; no reference)	Benfante, A., Romea, A., Di Tella, M., & Castelli, L. (2022). Efficacy of short-term psychotherapy in patients with fibromyalgia: a comparison between psychodynamic and cognitive therapy. <i>Psychotherapy and Psychosomatics</i> , 91(Suppl. 1), 3-40. https://doi.org/10.1159/000526562

35	Ben-Itzhak, et al.	2012	66	Adjustment disorder	Adult	Brief Psychodynamic Psychotherapy (BPP; 12 sessions; Malan, 1979)	Brief Psychodynamic Psychotherapy (1 yrs; Malan, 1979)	Ben-Itzhak, S., Bluvstein, I., Schreiber, S., Aharonov-Zaig, I., Maor, M., Lipnik, R., & Bloch, M. (2012). The Effectiveness of Brief Versus Intermediate Duration Psychodynamic Psychotherapy in the Treatment of Adjustment Disorder. <i>Journal of Contemporary Psychotherapy</i> , 42(4), 249–256. http://www.springerlink.com/index/10.1007/s_10879-012-9208-6
36	Beresnevaite	2000	37	Alexithymia (in patients with coronary heart disease)	Adult	Group psychotherapy (no reference)	Psychoeducation	Beresnevaite, M. (2000) Exploring the benefits of group psychotherapy in reducing alexithymia in coronary heart disease patients: a preliminary study. <i>Psychotherapy and Psychosomatics</i> , 69, 117–122. http://www.ncbi.nlm.nih.gov/pubmed/10773774?dopt=Abstract
37	Bernik, et al.	2018	147	Social anxiety disorder (SAD)	Adult	Group psychodynamic therapy (GPT; no manual) 1. Sertraline + GPT 2. Placebo + GPT	Group CBT (manualized, but no reference) 1. Sertraline + GCBT 2. Placebo + GCBT	Bernik, M., Corregiari, F., Savoia, M. G., Barros Neto, T. P. de, Pinheiro, C., & Neto, F. L. (2018). Concomitant treatment with sertraline and social skills training improves social skills acquisition in social anxiety disorder: A double-blind, randomized controlled trial. <i>PLOS ONE</i> , 13(10), 2–18. http://doi.org/10.1371/journal.pone.0205809
38	Beutel, et al.	2006	354	Severe obesity	Adult	Individual in-patient psychodynamic psychotherapy (local program, no reference)	In-patient CBT (Local program, no reference)	Beutel, M. E., Dippel, A., Szczepanski, M., Thiede, R., & Wiltink, J. (2006). Mid-Term Effectiveness of Behavioral and Psychodynamic Inpatient Treatments of Severe Obesity Based on a Randomized Study. <i>Psychotherapy and Psychosomatics</i> , 75(6), 337–345. http://www.ncbi.nlm.nih.gov/pubmed/17053334?dopt=Abstract
39	Beutel, et al.	2013	157	Depression (in breast cancer patients)	Adult	Supportive-Expressive Psychotherapy (SEP; Haselbacher, Barthel, Brähler et al., 2010; based on Luborsky, 1984)	TAU	Beutel, M. E., Weissflog, G., Leuteritz, K., Wiltink, J., Haselbacher, a., Ruckes, C., ... Brahler, E. (2013). Efficacy of short-term psychodynamic psychotherapy (STPP) with depressed breast cancer patients: results of a randomized controlled multicenter trial. <i>Annals of Oncology</i> , 1–7. http://annonc.oxfordjournals.org/cgi/doi/10.1093/annonc/mdt526

40	Beutel, et al.	2013	54	Panic disorder	Adult	Panic Focused Psychodynamic Psychotherapy (PFPP; Milrod, 2001)	CBT	Beutel, M. E., Scheurich, V., Knebel, A., Michal, M., Wiltink, J., Graf-Morgenstern, M., ... Subic- Wrana, C. (2013). Implementing panic-focused psychodynamic psychotherapy into clinical practice. <i>Canadian journal of psychiatry. Revue canadienne de psychiatrie</i> , 58(6), 326–34. http://www.ncbi.nlm.nih.gov/pubmed/23768260
41	Bloch, et al.	2012	42	Depression (post-partum)	Adult	Brief Dynamic Psychotherapy (BDT; Malan, 1979) + placebo meds	Brief Dynamic Psychotherapy (BDT; Malan, 1979) + Sertraline	Bloch, M., Meiboom, H., Lorberblatt, M., Bluvstein, I., Aharonov, I., & Schreiber, S. (2012). The effect of sertraline add-on to brief dynamic psychotherapy for the treatment of postpartum depression: a randomized, double-blind, placebo-controlled study. <i>The Journal of clinical psychiatry</i> , 73(2), 235–41. http://www.ncbi.nlm.nih.gov/pubmed/22401479
42	Borelli, et al.	2022	164	Mothers of toddlers	Adult	Relational Savoring for Parents program (Borelli et al., 2020)	Personal Savoringcontrol condition	Borelli, J. L., Kerr, M. L., Smiley, P. A., Rasmussen, H. F., Hecht, H. K., & Campos, B. (2022). Relational savoring intervention: Positive impacts for mothers and evidence of cultural compatibility for Latinas. <i>Emotion</i> . https://doi.org/10.1037/emo0001102
43	Bressi, et al.	2010	60	Mixed sample (depression and anxiety)	Adult	Brief Dynamic Psychotherapy (BDT; Malan, 1976; Osimo & Malan, 1992)	TAU	Bressi, C., Porcellana, M., Marinaccio, P. M., Nocito, E. P., & Magri, L. (2010). Short-term psychodynamic psychotherapy versus treatment as usual for depressive and anxiety disorders: a randomized clinical trial of efficacy. <i>The Journal of Nervous and Mental Disease</i> , 198(9), 647–52. http://www.ncbi.nlm.nih.gov/pubmed/20823726
44	Brockman, et al.	1987	48	Mixed sample	Adult	Interpretive therapy (Mann & Goldman, 1982)	Cognitive-analytic therapy (CAT; Ryle, 1979; 1982)	Brockman, B., Poynton, A., Ryle, A., & Watson, J. P. (1987). Effectiveness of time-limited therapy carried out by trainees. Comparison of two methods. <i>Br J Psychiatry</i> , 151, 602-610. http://bjp.rcpsych.org/content/151/5/602

45	Brodsky & Andrews	1983	56	Mixed sample	Adult	Short-Term Dynamic Psychotherapy (STDP; Balant, Malan & Sifneos)	1. Family practitioner 2. No treatment	Brodsky, H., & Andrews, G. (1983). Brief psychotherapy in family practice. A controlled prospective intervention trial. <i>Br J Psychiatry</i> , 143, 11-19. http://bjp.rcpsych.org/content/143/1/11.short
46	Brom, et al.	1989	112	PTSD	Adult	Brief Psychodynamic Therapy (BPT; Horowitz, 1976)	1. Trauma Desensitization (no specific reference) 2. Hypnotherapy (no specific reference) 3. Waitlist	Brom, D., Kleber, R. J., & Defares, P. B. (1989). Brief psychotherapy for posttraumatic stress disorders. <i>J Consult Clin Psychol</i> , 57, 607-612. http://www.ncbi.nlm.nih.gov/pubmed/2571625
47	Budman, et al.	1988	98	Mixed sample	Adult	Time-Limited Psychotherapy (TLP; Mann, 1973)	Time-limited group psychotherapy (Budman & Bennett, 1983)	Budman, S. H., Demby, A., Redondo, J. P., Hannan, M., Feldstein, M., & Ring, J., et al. (1988). Comparative outcome in time-limited individual and group psychotherapy. <i>Int J Group Psychother</i> , 38, 63-86. http://www.tandfonline.com/doi/abs/10.1080/00207284.1988.11491085
48	Burnand, et al.	2002	74	Depression	Adult	Psychodynamic psychotherapy + clomipramine, (unclear which PDT-model, Safran & Muran is mentioned among references)	Supportive care + clomipramine	Burnand, Y., Andreoli, A., Kolatte, E., Venturini, A., & Rosset, N. (2002). Psychodynamic psychotherapy and clomipramine in the treatment of major depression. <i>Psychiatr Serv</i> , 53, 585-590. http://www.ncbi.nlm.nih.gov/pubmed/11986508
49	Burns, et al.	2005	40	Alzheimer's disease	Older adult	Psychodynamic-Interpersonal Therapy (PIT; Hobson, 1985)	TAU	Burns, A., Guthrie, E., Marino-Francis, F., Busby, C., Morris, J., Russell, E., ... Byrne, J. (2005). Brief psychotherapy in Alzheimer's disease. <i>British Journal Of Psychiatry</i> , 187(2), 143-147. http://bjp.rcpsych.org/content/187/2/143.short

50	Bögels, et al.	2014	47	Social anxiety disorder (SAD)	Adult	Short-Term Dynamic Psychotherapy (STDP; Malan, 1979; also mentions Luborsky 1984)	1. CBT (Clark & Wells, 1995) 2. Waitlist	Bögels, S., Wijts, P., Oort, F., & Sallaerts, S. J. (2014). Psychodynamic psychotherapy versus cognitive-behavior therapy for social anxiety disorder: An efficacy and partial effectiveness trial. <i>Depression and Anxiety</i> , 31(5), 363–373. http://doi.wiley.com/10.1002/da.22246
51	Caputo et al.	2020	82	Psychology professionals	Adult	Psychodynamic Intervention for Career Strategies	Waitlist	Caputo, A., Fregonese, C., & Langher, V. (2020). The effectiveness of psychodynamic career counselling: a randomised control trial on the PICS programme. <i>Psychodynamic Practice</i> , 26(2), 136–165. https://doi.org/10.1080/14753634.2020.1745676
52	Carrington	1979	30	Depression	Adult	Analytic psychotherapy (no reference)	1. Cognitive therapy (no reference) 2. Waitlist	Carrington, C. H. (1979). <i>A comparison of cognitive and analytically oriented brief treatment approaches to depression in black women</i> . Dissertation. University of Maryland.
53	Carty, et al.	2019	62	Chronic urogenital pain	Adult	Emotional Awareness and Expression Therapy (Integrative method with psychodynamic components, see Lumley & Schubiner, 2019)	TAU	Carty, J. N., Ziadni, M. S., Holmes, H. J., Tomakowsky, J., Peters, K., Schubiner, H., & Lumley, M. A. (2019). The Effects of a Life Stress Emotional Awareness and Expression Interview for Women with Chronic Urogenital Pain: A Randomized Controlled Trial. <i>Pain Medicine</i> , 20(7), 1321–1329. https://doi.org/10.1093/pm/pny182
54	Chavooshi, et al.	2016	100	Medically unexplained pain (MUP)	Adult	Internet-delivered Intensive Short-Term Dynamic Psychotherapy (ID-ISTDP; Abbass, 2015)	TAU	Chavooshi, B., Mohammadkhani, P., & Dolatshahee, B. (2016). A Randomized Double- Blind Controlled Trial Comparing Davanloo's Intensive Short-Term Dynamic Psychotherapy as Internet-Delivered Versus Treatment as Usual for Medically Unexplained Pain: A Six- Month Pilot Study. <i>Psychosomatics</i> , 57(3), 292–300. http://linkinghub.elsevier.com/retrieve/pii/S033318216000025

55	Chavooshi, et al.	2016	81	Medically unexplained pain (MUP)	Adult	Intensive Short-Term Dynamic Psychotherapy (ISTDP; Abbass, 2015)	Internet-delivered ISTDP (ID-ISTDP)	Chavooshi, B., Mohammadkhani, P., & Dolatshahee, B. (2016). Telemedicine vs. in- person delivery of intensive short-term dynamic psychotherapy for patients with medically unexplained pain: A 12-month randomized, controlled trial. <i>Journal of Telemedicine and Telecare</i> , 0(0), 1–9. http://jtt.sagepub.com/lookup/doi/10.1177/1357633X15627382
56	Chavooshi, et al.	2016	63	Medically unexplained pain (MUP)	Adult	Intensive Short-Term Dynamic Psychotherapy (ISTDP; Abbass, 2015)	1. Mindfulness-based stress reduction (MBSR; no reference) 2. TAU	Chavooshi, B., Mohammadkhani, P., & Dolatshahee, B. (2016). Efficacy of Intensive Short-Term Dynamic Psychotherapy for Medically Unexplained Pain: A Pilot Three- Armed Randomized Controlled Trial Comparison with Mindfulness-Based Stress Reduction. <i>Psychotherapy and Psychosomatics</i> , 123–125. http://www.karger.com/?doi=10.1159/000441698
57	Chavooshi, et al.	2017	341	Medically unexplained pain (MUP)	Adult	Intensive Short-Term Dynamic Psychotherapy (ISTDP; Abbass, 2015)	CBT (Turk et al., 1983)	Chavooshi, B., Saberi, M., Tavallaie, S. A., & Sahraei, H. (2017). Psychotherapy for Medically Unexplained Pain: A Randomized Clinical Trial Comparing Intensive Short-Term Dynamic Psychotherapy and Cognitive Behavior Therapy, <i>Psychosomatics</i> , http://dx.doi.org/10.1016/j.psym.2017.01.003
58	Clarici, et al.	2015	16	Depression (post-partum)	Adult	Psychodynamic approach (non-manualized?) + oxytocine	Psychodynamic approach (non-manualized?) + placebo	Clarici, A., Pellizzoni, S., Guaschino, S., Alberico, S., Bembich, S., Giuliani, R., ... Panksepp, J. (2015). Intranasal admnsitration of oxytocin in postnatal depression: implications for psychodynamic psychotherapy from a randomized double- blind pilot study. <i>Frontiers in Psychology</i> , 06, 1–10. http://journal.frontiersin.org/article/10.3389/fpsyg.2015.00426/abstract
59	Clarkin, et al.	2007	90	Borderline personality	Adult	Transference-Focused Psychotherapy (TFP; Clarkin, Yeomans, & Kernberg, 1999)	1. DBT (Linehan, 1991) 2. Supportive therapy	Clarkin, J. F., Levy, K. N., Lenzenweger, M. F., & Kernberg, O. F. (2007). Evaluating three treatments for borderline personality disorder: a multiwave study. <i>Am J Psychiatry</i> , 164, 922-928. http://www.ncbi.nlm.nih.gov/pubmed/17541052

60	Conceição, et al.	2020	80	Females with lupus (SLE)	Adult	Short-term Group Therapy (Marty, 1990; Luborsky, 1984; Sifneos, 1987)	Waitlist (or add-on design - both groups received standard medical care)	Conceição, C. T. M., Meinão, I. M., Bombana, J. A., & Sato, E. I. (2019). Psychoanalytic psychotherapy improves quality of life, depression, anxiety and coping in patients with systemic lupus erythematosus: a controlled randomized clinical trial. <i>Advances in Rheumatology (London, England)</i> , 59(1), 4. https://doi.org/10.1186/s42358-019-0047-y
61	Connolly Gibbons, et al.	2012	40	Depression	Adult	Supportive-Expressive Psychotherapy (SEP; manual adapted from Luborsky, 1984)	TAU	Connolly Gibbons, M. B., Thompson, S. M., Scott, K., Schauble, L. a, Mooney, T., Thompson, D., ... Crits-Christoph, P. (2012). Supportive-expressive dynamic psychotherapy in the community mental health system: A pilot effectiveness trial for the treatment of depression. <i>Psychotherapy (Chicago, Ill.)</i> , 49(3), 303–16. http://www.ncbi.nlm.nih.gov/pubmed/22962971
62	Connolly Gibbons, et al.	2016	237	Depression	Adult	Supportive-Expressive Psychotherapy (SEP; Book, 1998; Luborsky, 1984)	CBT (Beck, 1995)	Connolly Gibbons, M. B., Gallop, R., Thompson, D., Luther, D., Crits-Christoph, K., Jacobs, J., ... Crits-Christoph, P. (2016). Comparative effectiveness of Cognitive Therapy and Dynamic Psychotherapy for Major Depressive Disorder in a community mental health setting. <i>JAMA Psychiatry</i> , 19104, 1–8. http://doi.org/10.1001/jamapsychiatry.2016.1720
63	Cooper, et al.	2003	193	Depression (post-partum)	Adult	Psychodynamic therapy (Cramer et al, 1990; Stern, 1995)	1. TAU 2. Non-directive counseling (Holden et al, 1989) 3. Cognitive-Behavioural Therapy (Hawton et al, 1989)	Cooper, P. J., Murray, L., Wilson, A., & Romaniuk, H. (2003). Controlled trial of the short- and long-term effect of psychological treatment of post-partum depression. I. Impact on maternal mood. <i>Br J Psychiatry</i> , 182, 412-419. http://www.ncbi.nlm.nih.gov/pubmed/12724244
64	Covi & Lipman	1987	90	Depression	Adult	Traditional Group Therapy (based on “psychodynamic-Interpersonal” theories but with no reference)	1. CBT group therapy (Beck, 1979; Covi, 1982) 2. CBT group therapy + Imipramine	Covi, L., & Lipman, R. S. (1987). Cognitive behavioral group psychotherapy combined with imipramine in major depression. <i>Psychopharmacol Bull</i> , 23, 173-176. http://www.ncbi.nlm.nih.gov/pubmed/3602315

65	Covi, et al.	1974	146	Depression (chronic)	Adult	Psychodynamically oriented group therapy (no reference) + medication or placebo	Brief supportive contact + medication or placebo	Covi, L., Lipman, R. S., Derogatis, L. R., Smith, J. E., & Pattison, J. H. (1974). Drugs and group psychotherapy in neurotic depression. <i>Am J Psychiatry</i> , 131, 191-198. http://ajp.psychiatryonline.org/doi/abs/10.1176/ajp.131.2.191
66	Creed, et al.	2003	257	Irritable bowel syndrome	Adult	Psychodynamic-Interpersonal Therapy (PIT; Hobson, 1985)	1. TAU 2. SSRI	Creed, F., Fernandes, L., Guthrie, E., Palmer, S., Ratcliffe, J., & Read, N., et al. (2003). The cost-effectiveness of psychotherapy and paroxetine for severe irritable bowel syndrome. <i>Gastroenterology</i> , 124, 303-317. http://www.ncbi.nlm.nih.gov/pubmed/12557136
67	Crisp, et al.	1991	90	Anorexia	Adolescent	Inpatient treatment (reference to Crisp, 1980)	1. Out-patient individual and family psychotherapy plus separate dietary counselling 2. Out-patient group psychotherapy plus separate dietary	Crisp, A. H., Norton, K., Gowers, S., Halek, C., Bowyer, C., Yeldham, D., ... Bhat, A. (1991). A controlled study of the effect of therapies aimed at adolescent and family psychopathology in anorexia nervosa. <i>British Journal of Psychiatry</i> , 159(SEPT.), 325-3 https://doi.org/10.1192/bjp.159.3.325
68	Crits-Christoph, et al.	1999	487	Cocaine dependence	Adult	Supportive-Expressive Psychotherapy (SEP; Luborsky, 1984) + group drug counseling (Mercer & Woody, 1992)	(c)out-patient group psychotherapy (patient and parents) plus separate dietary counselling (option 3)	Crits-Christoph, P., Siqueland, L., Blaine, J., Frank, A., Luborsky, L., & Onken, L. S., et al. (1999). Psychosocial treatments for cocaine dependence: National Institute on Drug Abuse Collaborative Cocaine Treatment Study. <i>Arch Gen Psychiatry</i> , 56, 493-502. http://archpsyc.jamanetwork.com/article.aspx?articleid=1673777
69	Crits-Christoph, et al.	2005	84	Generalized anxiety disorder (GAD)	Adult	Supportive-Expressive Psychotherapy (SEP; Luborsky, 1984)	(d) no further treatment (one-off) (option 4). Entry to	Crits-Christoph, P., Gibbons, M. B. C., Narducci, J., Schamberger, M., & Gallop, R. (2005). Interpersonal Problems and the Outcome of Interpersonally Oriented Psychodynamic Treatment of GAD. <i>Psychotherapy: Theory, Research, Practice, Training</i> , 42(2), 211-224. http://doi.apa.org/getdoi.cfm?doi=10.1037/0033-3204.42.2.211

70	Cummings, et al.	2008	54	Oppositional defiant disorder/disruptive behavior disorder	Child	Supportive-Expressive Psychotherapy – Parent Child (SEP-PC; Wittenberg, adapted from Luborsky, 19854)	The Incredible Years Parenting Program	Cummings, J. G., & Wittenberg, J. V. (2008). Supportive expressive therapy - Parent child version: an exploratory study. <i>Psychotherapy Theory, Research, Practice, Training</i> , 45, 148-164. http://www.ncbi.nlm.nih.gov/pubmed/22122_414
71	Darabi, et al.	2024	40	Mothers and children aged 5-6 years	Adult/child	Short-Term Dynamic Therapy based on mentalization (Mousavi and Bahrami, 2020)	No treatment	Darabi, T., Amini, N., & Keykhosrovani, M. (2024). Effectiveness of Short-Term Dynamic Therapy Based on Mentalization on the Reflective Capacity of Mothers and Internalizing and Externalizing Problems in Children. <i>Psychoogy of Woman Journal</i> , 5(2), 41–40. https://doi.org/http://dx.doi.org/10.61838/kman.pwj.5.2.7
72	Dare, et al.	2001	84	Anorexia	Adult	Focal psychoanalytic psychotherapy (Dare, 1995; Malan, 1979)	1. Cognitive Analytic Therapy (Ryle, 1990; Treasure et al, 1995) 2. Family therapy (no specific reference) 3. Routine care (TAU)	Dare, C., Eisler, I., Russell, G., Treasure, J., & Dodge, L. (2001). Psychological therapies for adults with anorexia nervosa: randomised controlled trial of out-patient treatments. <i>Br J Psychiatry</i> , 178, 216-221. http://www.ncbi.nlm.nih.gov/pubmed/11230_031
73	de Jonghe, et al.	2001	129	Depression	Adult	Short Psychodynamic Supportive Psychotherapy (SPSP; de Jonghe, 2005) + medication	Medication alone	de Jonghe, F., Kool, S., van Aalst, G., Dekker, J., & Peen, J. (2001). Combining psychotherapy and antidepressants in the treatment of depression. <i>Journal of Affective Disorders</i> , 64(2-3), 217–29. http://www.ncbi.nlm.nih.gov/pubmed/11313_088
74	de Jonghe, et al.	2004	191	Depression	Adult	Short Psychodynamic Supportive Psychotherapy (SPSP; de Jonghe, 2005)	Short Psychodynamic Supportive Psychotherapy + antidepressants	de Jonghe, F., Hendriksen, M., van Aalst, G., Kool, S., Peen, J., & Van, R., et al. (2004). Psychotherapy alone and combined with pharmacotherapy in the treatment of depression. <i>British Journal of Psychiatry</i> , 185, 37-45. http://www.ncbi.nlm.nih.gov/pubmed/15231554

75	de Roten, et al.	2017	149	Depression	Adult	Intensive Brief Psychodynamic Psychotherapy (IBPP; Despland et al., 2010) + TAU	TAU only	de Roten, Y., Ambresin, G., Herrera, F., Fassassi, S., Fournier, N., Preisig, M., & Despland, J.-N. (2017). Efficacy of an adjunctive brief psychodynamic psychotherapy to usual inpatient treatment of depression: Results of a randomized controlled trial. <i>Journal of Affective Disorders</i> , 209, 105–113. http://doi.org/10.1016/j.jad.2016.11.013
76	Dekker, et al.	2005	103	Depression	Adult	Short Psychodynamic Supportive Psychotherapy (SPSP; de Jonghe, 2005) 8 sessions + medication	Short Psychodynamic Supportive Psychotherapy (SPSP; de Jonghe, 2005) 16 sessions + medication	Dekker, J., Molenaar, P. J., Kool, S., Van Aalst, G., Peen, J., & de Jonghe, F. (2005). Dose– effect relations in time-limited combined psycho-pharmacological treatment for depression. <i>Psychological Medicine</i> , 35 (1), 47–58. http://www.journals.cambridge.org/abstract_S0033291704002685
77	Dekker, et al.	2008	70	Depression	Adult	Short Psychodynamic Supportive Psychotherapy (SPSP; de Jonghe, 2005)	Pharmacotherapy	Dekker, J. J. M., Koelen, J. A., Van, H. L., Schoevers, R. A., Peen, J., Hendriksen, M., ... De Jonghe, F. (2008). Speed of action: the relative efficacy of short psychodynamic supportive psychotherapy and pharmacotherapy in the first 8 weeks of a treatment algorithm for depression. <i>Journal of Affective Disorders</i> , 109(1-2), 183–188. http://linkinghub.elsevier.com/retrieve/pii/S0165032707003588
78	Dexter & Wong	2024	46	Primary caregivers	Adult	Circle of Security-Parenting (COS-P; Cooper et al., 2009)	Waitlist	Dexter, C. A., & Wong, K. (2024). Circle of Security-Parenting Randomized Waitlist Control Study: Change in Reflective Functioning Explains Positive Caregiver Behavior. <i>Journal of Child and Family Studies</i> , 33(2), 504–514. https://doi.org/10.1007/s10826-023-02710-0
79	Dinger, et al.	2014	44	Depression	Adult	Day-clinic multimodal psychodynamic psychotherapy (no specific manual referenced)	Inpatient multimodal psychodynamic psychotherapy (no specific manual referenced)	Dinger, U., Klipsch, O., Köhling, J., Ehrenthal, J. C., Nikendei, C., Herzog, W., & Schauenburg, H. (2014). Day-clinic and inpatient psychotherapy for depression (DIP-D): A randomized controlled pilot study in routine clinical care. <i>Psychotherapy and Psychosomatics</i> , 83(3), 194–195. http://doi.org/10.1159/000357437

80	Doering, et al.	2010	104	Borderline personality disorder	Adult	Transference-Focused Psychotherapy (TFP; Clarkin, Yeomans, & Kernberg, 1999)	TAU (experienced therapists)	Doering, S., Hörz, S., Rentrop, M., Fischer-Kern, M., Schuster, P., & Benecke, C., et al. (2010). Transference-focused psychotherapy v. treatment by community psychotherapists for borderline personality disorder: randomised controlled trial. <i>Br J Psychiatry</i> , 196, 389-395. http://www.ncbi.nlm.nih.gov/pubmed/20435_966
81	Donnino, et al.	2021	35	Chronic pain	Adult	Psychophysiologic symptom relief therapy (based on Sarno, 2001 and Schubiner, 2010)	1. TAU 2. Mindfulness-Based Stress Reduction	Donnino, M. W., Thompson, G. S., Mehta, S., Paschali, M., Howard, P., Antonsen, S. B., ... Grossestreuer, A. V. (2021). Psychophysiologic symptom relief therapy for chronic back pain: a pilot randomized controlled trial. <i>PAIN Reports</i> , 6(3), e959. https://doi.org/10.1097/PR9.0000000000000959
82	Driessen, et al.	2013	341	Depression	Adult	Short Psychodynamic Supportive Psychotherapy (SPSP; de Jonghe, 2005)	Cognitive-Behavior Therapy (CBT; Molenaar et al., 2009)	Driessen E, Van HL, Don FJ, Peen J, Kool, S., Westra, D., ... Dekker, J. J. M. (2013). The Efficacy of Cognitive-Behavioral Therapy and Psychodynamic Therapy in the Outpatient Treatment of Major Depression: A Randomized Clinical Trial. <i>American Journal of Psychiatry</i> , 170(9), 1041-1050 https://www.ncbi.nlm.nih.gov/pubmed/24030613
83	Durham, et al.	1994	110	Generalized anxiety disorder (GAD)	Adult	Analytic-based psychotherapy (no specific reference)	Cognitive Therapy / Anxiety Management training (Beck & Emery, 1985)	Durham, R. C., Murphy, T., Allan, T., Richard, K., Treliving, L. R., & Fenton, G. W., et al. (1994). Cognitive therapy, analytic psychotherapy and anxiety management training for generalised anxiety disorder. <i>Br J Psychiatry</i> , 165, 315-323. http://www.ncbi.nlm.nih.gov/pubmed/79945_00
84	Durham, et al.	2003	66	Schizophrenia (and other medication-resistant psychotic symptoms)	Adult	Supportive therapy (dynamically oriented; Garfield, 1995; De Jonghe, 1993)	CBT (Tarrier, 1992; Kingdon & Turkington, 1994). + TAU	Durham, R. C., Guthrie, M., Morton, R. V., Reid, D. a, Treliving, L. R., Owler, D. F., & Macdonald, R. A. R. (2003). Tayside-Fife clinical trial of cognitive-behavioural therapy for medication-resistant psychotic symptoms. <i>British Journal of Psychiatry</i> , 182, 303-311. http://www.ncbi.nlm.nih.gov/pubmed/12668_405

85	Edginton, et al.	2018	32	Treatment-resistant conduct disorders (children and carers)	Child	Manualised psychoanalytic child psychotherapy (mPCP)	TAU	Edginton, E., Walwyn, R., Twiddy, M., Wright-hughes, A., Tubeuf, S., Reed, S., ... Group, F. (2018). TIGA-CUB-manualised psychoanalytic child psychotherapy versus treatment as usual for children aged 5 – 11 with treatment-resistant conduct disorders and their primary carers: results from a randomised controlled feasibility trial. <i>Journal of Child and Adolescent Mental Health</i> , 0583. http://doi.org/10.2989/17280583.2018.15324.33
86	Emmelkamp, et al.	2006	62	Avoidant personality disorder	Adult	Brief Dynamic Therapy (BDT; Malan, 1979; also reference to Luborsky, 1984)	1. CBT (Beck & Freeman, 1990; Emmelkamp et al, 1992) 2. Waitlist	Emmelkamp, P. M. G., Benner, A., Kuipers, A., Feiertag, G. A., Koster, H. C., & Van Apeldoorn, F. J., et al. (2006). Comparison of brief dynamic and cognitive-behavioural therapies in avoidant personality disorder. <i>Br J Psychiatry</i> , 189, 60-64. http://www.ncbi.nlm.nih.gov/pubmed/16816.307
87	Esmaeili, et al.	2015	30	ADHD	Child	Sandplay Therapy (no specific reference; see review by Roesler, 2019)	Waitlist/TAU	Esmaeili, A., & Soltanizadeh, M. (2015). The effects of sand therapy on the anxiety, positive & negative emotions & social adjustment pr-school children with attention deficit/hyperactivity. <i>Journal of Chemical and Pharmaceutical Research</i> , 7(10), 972–977. Retrieved from https://www.scopus.com/inward/record.uri?eid=2-s2.0-84979482381&partnerID=40&md5=3efaea1f07b5caff0bc5ac45967582b5
88	Fairburn, et al.	1986	24	Bulimia	Adult	Short-term Focal Psychotherapy (Rosen, 1979)	CBT (Fairburn, 1985)	Fairburn, G., Kirk, J., Connor, M. O., & Cooper, P. J. (1986). A comparison of two psychological treatments for bulimia. <i>Behaviour research and therapy</i> , 24(6), 629–643. http://www.sciencedirect.com/science/article/pii/0005796786900586
89	Faramarzi, et al.	2013	49	Functional dyspepsia	Adult	Supportive-Expressive Psychotherapy (SEP; Book, 1998, based on Luborsky, 1984) + standard medical therapy	TAU (medical therapy)	Faramarzi, M., Azadfallah, P., Book, H. E., Tabatabaei, K. R., Taheri, H., & Shokri-Shirvani, J. (2013). A randomized controlled trial of brief psychoanalytic psychotherapy in patients with functional dyspepsia. <i>Asian journal of psychiatry</i> , 6(3), 228–34. http://www.ncbi.nlm.nih.gov/pubmed/23642.981

90	Farahdel, et al.	2023	45	Women with marital burnout	Adult	Intensive Short-Term Dynamic Psychotherapy (ISTDP; Davanloo, 2001, 2013)	Acceptance and Commitment Therapy ((Saadati et al., 2021)	Farahdel, S., Mahdian, H., & Ghasemi Motlagh, M. (2023). Comparing the Effectiveness of Intensive Short-Term Dynamic Psychotherapy (ISTDP) and Acceptance and Commitment Therapy Enriched with Compassion on the Components of Marital burnout in Women Seeking Divorce. <i>Psychology of Woman Journal</i> , 4(2), 62-72. https://doi.org/10.61838/kman.pwj.4.2.8
91	Farsani & Isfahani	2023	30	Divorced parents with children 5-6 years	Adult	Mentalization-Based Therapy for Children (MBT-C;	No treatment	Farsani, A. K., & Isfahani, M. B. (2023). The Effectiveness of Mentalization based Treatment for Children (MBT-C) on Parental Reflective Functioning of Divorced Parents with Children Aged Five to Twelve. <i>Iranian Journal of Pediatric Nursing (JPEN)</i> , 9(4). https://doi.org/10.22034/JPEN.9.4.32
92	Farzadkia, et al.	2023	36	Fibromyalgia	Adult	Intensive Short-Term Dynamic Psychotherapy (Davanloo, 2000)	1. Mindfulness-Based Stress Reduction (Kabat-Zinn, 2015) 2. No treatment	Farzadkia, M., Farhangi, A., & Abolghasemi, S. (2023). Comparison of Effectiveness of Intensive Short-Term Dynamic Psychotherapy and Mindfulness-Based Stress Reduction in Depression and Severity of Symptoms in Women with Fibromyalgia. <i>Jundishapur Journal of Chronic Disease Care</i> , 12(3). https://doi.org/10.5812/jjcdc-133803
93	Farzdi, et al.	2021	30	Irritable bowel syndrome	Adult	Short-Term Dynamic Psychotherapy (STDP; no specific reference)	No treatment	Farzdi, H., Heidarei, A., Moradimanesh, F., & Naderi, F. (2021). The Effectiveness of Short-Term Dynamic Psychotherapy on Symptoms Severity and Disease Perception among Patients with Irritable Bowel Syndrome : A Pilot study. <i>Salāmat-i Ijtim (Community Health)</i> , 8(2), 221–231. https://doi.org/http://doi.org/10.22037/ch.v8i2.31425
94	Fischmann, et al.	2020	526	Children-at-risk	Child	Early Steps program (psychodynamic/attachment based, see main article) + Faustlos program	Faustlos program only (described as "TAU")	Fischmann, T., Asseburg, L. K., Green, J., Hug, F., Neubert, V., Wan, M., & Leuzinger-Bohleber, M. (2020). Can Psychodynamically Oriented Early Prevention for "Children-at-Risk" in Urban Areas With High Social Problem Density Strengthen Their Developmental Potential? A Cluster Randomized Trial of Two Kindergarten-Based Prevention Programs. <i>Frontiers in Psychology</i> , 11 (December). https://doi.org/10.3389/fpsyg.2020.599477

95	Fonagy, et al.	2015	129	Depression (treatment resistant)	Adult	Long-Term Psychoanalytic Psychotherapy (LTPP; Taylor, 2015)	TAU	Fonagy, P., Rost, F., Carlyle, J.-A., Mcpherson, S., Thomas, R., Fearon, R. M. P., ... Taylor, D. (2015). Pragmatic randomized controlled trial of long-term psychoanalytic psychotherapy for treatment-resistant depression : the Tavistock Adult Depression Study (TADS). <i>World Psychiatry</i> , 14(3), 312-321 http://www.ncbi.nlm.nih.gov/pubmed/26407_787
96	Fonagy, et al.	2016	74	Parents with mental health problems	Adult/child	Parent-Infant Psychotherapy (PIP)	Standard care	Fonagy, P., Slead, M., & Baradon, T. (2016). Randomized Controlled Trial of Parent-Infant Psychotherapy for Parents With Mental Health Problems and Young Infants. <i>Infant Mental Health Journal</i> , 37(2), 97-114 http://doi.wiley.com/10.1002/imhj.21553
97	Fonagy, et al.	2019	147	Depression	Adult	Dynamic Interpersonal Therapy (DIT; Lemma et al., 2010, 2011)	1. Low intensity treatment (Coul & Morris, 2011) 2. Standard CBT (Beck & Haigh, 2014)	Fonagy, P., Lemma, A., Target, M., O'Keeffe, S., Constantinou, M. P., Ventura Wurman, T., ... Pilling, S. (2019). Dynamic interpersonal therapy for moderate to severe depression: a pilot randomized controlled and feasibility trial. <i>Psychological Medicine</i> , (May), 1–10. https://doi.org/10.1017/S0033291719000928
98	Fooladi, et al.	2018	16	Social anxious mothers of children with Aspergers syndrome	Adult	Intensive Short-Term Dynamic Psychotherapy (ISTDP; Davanloo, 1980)	No treatment	Fooladi, F., Broojeni, M. K., Soodjani, Y. R., & Province, B. (2018). Effectiveness of Intensive Short-Term Dynamic Psychotherapy (ISTDP) on the Social Anxiety of Mothers of Children with Asperger Syndrome. <i>Journal of Exceptional Children (Iran)</i> , 55–64.
99	Frederickson, et al.	2019	62	Substance abuse	Adult	ISTDP-based inpatient program (Abbass, 2015; Frederickson, 2013)	TAU	Frederickson, J., Dendooven, B., Abbass, A., Solbakken, O. A., & Rousmaniere, T. (2019). Pilot study: An inpatient drug rehabilitation program based on intensive short-term dynamic psychotherapy. <i>Journal of Addictive Diseases</i> , 0(0), 1–7. https://doi.org/10.1080/10550887.2019.1658513

100	Gallagher-Thompson, et al.	1994	66	Depression (among family caregivers)	Adult	Time-Limited Psychotherapy (TLP; Mann, 1973)	CBT (Beck et al., 1979; Lewinsohn et al, 1985; Gallagher et al 1981)	Gallagher-Thompson, D., & Steffen, A. M. (1994). Comparative effects of cognitive- behavioral and brief psychodynamic psychotherapies for depressed family caregivers. <i>J Consult Clin Psychol</i> , 62, 543-549. http://www.ncbi.nlm.nih.gov/pubmed/80639_80
101	Gallagher, et al.	1982	30	Depression	Older adult	Brief relational/insight psychotherapy (Bellak & Small, 1965)	Behavioral therapy / Cognitive therapy (Lewinsohn et al, 1976; Gallagher et al., 1981)	Gallagher, D. E., & Thompson, L. W. (1982). Treatment of major depressive disorder in older adult outpatients with brief psychotherapies. <i>Psychotherapy: Theory, Research, and Practice</i> , 482-490. http://psycnet.apa.org/journals/pst/19/4/482/
102	Garner, et al.	1993	60	Bulimia	Adult	Supportive-Expressive Psychotherapy (SEP; Luborsky, 1984)	CBT (Fairburn, 1985)	Garner, D. M., Rockert, W., Davis, R., Garner, M. V., Olmsted, M. P., & Eagle, M., et al. (1993). Comparison of cognitive-behavioral and supportive-expressive therapy for bulimia nervosa. <i>Am J Psychiatry</i> , 150, 37-46. http://www.ncbi.nlm.nih.gov/pubmed/84175_78
103	Gelder, et al.	1967	44	Phobic states	Adult	Psychotherapy (described as dynamic, no reference)	1. Desensitization (Wolpe) 2. Group psychotherapy (Foulkes)	Gelder, M. G., Marks, I. M., & Wolff, H. H. (1967). Desensitization and psychotherapy in the treatment of phobic states: a controlled inquiry. <i>British Journal of Psychiatry</i> , 113 (494), 53-81. http://bjp.rcpsych.org/cgi/doi/10.1192/bjp.113.494.53
104	Georg, et al.	2020	154	Regulatory disorders in infants	Child	Focused Parent-Infant Psychotherapy (FPIP; Cierpka; 2007, 2016, 2017)	TAU	Georg, A. K., Cierpka, M., Schröder-Pfeifer, P., Kress, S., & Taubner, S. (2020). The Efficacy of Brief Parent-Infant Psychotherapy for Treating Early Regulatory Disorders: A Randomized-Controlled Trial. <i>Journal of the American Academy of Child & Adolescent Psychiatry</i> . https://doi.org/10.1016/j.jaac.2020.06.016

105	Gersons, et al.	2000	42	PTSD	Adult	Brief Eclectic Psychotherapy (BEP;Gersons & Carlier, 1994; Manual includes both CBT and PDT components)	Waitlist	Gersons, B. P., Carlier, I. V., Lamberts, R. D., & van der Kolk, B. a. (2000). Randomized clinical trial of brief eclectic psychotherapy for police officers with posttraumatic stress disorder. <i>Journal of Traumatic Stress</i> , 13(2), 333–47. http://www.ncbi.nlm.nih.gov/pubmed/10838_679
106	Ghorbani, et al.	2000	27	Students	Adult	Intensive Short-Term Dynamic Psychotherapy (ISTDP; Davanloo, 1990)	Simple verbal disclosure groups (SVD)	Ghorbani, N., Dadsetan, P., Ejei, J., & Motiyan, H. (2000). The consequences of overcoming resistance and emotional disclosure on lymphocyte T-helper and T-suppressor and psychological pathology. <i>Journal of Psychology (in persian)</i> , 3, 368–89.
107	Giesen-Bloo, et al.	2006	88	Borderline personality disorder	Adult	Transference-Focused Psychotherapy (TFP; Clarkin, Yeomans, & Kernberg, 1999; Yeomans, Clarkin, & Kernberg, 2002)	Schema-focused therapy (Young, 1994; Young et al, 2003)	Giesen-Bloo, J., van Dyck, R., Spinhoven, P., van Tilburg, W., Dirksen, C., & van Asselt, T., et al. (2006). Outpatient psychotherapy for borderline personality disorder: randomized trial of schema-focused therapy vs transference-focused psychotherapy. <i>Arch Gen Psychiatry</i> , 63, 649-658. http://www.ncbi.nlm.nih.gov/pubmed/16754_838
108	Gilbert, et al.	1981	52	Depression (psychotic and neurotic)	Adult	Analytically oriented psychotherapy (Mann, 1963)	1. CBT (Beck, 1976, 1978) 2. Waitlist	Gilbert, A. R. (1982). <i>Psychotherapy and clinical depression: An evaluation of Cognitive-behavioral and Psychoanalytic modes of treatment intervention</i> . Dissertation. The Wright Institute Graduate School of Psychology (Berkely).
109	Gilboa-Schechtman, et al.	2010	38	PTSD	Adolescent	Time-Limited Psychotherapy for Adolescents (TLP-A; Shefler et al, 1995)	Prolonged exposure (Foa)	Gilboa-Schechtman, E., Foa, E. B., Shafran, N., Aderka, I. M., Powers, M. B., Rachamim, L., ... Apter, A. (2010). Prolonged exposure versus dynamic therapy for adolescent PTSD: a pilot randomized controlled trial. <i>Journal of the American Academy of Child and Adolescent Psychiatry</i> , 49(10), 1034–42. http://www.pubmedcentral.nih.gov/articlerender.fcgi?artid=2945239&tool=pmcentrez&rendertype=abstract

110	Gomá, et al.	2023	72	Perinatal anxiety and depression	Adult	Internet-based interdisciplinary therapeutic group (no specific manual)	TAU	Gomà, M., Arias-Pujol, E., Prims, E., Ferrer, J., Lara, S., Glover, V., Martinez, M., Llairó, A., & Nanzer, N. (2023). Internet-based interdisciplinary therapeutic group (Grupo Interdisciplinar Online, GIO) for perinatal anxiety and depression—a randomized pilot study during COVID-19. <i>Archives of Women's Mental Health</i> , 0123456789. https://doi.org/10.1007/s00737-023-01412-2
111	Goodman, et al.	2023	109	Ethnically and Socioeconomically Minoritized Young Adolescents	Adolescent	Storytelling/story-acting for adolescents (STSA-A; Goodman et al, 2015)	Mentalization-based Treatment Group Intervention (MBT-G; Malberg et al, 2017)	Goodman, G., Blum, B., Rentrop, C., Malberg, N., & Agrawal, P. (2023). The Efficacy of Two Group Interventions on Mental Representations, Attachment Security, and Trauma Symptoms in Ethnically and Socioeconomically Minoritized Young Adolescents in an Urban Middle School. <i>International Journal of Environmental Research and Public Health</i> , 20(10), 5789. https://doi.org/10.3390/ijerph20105789
112	Goodyer, et al.	2016	470	Depression	Adolescent	Short-Term Psychoanalytic Psychotherapy (STPP; Cregeen et al., 2016)	1. CBT (Grahamn et al., 2015) 2. Brief Psychosocial Intervention (BPI; Trowell et al., 2009)	Goodyer, I. M., Reynolds, S., Barrett, B., Byford, S., Dubicka, B., Hill, J., ... Midgley, N. (2016). Cognitive behavioural therapy and short-term psychoanalytical psychotherapy versus a brief psychosocial intervention in adolescents with unipolar major depressive disorder (IMPACT): a multicentre, pragmatic, observer-blind, randomised controlled superiority trial. <i>The Lancet Psychiatry</i> , 366(16), 1–11. http://doi.org/10.1016/S2215-0366(16)30378-9
113	Gowers, et al.	1994	40	Anorexia	Adolescent/young adult	Short term individual + family interview (Butcher, 1986)	Assessment only	Gowers, S., Norton, K., Halek, C., & Crisp, A. H. (1994). Outcome of outpatient psychotherapy in a random allocation treatment study of anorexia nervosa. <i>Int J Eat Disord</i> , 15, 165-177 http://www.ncbi.nlm.nih.gov/pubmed/8173562
114	Gregory, et al.	2008	30	Borderline personality disorder + alcohol use disorder	Adult	Dynamic Deconstructive Psychotherapy (DDP; Gregory & Remenl)	TAU	Gregory, R. J., Chlebowski, S., Kang, D., Remen, A. L., Soderberg, M. G., & Stepkovitch, J., et al. (2008). A controlled trial of psychodynamic psychotherapy for co-occurring borderline personality disorder and alcohol use disorder. <i>Psychotherapy: Theory, Research, Practice, Training</i> , 45, 28-41. https://www.ncbi.nlm.nih.gov/pubmed/22122363

115	Griffiths, et al.	2019	53	Recent self-ham (6 months)	Adolescent	MBT introductory group manual for an adolescent population (MBT-Ai; Karterud, 2011) + TAU	TAU	Griffiths, H., Duffy, F., Duffy, L., Brown, S., Hockaday, H., Eliasson, E., ... Schwannauer, M. (2019). Efficacy of Mentalization-based group therapy for adolescents: The results of a pilot randomised controlled trial. <i>BMC Psychiatry</i> , 19(1), 1–13. https://doi.org/10.1186/s12888-019-2158-8
116	Grothe, et al.	2003	22	PTSD	Adult	Mehrdimensionale Psychodynamische Traumaterapie (MPTT; Fischer, 2000)	1. EMDR (Shapiro, 1995; 1998) 2. Waitlist control (?)	Grothe, C., Bering, R., SpieB, R., Luneburg, E., & Fischer, G. (2003). Mehrdimensionale Psychodynamische Traumaterapie (MPTT) Forschungsergebnisse zur Standardversion. <i>Zeitschrift für Psychotraumatologie, Psychotherapiewissenschaft und Psychologische Medizin</i> 1 (2), 27–43.
117	Gunderson, et al.	1984	95	Schizophrenia	Adult	Exploratory, insight oriented psychotherapy (Adapted from Fromm-Reichmann, no reference)	Reality-adaptive, supportive psychotherapy	Gunderson, J. G., Frank, A. F., Katz, H. M., Vannicelli, M. L., Frosch, J. P., & Knapp, P. H., et al. (1984). Effects of psychotherapy in schizophrenia: II. Comparative outcome of two forms of treatment. <i>Schizophr Bull</i> , 10, 564-598. http://www.ncbi.nlm.nih.gov/pubmed/6151246
118	Guthrie, et al.	1991	115	Irritable bowel syndrome	Adult	Psychodynamic-Interpersonal Therapy (PIT; Hobson, 1985) + TAU	TAU	Guthrie, E., Creed, F., Dawson, D., & Tomenson, B. (1991). A controlled trial of psychological treatment for the irritable bowel syndrome. <i>Gastroenterology</i> , 100, 450-457. http://www.gastrojournal.org/article/0016-5085(91)90215-7/pdf
119	Guthrie, et al.	1999	110	Mixed sample	Adult	Psychodynamic-Interpersonal Therapy (PIT; Hobson, 1985)	TAU	Guthrie, E., Moorey, J., Margison, F., Barker, H., Palmer, S., & McGrath, G., et al. (1999). Cost-effectiveness of brief psychodynamic-interpersonal therapy in high utilizers of psychiatric services. <i>Arch Gen Psychiatry</i> , 56, 519-526. http://www.ncbi.nlm.nih.gov/pubmed/10359466

120	Guthrie, et al.	2001	119	Deliberate self-poisoning	Adult	Psychodynamic-Interpersonal Therapy (PIT; Hobson, 1985)	TAU	Guthrie, E., Kapur, N., Mackway-Jones, K., Chew-Graham, C., Moorey, J., & Mendel, E., et al. (2001). Randomised controlled trial of brief psychological intervention after deliberate self poisoning. <i>BMJ</i> , 323, 135-138. http://www.pubmedcentral.nih.gov/articlerender.fcgi?artid=34723&tool=pmcentrez&rendertype=abstract
121	Habiba & Arab	2023	30	Depression	Adult	Intensive Short-Term Dynamic Psychotherapy (ISTDP)	No treatment	Habiba, M., & Arab, A. (2023). The effectiveness Intensive Short-Term Dynamic Psychotherapy in Defensive style changes and Emotional cognitive cohesion In patients with depression. <i>Iranian Journal of Neurodevelopmental Disorders</i> , 2(1), 26–35. https://doi.org/http://jndd.ir/article-1-36-fa.html
122	Hackett, et al.	2020	20	Aggression in people with intellectual disabilities	Adult	Interpersonal art psychotherapy (based on CCRT, Hackett, 2012; 2013) + TAU	TAU	Hackett, S. S., Zubala, A., Aafjes-van Doorn, K., Chadwick, T., Harrison, T. L., Bourne, J., ... Kaner, E. (2020). A randomised controlled feasibility study of interpersonal art psychotherapy for the treatment of aggression in people with intellectual disabilities in secure care. <i>Pilot and Feasibility Studies</i> , 6(1), 1–15. https://doi.org/10.1186/s40814-020-00703-0
123	Hall & Crisp	1987	30	Anorexia	Adolescent/young adult	Combined individual and family psychotherapy (no reference)	Dietary advice	Hall, A., & Crisp, A. H. (1987). Brief psychotherapy in the treatment of anorexia nervosa: Outcome at one year. <i>British Journal of Psychiatry</i> , 151, 185-191. http://www.ncbi.nlm.nih.gov/pubmed/36901_08
124	Hamilton, et al.	2000	95	Chronic Functional Dyspepsia	Adult	Psychodynamic-Interpersonal Therapy (PIT; Hobson, 1985)	Supportive therapy (Guthrie, unpub.)	Hamilton, J., Guthrie, E., Creed, F., Thompson, D., Tomenson, B., & Bennett, R., et al. (2000). A randomized controlled trial of psychotherapy in patients with chronic functional dyspepsia. <i>Gastroenterology</i> , 119, 661-669. http://linkinghub.elsevier.com/retrieve/pii/S0016508500145949

125	Harchegani & Ghazamfari	2024	45	Mothers of 5-6 year old children	Adult/child	Intensive Short-Term Dynamic Psychotherapy (ISTDP)	1. Schema therapy. 2. Waitlist	Harchegani, N. B., & Ghazanfari, A. (2024). Comparison of The Effectiveness of Intensive Short-term Dynamic Psychotherapy (ISTDP) and Schema Therapy on Mothers of 5 - 6-year-old Children with Separation Anxiety. <i>Razavi International Journal of Medicin</i> , 12 (2), e1298._ https://doi.org/10.30483/RIJM.2024.254491.1298
126	Harmashki, et al.	2021	58	Recovering addicts	Adult	ISTDP + 12 step program	No treatment	Harnashki, H. K., Ahadi, H., & Tajeri, D. (2021). The Effectiveness of Short-term Intensive Dynamic Psychotherapy Interventions and Twelve-step Method in Reducing Drug Temptation and Reducing the Projective Defense Mechanisms of Recovering Addicts in Tehran Province. <i>Journal of Preventive Counselling</i> , 2 (4), 18–31.
127	Hellerstein, et al.	1998	49	Personality disorders (cluster C)	Adult	Intensive Short-Term Dynamic Psychotherapy (ISTDP; Davanloo, 1980)	Brief Adaptive Therapy (Winston?)	Hellerstein, D. J., Rosenthal, R. N., Pinsker, H., Samstag, L. W., Muran, J. C., & Winston, A., et al. (1998). A randomized prospective study comparing supportive and dynamic therapies. Outcome and alliance. <i>J Psychother Pract Res</i> , 7, 261-271. http://psycnet.apa.org/psycinfo/1998-12001-001
128	Herrmann-Lingen, et al.	2016	570	Depressive symptoms in patients with coronary artery disease	Adult	Stepwise psychotherapy program (3 sessions Supportive-Expressive Psychotherapy (Luborsky , 1984) + group therapy (no specific manual	TAU	Herrmann-Lingen, C., Beutel, M. E., Bosbach, A., Deter, H., Fritzsche, K., Hellmich, M., ... Albus, C. (2016). Stepwise Psychotherapy Intervention for Reducing Risk in Coronary Artery Disease: Results of an Observer- Blinded, Multicenter, Randomized Trial in Depressed Patients With Coronary Artery Disease. <i>Psychosomatic Medicine</i> , 1–12. http://doi.org/10.1097/PSY.0000000000000332
129	Hersen, et al.	1984	120	Depression	Adult	Time-Limited Dynamic Therapy (no reference) + placebo	1. Social skill training + placebo 2. Social skills training + amitriptyline 3. Amitriptyline alone	Hersen, M., Himmelhoch, J. M., Thase, M. E., & Bellack, A. S. (1984). Effects of social skill training, amitriptyline, and psychotherapy in unipolar depressed women. <i>Behavior Therapy</i> , 15 (1), 21–40. http://linkinghub.elsevier.com/retrieve/pii/S005789484800398

130	Hertzmann, et al.	2016	30	Parents in entrenched conflict	Adult	Mentalization-Based Treatment for Parental Conflict (MBT-PT; Hertzmann & Abse, 2008; Nyberg & Hertzmann, 2014)	Parent Group (psychoeducation)	Hertzmann, L., Target, M., Hewison, D., Casey, P., Fearon, P., & Lassri, D. (2016). Mentalization-based therapy for parents in entrenched conflict: A random allocation feasibility study. <i>Psychotherapy</i> , 53(4), 388-401. http://psycnet.apa.org/buy/2016-58498-002
131	Heshmati, et al.	2023	86	Depression	Adult	Intensive Short-Term Dynamic Psychotherapy (Davanloo, 2000)	Waitlist	Heshmati, R., Wienicke, F. J., & Driessen, E. (2023). The effects of intensive short-term dynamic psychotherapy on depressive symptoms, negative affect, and emotional repression in single treatment-resistant depression: A randomized controlled trial. <i>Psychotherapy (Chicago, Ill.)</i> . https://doi.org/10.1037/pst0000500
132	Hewitt, et al.	2023	80	Perfectionism	Adult	Group dynamic-relational therapy (DRT; Hewitt et al, 2017)	Group psychodynamic supportive therapy (Rockland, 1993)	Hewitt, P. L., Kealy, D., Mikail, S. F., Smith, M. M., Ge, S., Chen, C., ... Ko, A. (2023). The efficacy of group psychotherapy for adults with perfectionism: A randomized controlled trial of dynamic-relational therapy versus psychodynamic supportive therapy. <i>Journal of Consulting and Clinical Psychology</i> , 91(1), 29–42. https://doi.org/10.1037/ccp0000787
133	Hoffart, et al.	1990	69	Agoraphobia	Adult	Integrative behavioural-psychodynamic treatment (no specific reference)	Psychodynamic oriented group therapy	Hoffart, A., & Martinsen, E. W. (1990). Exposure-based integrated vs. Pure psychodynamic treatment of agoraphobic inpatients. <i>Psychotherapy: Theory, Research, Practice, Training</i> , Vol 27(2), 210–218. http://psycnet.apa.org/psycinfo/1990-29285-001
134	Horn, et al.	2005	20	Depression	Child/adolescent	Psychodynamic Short-Term Psychotherapy (PSTP: unpublished manual by Hartmann, Horn, & Kronmüller)	Waitlist	Horn, H., Geiser-Elze, A., Reck, C., Hartmann, M., Victor, D., Winkelmann, K., & Kronmüller, K.-T. (2005). Zur Wirksamkeit psychodynamischer Kurzzeitpsychotherapie bei Kindern und Jugendlichen mit Angststörungen [Efficacy of psychodynamic short-term psychotherapy for children and adolescents with depression]. <i>Praxis Der Kinderpsychologie Und Kinderpsychiatrie</i> , 54, 578–597. Article in German. https://www.ncbi.nlm.nih.gov/pubmed/16180527

135	Huber, et al.	2012	100	Depression	Adult	Psychoanalysis (non-manualized)	1. LTPP (non-manualized) 2. CBT (non-manualized; patients not randomly assigned to this group)	Huber, D., Henrich, G., Gastner, J., & Klug, G. (2012). Must All Have Prizes? The Munich Psychotherapy Study. In <i>Psychodynamic Psychotherapy Research</i> . http://link.springer.com/chapter/10.1007%2F978-1-60761-792-1_4#page-1
136	Hubschmid, et al.	2015	23	Motor conversion disorder and nonepileptic seizures	Adult	Interdisciplinary psychotherapeutic intervention (Psychodynamic-Interpersonal Therapy (PIT) based on Guthrie, 1999)	Standard care	Hubschmid, M., Aybek, S., D, M., Maccaferri, G. E., D, M., Chocron, O., ... D, M. (2015). Efficacy of brief interdisciplinary psychotherapeutic intervention for motor conversion disorder and nonepileptic attacks. <i>General Hospital Psychiatry</i> , 37(5), 448–455. http://dx.doi.org/10.1016/j.genhosppsych.2015.05.007
137	Høglend, et al.	2006	100	Mixed sample	Adult	Psychodynamic psychotherapy with transference interpretation (Høglend, 1995)	Psychodynamic psychotherapy without transference interpretation (Høglend, 1995)	Høglend, P., Amlø, S., Marble, A., Bøgwald, K. P., Sørbye, O., & Sjaastad, M. C., et al. (2006). Analysis of the patient-therapist relationship in dynamic psychotherapy: an experimental study of transference interpretations. <i>Am J Psychiatry</i> , 163, 1739-1746. http://www.ncbi.nlm.nih.gov/pubmed/17012684
138	Irani, et al.	2024	45	Psychosomatic patient (mixed sample)	Adult	Intensive Short-Term Dynamic Psychotherapy (ISTDP; Abbass, 2016)	1. Control 2. Existential therapy	Irani, Z., Khakppour, R., & Behboodi, M. (2024). Comparison of the effectiveness of intensive short-term dynamic psychotherapy (ISTDP) and existential therapy on the signs and symptoms of psychosomatic patients referred to Imam Khomeini Hospital in Tehran. <i>Medical Science Journal of Islamic Azad University</i> , 33(4), 393–404.
139	Jakobsen, et al.	2014	44	Depression	Adult	Mentalization-Based Treatment (MBT; Danish manual by Larsen, 2009 (http://www.ctu.dk))	Third Wave Cognitive Therapy (http://ctu.dk/publications/su pple mentary-material.aspx).	Jakobsen, J. C., Gluud, C., Kongerslev, M., Larsen, K. A., Sørensen, P., Winkel, P., ... Simonsen, E. (2014). Third-wave cognitive therapy versus mentalisation-based treatment for major depressive disorder: A randomised clinical trial. <i>BMJ Open</i> , 4(8), 1–12. http://doi.org/10.1136/bmjopen-2014-004903

140	Jang & Kim	2012	9	Migrant women	Adult	Group sandplay Therapy (Kalff, 1973; see also review by Roesler, 2019)	No treatment	Jang, M., & Kim, Y. hee. (2012). The effect of group sandplay therapy on the social anxiety, loneliness and self-expression of migrant women in international marriages in South Korea. <i>Arts in Psychotherapy</i> , 39(1), 38–41. https://doi.org/10.1016/j.aip.2011.11.008
141	Jantschek, et al.	1999	108	Crohn's disease	Adult	Psychodynamic psychotherapy + relaxation + drug treatment (no manual was used but reference to Luborsky, 1984)	Drug treatment alone	Jantschek, G., Zeitz, M., Wirsching, M., Klor, H. U., Studt, H. H., Rasenack, J., ... Disease, T. G. S. G. on P. I. in C. (1999). Effect of psychotherapy on the course of Crohn's disease. <i>Psychosomatic Intervention in CD</i> , 1289–1296. http://www.ncbi.nlm.nih.gov/pubmed/99303_93
142	Johansson, et al.	2012	92	Depression	Adult	Internet-Based Psychodynamic Guided Self-Help (IPDT; based on SUBGAP model by ilverberg, 2005)	Psychoeducation + support	Johansson, R., Ekbladh, S., Hebert, A., Lindström, M., Möller, S., Pettitt, E., ... Andersson, G. (2012). Psychodynamic Guided Self-Help for Adult Depression through the Internet: A Randomised Controlled Trial. (A. Bruce, Ed.) <i>PLoS ONE</i> , 7(5), http://dx.plos.org/10.1371/journal.pone.0038_021
143	Johansson, et al.	2013	100	Depression and/or anxiety	Adult	Internet-Based Affect-Focused Psychodynamic Guided Self-Help (IPDT; based on Frederick, 2009)	Online therapist support and clinical monitoring	Johansson, R., Björklund, M., Hornborg, C., Karlsson, S., Hesser, H., Ljótsson, B., ... Andersson, G. (2013). Affect-focused psychodynamic psychotherapy for depression and anxiety through the Internet: a randomized controlled trial. <i>PeerJ</i> , 1, e102. https://peerj.com/articles/102
144	Johansson, et al.	2017	72	Social anxiety disorder (SAD)	Adult	Internet-Based Affect-Focused Psychodynamic Guided Self-Help (IPDT; based on Frederick, 2009)	Waitlist	Johansson, R., Hesslow, T., Ljótsson, B., Jansson, A., Jonsson, L., Färdig, S., Karlsson, J., Hesser, H., Frederik, R. J., Lillengren, P., Carlbring, P., & Andersson, G. (2017). Internet-based affect-focused psychodynamic therapy for social anxiety disorder: A randomized controlled trial with 2-year follow-up. <i>Psychotherapy</i> , 54(4). http://doi.org/10.1037/pst0000147

145	Juul, et al.	2023	166	Borderline personality disorder	Adult	Mentalization-Based Therapy (MBT; Bateman & Fonagy, 2001) for 5 months	Mentalization-Based Therapy (MBT; Bateman & Fonagy, 2001) for 14 months	Juul, S., Jakobsen, J. C., Hestbaek, E., Jørgensen, C. K., Olsen, M. H., Rishede, M., ... Simonsen, S. (2023). Short-Term versus Long-Term Mentalization-Based Therapy for Borderline Personality Disorder: A Randomized Clinical Trial (MBT-RCT). <i>Psychotherapy and Psychosomatics</i> , 1–11. https://doi.org/10.1159/000534289
146	Jørgensen, et al.	2012	85	Borderline personality disorder	Adult	Mentalization-Based Therapy (MBT; Bateman & Fonagy, 2001)	Supportive group therapy	Jørgensen, C. R., Freund, C., Bøye, R., Jordet, H., Andersen, D., & Kjølbye, M. (2012). Outcome of mentalization-based and supportive psychotherapy in patients with borderline personality disorder: a randomized trial. <i>Acta psychiatrica Scandinavica</i> , 1–13. http://www.ncbi.nlm.nih.gov/pubmed/22897123
147	Kamkhagi, et al.	2015	37	Family caregivers to Alzheimer's disease (depression, quality of life, burden)	Adult	Psychodynamic Group Psychotherapy (PGT)	Body Awareness Therapy (BAT)	Kamkhagi, D., Costa, A. C. O., Kusminsky, S., Supino, D., Diniz, B. S., Gattaz, W. F., & Forlenza, O. V. (2015). Benefits of psychodynamic group therapy on depression, burden and quality of life of family caregivers to Alzheimer's disease patients. <i>Archives of Clinical Psychiatry</i> , 42(6), 157–160. http://doi.org/10.1016/j.jalz.2014.05.934
148	Kamplung, et al.	2022	143	Patients with type 1 or 2 diabetes	Adult	Psy-PAD (Köhler & Kruse, 2011) + standard care	Standard care alone	Kamplung, H., Köhler, B., Germerott, I., Haastert, B., Icks, A., Kulzer, B., ... Kruse, J. (2022). An integrated psychosomatic treatment program for people with diabetes (psy-PAD). <i>Deutsches Ärzteblatt International</i> , 119(14), 245–252. https://doi.org/10.3238/arztebl.m2022.0094
149	Karimi, et al.	2023	45	Chronic pain	Adult	Intensive Short-Term Dynamic Psychotherapy (ISTDP)	1. No treatment 2. Mindfulness-based Cognitive Therapy	Karimi, M., Beliad, M. R., Peymani, J., Havassi Somar, N., & Jian Bagheri, M. (2023). Comparing the Effectiveness of Intensive Short-Term Dynamic Psychotherapy with Mindfulness-Based Cognitive Therapy on Anxiety Sensitivity and Its Dimensions in Women with Chronic Pain. <i>Community Health Journal (Persian)</i> , 17(3), 1–13.

150	Karon, et al.	1972	36	Schizophrenia	Adolescent/adult	Psychoanalytic psychotherapy (Karon, 1963, 1964; Karon & Rosberg, 1958; Rosberg & Karon, 1958)	1. Psychoanalytic psychotherapy ("Ego-oriented"; Tierney, 1965) + medication 2. Medication alone	Karon, B. P., & Vandenbos, G. R. (1972). The consequences of psychotherapy for schizophrenic patients. <i>Psychotherapy: Theory, Research & Practice</i> , 9(2), 111–119. http://doi.org/10.1037/h0086728
151	Kashfi, et al.	2022	39	Recovering addicts	Adult	Intensive Short-Term Dynamic Psychotherapy (ISTDP; no specific reference to manual)	No treatment	Kashfi, N., Ghanifar, H. M., Nasri, M., & Dastjerdi, G. (2022). The Effectiveness of Short-Term Intensive Dynamic Psychotherapy on Emotion Regulation and Prevention of Relapse of Recovering Addicts. <i>Journal off Modern Psychological Research (Iranian)</i> , 17(68). https://doi.org/10.22034/JMPR.2023.15330
152	Kashefi, et al.	2023	40	Women with tendency to martial infidelity	Adult	Intensive Short-Term Dynamic Psychotherapy (ISTDP; no specific reference to manual)	No treatment	Kashefi, F., Azkhosh, M., & Khanjani, M. S. (2023). The Effectiveness of Intensive Short-Term Dynamic Psychotherapy on Self-Differentiation and Attachment Behavior in Couple Relationships of Women with Tendency to Marital Infidelity. <i>Iranian Journal of Psychiatric Nursing (Persian)</i> , 10(6).
153	Keller, et al.	2004	84	Crohn's disease	Adult	Supportive Expressive Psychotherapy (SEP; Luborsky, 1984; is referened but no maunal was used) + relaxation + TAU	TAU alone	Keller, W., Pritsch, M., Von Wietersheim, J., Scheib, P., Osborn, W., Balck, F., ... Deter, H.-C. (2004). Effect of psychotherapy and relaxation on the psychosocial and somatic course of Crohn's disease: main results of the German Prospective Multicenter Psychotherapy Treatment study on Crohn's Disease. <i>Journal of Psychosomatic Research</i> , 56(6), 687–696. https://doi.org/10.1016/S0022-3999(03)00122-3
154	Kim	2014	10	Depressive symptoms in mothers of teenage children	Adult	Sandplay Therapy (Kalff, 1973; see also review by Roesler, 2019)	No treatment	Kim, S. (2014). The Effects of Sandplay Therapy on Improving the Self-Differentiation, Depression, and Mother-Child Relationship of Mothers with Teenage Children. <i>Journal of Symbols & Sandplay Therapy</i> , 5(1), 1–6. https://doi.org/10.12964/jstt.130011

155	Klein, et al.	1983	66	Phobias	Adult	Supportive therapy (dynamically oriented; no reference)	Behavior therapy (no reference)	Klein, D. F., Zitrin, C. M., Woerner, M. G., & Ross, D. C. (1983). Treatment of Phobias. II. Behavior therapy and supportive psychotherapy: Are there any specific ingredients? <i>Archives of General Psychiatry</i> , 139–145. http://www.ncbi.nlm.nih.gov/pubmed/6130751
156	Kleinman, et al.	1990	56	Cocaine abuse	Adult	Supportive-Expressive Therapy (SEP; Luborsky, 1984)	Family therapy + para professionally led group therapy	Kleinman, P. H., Woody, G. E., Todd, T. C., Millman, R. B., Kang, S. Y., & Kemp, J., et al. (1990). Crack and cocaine abusers in outpatient psychotherapy. <i>NIDA Res Monogr</i> , 104, 24-35. https://files.eric.ed.gov/fulltext/ED351616.pdf#page=29
157	Knekt & Lindfors	2004	326	Depression and/or anxiety	Adult	Short-Term Psychodynamic Psychotherapy (STPP; Malan, 1976; Sifneos, 1978)	1. Solution-focused therapy (de Shazer et al, 1986) 2. LTPP (Gabbard, 2004)	Knekt, P., & Lindfors, O. (2004). A randomized trial of the effect of four forms of psychotherapy on depressive and anxiety disorders. Helsinki: Kela. https://helda.helsinki.fi/handle/10250/3315
158	Knijnik, et al.	2004	30	Social anxiety disorder (SAD)	Adult	Psychodynamic group therapy (Malan, 1976)	Credible placebo group	Knijnik, D. Z., Kapczinski, F., Chachamovich, E., Margis, R., & Eizirik, C. L. (2004). Psychodynamic group treatment for generalized social phobia. <i>Revista Brasileira de Psiquiatria (São Paulo, Brazil : 1999)</i> , 26(2), 77–81. http://www.ncbi.nlm.nih.gov/pubmed/15517057
159	Knijnik, et al.	2008	58	Social anxiety disorder (SAD)	Adult	Psychodynamic group therapy (Malan, 1976) + clonazepam	Clonazepam	Knijnik, D. Z., Blanco, C., Salum, G. A., Moraes, C. U., Mombach, C., Almeida, E., ... Eizirik, C. L. (2008). A pilot study of clonazepam versus psychodynamic group therapy plus clonazepam in the treatment of generalized social anxiety disorder. <i>European Psychiatry : The Journal of the Association of European Psychiatrists</i> , 23(8), 567–74. http://www.ncbi.nlm.nih.gov/pubmed/18774274

160	Kompoliti, et al.	2013	15	Psychogenic movement disorders	Adult	Intensive Short-Term Dynamic Psychotherapy (ISTDP; Davanloo, 1980)	Neurological observation and support	Kompoliti, K., Wilson, B., Stebbins, G., Bernard, B., & Hinson, V. (2013). Immediate vs. delayed treatment of psychogenic movement disorders with short-term psychodynamic psychotherapy: Randomized clinical trial. <i>Parkinsonism & Related Disorders</i> , 7–10. http://www.ncbi.nlm.nih.gov/pubmed/24120_952
161	Kool, et al.	2003	128	Depression	Adult	Short Psychodynamic Supportive Psychotherapy (SPSP; de Jonghe, 2005) + pharmacotherapy	Pharmacotherapy	Kool, S., Dekker, J., & Duijsens, I. (2003). Efficacy of combined therapy and pharmacotherapy for depressed patients with or without personality disorders. <i>Harvard Review of Psychiatry</i> , 133–142. http://informahealthcare.com/doi/abs/10.1080/10673220303950
162	Kool, et al.	2024	246	Depression and personality disorder	Adult	Short Psychodynamic Supportive Psychotherapy (SPSP; de Jonghe, 2005)	Schema-focused therapy (Young et al, 2003)	Kool, M., Van, H., Arntz, A., Bartak, A., Peen, J., Dil, L., de Boer, K., & Dekker, J. (2024). Dosage effects of psychodynamic and schema therapy in people with comorbid depression and personality disorder: four-arm pragmatic randomised controlled trial. <i>The British Journal of Psychiatry</i> , 1–8. https://doi.org/10.1192/bjp.2024.56
163	Kornblith, et al.	1983	49	Depression	Adult	Psychodynamic group therapy (Wolf, 1965; Bernard & Klein, 1977)	Self-reinforcement training and behavioral assignments (Rehm, 1977)	Kornblith, S., Rehm, L., O'Hara, M. W., & Lamparski, D. M. (1983). The contribution of self-reinforcement training and behavioral assignments to the efficacy of self-control therapy for depression. <i>Cogn Ther Res</i> , 7, 499- 528. http://link.springer.com/10.1007/BF01172888
164	Kramer, et al.	2013	8	Depression (recurrent)	Adult	Supportive-Expressive Psychotherapy (SEP; Luborsky, 1984) All patients were also given pharmacological treatment	1. Cognitive therapy (Beck, 1995) 2. Psychoanalysis (Robertson, 2002). 3. Clinical management (Csank, 2002; Novalis et al., 1993).	Kramer, U., de Roten, Y., Perry, J. C., & Despland, J.-N. (2013). Change in defense mechanisms and coping patterns during the course of 2-year-long psychotherapy and psychoanalysis for recurrent depression: a pilot study of a randomized controlled trial. <i>The Journal of Nervous and Mental Disease</i> , 201 (7), 614–20. http://www.ncbi.nlm.nih.gov/pubmed/23817_160

165	Kramer, et al.	2014	85	Borderline personality disorder	Adult	General Psychodynamic-Psychiatric Management (GPM; Gundersson & Links, 2008) + Motive-Oriented Therapeutic	General Psychodynamic-Psychiatric Management (GPM)	Kramer, U., Kolly, S., Berthoud, L., Keller, S., Preisig, M., Caspar, F., ... Despland, J. N. (2014). Effects of motive-oriented therapeutic relationship in a ten-session general psychiatric treatment of borderline personality disorder: A randomized controlled trial. <i>Psychotherapy and Psychosomatics</i> , 83(3), 176–186. https://doi.org/10.1159/000358528
166	Krohner	2023	92	Chronic pain	Adult	Single-Session Psychodynamic Interview - Online (based on EAET and ISTDP)	Waitlist	Krohner, S., Town, J., Cannoy, C. N., Schubiner, H., Rapport, L. J., Grekin, E., & Lumley, M. A. (2023). Emotion-focused Psychodynamic Interview for People with Chronic Musculoskeletal Pain and Childhood Adversity: A Randomized Controlled Trial. <i>The Journal of Pain</i> , 100924. https://doi.org/10.1016/j.jpain.2023.07.017
167	Lacey	1983	30	Bulimia	Adult	Integrative behavioural-psychodynamic treatment (no specific reference)	No treatment	Lacey, J. H. (1983). Bulimia nervosa, binge eating, and psychogenic vomiting: A controlled treatment study and long term outcome. <i>British Medical Journal</i> , 286(6378), 1609–1613. https://doi.org/10.1136/bmj.286.6378.1609
168	Lanza, et al.	2002	27	Male veterans with history of assault	Adult	Psychodynamic group psychotherapy (no specific reference)	Cognitive behavior group therapy (No specific reference)	Lanza, M. L., Anderson, J., Boisvert, C. M., LeBlanc, A., Fardy, M., & Steel, B., et al. (2002). Assaultive behavior intervention in the Veterans Administration: psychodynamic group psychotherapy compared to cognitive behavior therapy. <i>Perspect Psychiatr Care</i> , 38, 89-97. http://onlinelibrary.wiley.com/doi/10.1111/i.1744-6163.2002.tb00662.x/abstract
169	LaPonite, et al.	1980	33	Depression	Adult	Insight-oriented group therapy (No reference)	1. Cognitive group therapy (Beck, 19767) 2. Assertiveness training (no reference)	LaPonite, K., & Rimm, D. C. (1980). Cognitive, assertive, and insight-oriented group therapies in the treatment of reactive depression in women. <i>Psychotherapy: Theory, Research & Practice</i> , 17(3), 312–321. http://psycnet.apa.org/journals/pst/17/3/312/

170	Lau, et al.	2007	151	Women with childhood sexual abuse	Adult	Analytic group therapy (Foulkes, 1986)	Systemic group therapy (Holme, 1999)	Lau, M., & Kristensen, E. (2007). Outcome of systemic and analytic group psychotherapy for adult women with history of intrafamilial childhood sexual abuse: a randomized controlled study. <i>Acta Psychiatr Scand</i> , 116, 96-104. http://www.ncbi.nlm.nih.gov/pubmed/17650_270
171	Laurensen, et al.	2018	95	Borderline personality disorder	Adult	Day Hospital Mentalization-Based Treatment (DH-MBT; Bateman & Fonagy, 2004)	Specialized treatment as usual (S-TAU; Van Oenen et al. 2007)	Laurensen, E. M. P., Luyten, P., Kikkert, M. J., Westra, D., Peen, J., Soons, M. B. J., ... Dekker, J. J. M. (2018). Day hospital mentalization-based treatment v. specialist treatment as usual in patients with borderline personality disorder: Randomized controlled trial. <i>Psychological Medicine</i> , 14(1), 1-8. http://doi.org/10.1017/S0033291718000132
172	Lawson, et al.	2010	54	Violent men	Adult	Integrative CBT- psychodynamic group therapy (Strupp & Binder, 1984)	CBT (Lawson, 2001)	Lawson, D. M. (2010). Comparing cognitive behavioral therapy and integrated cognitive behavioral therapy/psychodynamic therapy in group treatment for partner violent men. <i>Psychotherapy: Theory, Research, Practice, Training</i> , 47(1), 122-133. http://doi.apa.org/getdoi.cfm?doi=10.1037/a0018841
173	Lebiger-Vogel, et al.	2022	118	Immigrant mother-child dyads	Adult/child	FIRST STEP prevention program (Lebiger-Vogel et al., 2015)	TAU	Lebiger-Vogel, J., Rickmeyer, C., Leuzinger-Bohleber, M., & Meurs, P. (2022). Fostering Emotional Availability in Mother-Child-Dyads With an Immigrant Background: A Randomized-Controlled-Trial on the Effects of the Early Prevention Program First Steps. <i>Frontiers in Psychology</i> , 13(April), 1-15. https://doi.org/10.3389/fpsyg.2022.790244
174	Lee & Kowen	2016	24	Mothers of disabled children	Adult	Sandplay Therapy (Kalff, 1973; see also review by Roesler, 2019)	No treatment	Lee, J., & Kowen, M. (2016). on Anxiety and Defense Style of Mother of Disabled Children. <i>Journal of Symbols & Sandplay Therapy</i> , 7(1), 77-95.

175	Leichsenring, et al.	2009	57	Generalized anxiety disorder (GAD)	Adult	Supportive-Expressive Psychotherapy (SEP; Luborsky, 1984)	CBT (Borcovec & Rucio, 2001, Brown, 1993)	Leichsenring, F., Salzer, S., Jaeger, U., Kächele, H., Kreische, R., & Leweke, F., et al. (2009). Short-Term Psychodynamic Psychotherapy and Cognitive-Behavioral Therapy in Generalized Anxiety Disorder: A Randomized, Controlled Trial. <i>Am J Psychiatry</i> , 166, 875-881. https://focus.psychiatryonline.org/doi/10.1176/foc.8.1.foc66
176	Leichsenring, et al.	2013	495	Social anxiety disorder	Adult	Supportive-Expressive Psychotherapy (SEP; Luborsky, 1984; Leichsenring, Beutel, Leibing, 2007)	1. CBT (Clark & Wells, 1995) 2. Waitlist	Leichsenring, F., Salzer, S., Beutel, M. E., Herpertz, S., Hiller, W., Hoyer, J., ... Leibing, E. (2013). Psychodynamic Therapy and Cognitive-Behavioral Therapy in Social Anxiety Disorder: A Multicenter Randomized Controlled Trial. <i>American Journal of Psychiatry</i> , 170(7), 759-767. http://www.ncbi.nlm.nih.gov/pubmed/23680854
177	Leichsenring, et al.	2016	124	Personality disorders	Adult	Psychoanalytic-Interactional Therapy (Streeck & Leichsenring, 2009)	Psychodynamic therapy by experts (non-manualized; Gabbard, 2000)	Leichsenring, F., Masuhr, O., Jaeger, U., Rabung, S., Dally, A., Dumpelmann, M., ... Streeck, U. (2016). Psychoanalytic-Interactional Therapy versus Psychodynamic Therapy by Experts for Personality Disorders: A Randomized Controlled Efficacy-Effectiveness Study in Cluster B Personality Disorders. <i>Psychotherapy and Psychosomatics</i> , 85(2), 71-80. http://www.karger.com/?doi=10.1159/000441731
178	Lemma, et al.	2013	24	Depression	Adult	Online Group Dynamic	Internet discussion group	Lemma, A., & Fonagy, P. (2013). Feasibility study of a psychodynamic online group intervention for depression. <i>Psychoanalytic Psychology</i> , 30(3), 367-380. http://doi.apa.org/getdoi.cfm?doi=10.1037/a0033239
179	Lerner, et al.	1992	42	Opiate dependence	Adult	Short-Term Dynamic Psychotherapy (STDP; Luborsky, 1984; Mann, 1973; Davanloo, 1978)	Long-Term Dynamic Psychotherapy (Karasu,	

180	Leuzinger-Bohleber, et al.	2018	252	Depression (chronic)	Adult	Long-Term Psychoanalytic Psychotherapy (LTPP; Taylor, 2015)	Long-term Cognitive-Behavioural Therapy (CBT; Hautzinger, 2013)	Leuzinger-Bohleber, M., Hautzinger, M., Fiedler, G., Keller, W., Bahrke, U., Kallenbach, L., ... Beutel, M. (2018). Outcome of psychoanalytic and cognitive-behavioural long-term therapy with chronically depressed patients: A controlled trial with preferential and randomized allocation. <i>The Canadian Journal of Psychiatry</i> , 64(1), 47-58. http://doi.org/10.1177/0706743718780340
181	Levy Berg, et al.	2009	61	Generalized anxiety disorder (GAD)	Adult	Affect-Focused Body Psychotherapy (Monsen & Monsen, 2000)	TAU	Levy Berg, A., Sandell, R., & Sandahl, C. (2009). Affect-focused body psychotherapy in patients with generalized anxiety disorder: Evaluation of an integrative method. <i>Journal of Psychotherapy Integration</i> , 19(1), 67–85. http://doi.apa.org/getdoi.cfm?doi=10.1037/a0015324
182	Liberman, et al.	1981	24	Repeated suicide attempts	Adult	Insight-Oriented Psychotherapy	Behavior Therapy	Liberman, R. P., & Eckman, T. (1981). Behavior therapy vs insight-oriented therapy for repeated suicide attempters. <i>Archives of General Psychiatry</i> , 38(10), 1126–1130. http://archpsyc.jamanetwork.com/article.aspx?doi=10.1001/archpsyc.1981.01780350060007
183	Lindauer, et al.	2005	24	PTSD	Adult	Brief eclectic psychotherapy (BEP; Gersons et al., 2004; Manual includes both CBT and PDT components)	Waitlist	Lindauer, R. J. L., Gersons, B. P. R., Van Meijel, E. P. M., Blom, K., Carlier, I. V. E., Vrijlandt, I., & Olf, M. (2005). Effects of brief eclectic psychotherapy in patients with posttraumatic stress disorder: Randomized clinical trial. <i>Journal of Traumatic Stress</i> , 18(3), 205–212. http://doi.wiley.com/10.1002/its.20029
184	Lindqvist et al.	2020	76	Depression	Adolescent	Affect-Focused Internet-Based Psychodynamic Therapy (IPDT; Mechler & Lindqvist, 2020)	Online therapist support and clinical monitoring	Lindqvist, K., Mechler, J., Carlbring, P., Lillengren, P., Falkenström, F., Andersson, G., ... Philips, B. (2020). Affect-Focused Psychodynamic Internet-Based Therapy for Adolescent Depression: Randomized Controlled Trial. <i>Journal of Medical Internet Research</i> , 22(3), e18047. https://doi.org/10.2196/18047

185	Linnet, et al.	2001	32	Atopic dermatitis (anxiety)	Adult	Brief Dynamic Psychotherapy (BDP; Malan, 1992)	Control (TAU?)	Linnet, J., & Jemec, G. B. (2001). Anxiety level and severity of skin condition predicts outcome of psychotherapy in atopic dermatitis patients. <i>Int J Dermatol</i> , 40, 632-636. http://www.ncbi.nlm.nih.gov/pubmed/11737422
186	Lipsitz, et al.	2008	70	Social anxiety disorder (SAD)	Adult	Psychodynamic Supportive Therapy (PST; Lipsitz et al., 2006)	Interpersonal Therapy (Klerman et al., 1984; Weissman et al., 2000)	Lipsitz, J. D., Gur, M., Vermes, D., Petkova, E., Cheng, J., Miller, N., ... Fyer, A. J. (2008). A randomized trial of interpersonal therapy versus supportive therapy for social anxiety disorder. <i>Depression and Anxiety</i> , 25(6), 542-553. http://doi.wiley.com/10.1002/da.20364
187	Lock, et al.	2010	121	Anorexia	Adolescent	Adolescent Focused Therapy (AFT, Robin et al.)	Treatments Family-Based Treatment (FBT; Locke et al., 2001)	Lock, J., Grange, D. Le, & Agras, W. (2010). Randomized clinical trial comparing family-based treatment with adolescent-focused individual therapy for adolescents with anorexia nervosa. <i>Archives of General Psychiatry</i> , 67(10), 1025-1032. http://archpsyc.ama-assn.org/cgi/reprint/67/10/1025.pdf
188	López Rodríguez, et al.	2004	40	Depression	Adult	Brief Intensive and Urgency Therapy (Bellak, 1993)	1. Fluoxetine alone 2. Floxetine + therapy 3. Medical placebo	López Rodríguez, J., López Butrón, M. A., Vargas Terrez, B. E., & Villamil Salcedo, V. (2004). Double blind study with antidepressant, brief psychotherapy and placebo in patients with mild to moderate depression. <i>Salud Mental</i> , 27(5), 53-61.
189	Lorentzen, et al.	2013	167	Anxiety and personality disorders	Adult	Long-Term Psychodynamic Group Therapy (Lorentzen, 2013)	Short-Term Psychodynamic Group Therapy (Lorentzen, 2013)	Lorentzen, S., Ruud, T., Fjeldstad, A., & Høglend, P. (2013). Comparison of short- and long-term dynamic group psychotherapy: Randomised clinical trial. <i>The British Journal of Psychiatry: The Journal of Mental Science</i> . http://www.ncbi.nlm.nih.gov/pubmed/24029539

190	Lundgaard, et al.	2024	158	Mixed psychiatric outpatients	Adult	Group-based "Thoughtful" program based on mentalization theory (https://www.thoughtful.house) + standard assessment	Standard assessment	Lundgaard, P., Lundgaard, L., & Midgley, N. (2024). The Thoughtful program: a randomized controlled study of a mentalization-based mental health education intervention in a psychiatric outpatient population. <i>Nordic Journal of Psychiatry</i> , 78(8), 721–726. https://doi.org/10.1080/08039488.2024.2422371
191	Ludwig, et al.	2013	196	Mixed depression and anxiety (in cancer patients)	Adult	Brief Dynamic Psychotherapy (BDP; Mann, 1973; Davanloo, 1994)	Waitlist	Ludwig, G., Krenz, S., Zdrojewski, C., Bot, M., Rousselle, I., Stagno, D., ... Stiefel, F. (2013). Psychodynamic interventions in cancer care I: Psychometric results of a randomized controlled trial. <i>Psycho-oncology</i> , 23, 65-74. http://www.ncbi.nlm.nih.gov/pubmed/23983_096
192	Lumley, et al.	2017	230	Fibromyalgia	Adult	Emotional Awareness and Expression Therapy (Integrative method with psychodynamic components, see Lumley & Schubiner, 2019)	1. CBT 2. Psychoeducation	Lumley, M. A., Schubiner, H., Lockhart, N. A., Kidwell, K. M., Harte, S. E., Clauw, D. J., & Williams, D. A. (2017). Emotional awareness and expression therapy, cognitive behavioral therapy, and education for fibromyalgia: A cluster-randomized controlled trial. <i>Pain</i> , 158(12), 2354–2363. https://doi.org/10.1097/j.pain.0000000000001036
193	Maina, et al.	2005	30	Depression (mild to moderate)	Adult	Brief Dynamic Psychotherapy (BDP; Malan, 1979)	1. Brief Supportive Psychotherapy (BSP; Novalis et al., 1993) 2. Waitlist	Maina, G., Forner, F., & Bogetto, F. (2005). Randomized controlled trial comparing brief dynamic and supportive therapy with waiting list condition in minor depressive disorders. <i>Psychotherapy and Psychosomatics</i> , 74, 43-50. http://www.ncbi.nlm.nih.gov/pubmed/15627856
194	Maina, et al.	2007	35	Depression	Adult	Brief Dynamic Psychotherapy (BDP; Malan, 1963; 1976) + medication	Brief Supportive Psychotherapy (BSP; Novalis et al., 1993) + medication	Maina, G., Rosso, G., Crespi, C., & Bogetto, F. (2007). Combined brief dynamic therapy and pharmacotherapy in the treatment of major depressive disorder: A pilot study. <i>Psychotherapy and Psychosomatics</i> , 76(5), 298–305. http://www.ncbi.nlm.nih.gov/pubmed/17700_050

195	Maina, et al.	2009	92	Depression	Adult	Brief Dynamic Psychotherapy (BDP; Malan, 1963; 1976) + medication	Medication only	Maina, G., Rosso, G., & Bogetto, F. (2009). Brief dynamic therapy combined with pharmacotherapy in the treatment of major depressive disorder: long-term results. <i>Journal of Affective Disorders</i> , 114(1–3), 200–207. https://doi.org/10.1016/j.jad.2008.07.010
196	Maina, et al.	2010	57	OCD + depression	Adult	Brief Dynamic Psychotherapy (BDP; Malan, 1979) + medication	Medication only	Maina, G., Rosso, G., Rigardetto, S., Chiadò Piat, S., & Bogetto, F. (2010). No effect of adding brief dynamic therapy to pharmacotherapy in the treatment of obsessive-compulsive disorder with concurrent major depression. <i>Psychotherapy and Psychosomatics</i> , 79(5), 295–302. http://www.ncbi.nlm.nih.gov/pubmed/20616624
197	Majdara, et al.	2021	30	Borderline personality disorder	Adult	Dynamic Deconstructive Psychotherapy (DDp; Gregory & Remenl)	Enhanced TAU	Majdara, E., Rahimian-Boogar, I., Talepasand, S., & Gregory, R. J. (2021). Dynamic deconstructive psychotherapy in Iran: A randomized controlled trial with follow-up for borderline personality disorder. <i>Psychoanalytic Psychology</i> , 38(4), 328–335. https://doi.org/10.1037/pap0000338
198	Marmar, et al.	1988	61	Bereavement	Adult	Brief Dynamic Psychotherapy (BDP; Malan, Sifneos, Mann)	Mutual Self-Help Groups	Marmar, C. R., Horowitz, M. J., Weiss, D. S., Wilner, N. R., & Kaltreider, N. B. (1988). A controlled trial of brief psychotherapy and mutual-help group treatment of conjugal bereavement. <i>Am J Psychiatry</i> , 145, 203-209. https://www.ncbi.nlm.nih.gov/pubmed/3277450
199	Maroti, et al.	2022	74	Somatic Symptom Disorder	Adult	Internet-Based Emotional Awareness and Expression Therapy (Integrative method with psychodynamic components, see Lumley & Schubiner,	Waitlist	Maroti, D., Lumley, M. A., Schubiner, H., Lilliengren, P., Bileviciute-Ljungar, I., Ljótsson, B., & Johansson, R. (In Press). Internet-based Emotional Awareness and Expression Therapy for Somatic Symptom Disorder with centralized symptoms – A Randomized Controlled Trial. <i>Journal of Psychosomatic Research</i> . https://doi.org/10.1016/j.jpsychores.2022.111068

200	Martini, et al.	2011	35	Panic disorder + depression	Adult	Brief Dynamic Psychotherapy (BDP; Malan, 1963) + medication	Brief Supportive Psychotherapy (BSP) + medication	Martini, B., Rosso, G., Chiodelli, D. F., De Cori, D., & Maina, G. (2011). Brief dynamic therapy combined with pharmacotherapy in the treatment of panic disorder with concurrent depressive symptoms. <i>Clinical Neuropsychiatry</i> , 8(3), 204–21. http://www.clinicalneuropsychiatry.org/pdf/04_martini.pdf
201	Mattheß, et al.	2021	32	High risk mothers (and their babies)	Adult/child	Parent-Infant Psychotherapy (PIP)	TAU	Mattheß, J., Eckert, M., Becker, O., Körner, C. L., & Kuchinke, L. (2021). Potential efficacy of parent-infant psychotherapy with mothers and their infants from a high-risk population : a randomized controlled pilot trial. <i>Pilot and Feasibility Studies</i> , 1–18. https://doi.org/10.1186/s40814-021-00946-5
202	McCallum & Piper	1990	79	Prolonged or delayed grief	Adult	Short-term psychoanalytically oriented group psychotherapy (STG; manual mentioned but no specific reference)	Waitlist	McCallum, M., & Piper, W. E. (1990). A controlled study of effectiveness and patient suitability for short-term group psychotherapy. <i>Int J Group Psychother</i> , 40, 431-452. http://www.ncbi.nlm.nih.gov/pubmed/2228349
203	McLean, et al.	1979	55	Depression	Adult	Short-Term Psychotherapy (Marmor, 1975; Wolberg, 1967)	1. Relaxation therapy (no reference) 2. Behavior therapy (McLean, 1976) 3. Drug therapy	McLean, P., & Hakstian, A. (1979). Clinical depression: Comparative efficacy of outpatient treatments. <i>J Consult Clin Psychol</i> , 47, 818-836. https://psycnet.apa.org/record/1980-01360-001
204	McMain, et al.	2009	180	Borderline personality disorder	Adult	General psychiatric management, dynamically informed therapy (Gunderson, 1984)	Dialectical Behavior Therapy (DBT; Linehan et al., 1991)	McMain, S. F., Links, P. S., Gnam, W. H., Guimond, T., Cardish, R. J., & Korman, L., et al. (2009). A randomized trial of dialectical behavior therapy versus general psychiatric management for borderline personality disorder. <i>Am J Psychiatry</i> , 166, 1365-1374. http://www.ncbi.nlm.nih.gov/pubmed/19755_574

205	Mechler, et al.	2022	272	Depression	Adolescent	Affect-Focused Internet-Based Psychodynamic Therapy (IPDT; Mechler & Lindqvist, 2020)	Internet-Based Cognitive Behavioural Therapy (Topooco, et al, 2018)	Mechler, J., Lindqvist, K., Carlbring, P., Topooco, N., Falkenström, F., Lilliengren, P., ... Philips, B. (2022). Therapist-guided internet-based psychodynamic therapy versus cognitive behavioural therapy for adolescent depression in Sweden: a randomised, clinical, non-inferiority trial. <i>The Lancet Digital Health</i> , 7500(22), 1–10. https://doi.org/10.1016/S2589-7500(22)00095-4
206	Mechler, et al.	2024	121	Social anxiety disorder (SAD)	Adult	Affect-Focused Internet-Based Psychodynamic Therapy (IPDT; Mechler & Lindqvist, 2020) with therapist support	1. Waitlist 2. Affect-Focused Internet-Based Psychodynamic Therapy (IPDT; Mechler & Lindqvist, 2020) without therapist support	Mechler, J., Lindqvist, K., Magnusson, K., Ringström, A., Krafman, J. D., Alvinzi, P., Kassius, L., Sowa, J., Andersson, G., & Carlbring, P. (2024). Guided and unguided internet-delivered psychodynamic therapy for social anxiety disorder: A randomized controlled trial. <i>Npj Mental Health Research</i> , 3(1), 1–10. https://doi.org/10.1038/s44184-024-00063-0
207	Meganck, et al.	2023	100	Depression	Adult	Supportive Expressive Psychotherapy (SEP; Luborsky, 1984 + Leichsenring et al, 2014)	Cognitive-behavior therapy (CBT; Bockting & Huibers, 2011)	Meganck, R., Desmet, M., Van Nieuwenhove, K., De Smet, M., Hennissen, V., Truijens, F., ... Vanheule, S. (2023). The Ghent Psychotherapy Study: A Pragmatic, Stratified, Randomized Parallel Trial into the Differential Efficacy of Psychodynamic and Cognitive-Behavioral Interventions in Dependent and Self-Critical Depressive Patients. <i>Psychotherapy and Psychosomatics</i> , 1–12. https://doi.org/10.1159/000531643
208	Mehboodi, et al.	2022	20	Social anxiety disorder (SAD)	Adult	Intensive Short-Term Dynamic Psychotherapy (ISTDP; Abbass & Town, 2013)	No treatment	Mehboodi, K., Mohammadi, N., Rahimi, C., & Sarafraz, M. R. (2022). The efficacy of intensive short-term dynamic psychotherapy (ISTDP) on self-esteem, emotion regulation, and defense mechanisms in men with social anxiety disorder. <i>The Journal Of Psychological Science</i> , 21(111), 461–474. https://doi.org/10.52547/JPS.21.111.461
209	Meyer & Bolz	1981	214	Mixed sample	Adult	Psychodynamic conflict-centered time-limited psychotherapy (no reference)	1. Waitlist 2. Client Centered Therapy	Meyer, A. E., & Bolz, W. (1981). The Hamburg short psychotherapy comparison experiment. Foreword and introduction. <i>Psychother Psychosom</i> , 35, 81-84. http://www.karger.com/doi/10.1159/000287484

210	Midgley, et al.	2019	36	Children in foster care	Child	Mentalization-Based Treatment (MBT; Bateman & Fonagy, 2004)	TAU	Midgley, N., Besser, S. J., Fearon, P., Wyatt, S., Byford, S., & Wellsted, D. (2019). The Herts and Minds study: feasibility of a randomised controlled trial of Mentalization-Based Treatment versus usual care to support the wellbeing of children in foster care. <i>BMC Psychiatry</i> , 1–11. https://doi.org/10.1186/s12888-019-2196-2
211	Miggiels, et al.	2025	290	Depression	Adult	Short Psychodynamic Supportive Psychotherapy (SPSP; de Jonghe, 2005)	CBT	Miggiels, M., ten Klooster, P., Beekman, A., Bremer, S., Dekker, J., Janssen, C., & van Dijk, M. K. (2025). The D*Phase-study: Comparing short-term psychodynamic psychotherapy and cognitive behavioural therapy for major depressive disorder in a randomised controlled non-inferiority trial. <i>Journal of Affective Disorders</i> , 371(October 2024), 344–351. https://doi.org/10.1016/j.jad.2024.10.122
212	Miller, et al.	1972	67	Phobias	Child	Play psychotherapy (Lippman, 1956)	1. Waitlist 2. Reciprocal inhibition	Miller, L. C., Barrett, C. L., Hampe, E., & Noble, H. (1972). Comparison of reciprocal inhibition, psychotherapy, and waiting list control for phobic children. <i>Journal of Abnormal Psychology</i> , 79(3), 269–279. http://psycnet.apa.org/journals/abn/79/3/269/
213	Milo, et al.	2023	60	Irritable bowel syndrome	Adolescent	8 session form of STPP (Malan is referenced) + TAU	TAU alone	Milo, F., Imondi, C., D'Amore, C., Angelino, G., Knafelz, D., Bracci, F., ... Tabarini, P. (2023). Short-term Psychodynamic Psychotherapy in Addition to Standard Medical Therapy Increases Clinical Remission in Adolescents and Young Adults with Inflammatory Bowel Disease: a Randomised Controlled Trial. <i>Journal of Crohn's and Colitis</i> , (August), 1–8. https://doi.org/10.1093/ecco-icc/ijad145
214	Milrod, et al.	2007	49	Panic disorder	Adult	Panic-Focused Psychodynamic Psychotherapy (PFPP; Milrod et al, 1997)	Applied relaxation (Öst & Westling, 1995)	Milrod, B., Leon, A. C., Busch, F., Rudden, M., Schwalberg, M., & Clarkin, J., et al. (2007). A randomized controlled clinical trial of psychoanalytic psychotherapy for panic disorder. <i>Am J Psychiatry</i> , 164, 265-272. http://www.ncbi.nlm.nih.gov/pubmed/17267_789

215	Milrod, et al.	2015	201	Panic disorder	Adult	Panic-Focused Psychodynamic Psychotherapy (PFPP; Milrod et al, 2001)	1. CBT (Craske, 2000) 2. Applied relaxation (Öst & Westling, 1995)	Milrod, B., Chambless, D. L., Gallop, R., Busch, F. N., Schwalberg, M., McCarthy, K. S., Gross, C., Sharpless, B.A., Leon, A.C., & Barber, J. P. (2015). Psychotherapies for Panic Disorder: A Tale of Two Sites. <i>The Journal of Clinical Psychiatry</i> , 10065, 1–9. https://www.researchgate.net/publication/277988042_Psychotherapies_for_Panic_Disorder_A_Tale_of_Two_Sites
216	Mohajerin, et al.	2023	85	Anti-social personality disorder + borderline	Adult	Mentalization-Based Treatment (MBT; Bateman & Fonagy, 2004)	Unified Pprotocol (Barlow et al., 2011, 2017)	Mohajerin, B., & Howard, R. C. (2023). Effects of two treatments on interpersonal, affective, and lifestyle features of psychopathy and emotion dysregulation. <i>Personality and Mental Health</i> , (September), 1–17. https://doi.org/10.1002/pmh.1593
217	Molenaar, et al.	2011	103	Depression	Adult	Short Psychodynamic Supportive Psychotherapy (SPSP; de Jonghe, Rijnierse, & Janssen, 1994) 8 sessions + medication	Short Psychodynamic Supportive Psychotherapy (de Jonghe, Rijnierse, & Janssen, 1994) 16 sessions + medication	Molenaar, P. J., Boom, Y., Peen, J., Schoevers, R. A., Van, R., & Dekker, J. J. (2011). Is there a dose-effect relationship between the number of psychotherapy sessions and improvement of social functioning? <i>The British Journal of Clinical Psychology</i> . https://www.ncbi.nlm.nih.gov/pubmed/21810106
218	Monsen & Monsen	2000	40	Chronic pain	Adult	Psychodynamic body therapy (Monsen & Monsen, 1999)	TAU	Monsen, K., & Monsen, J. T. (2000). Chronic Pain and Psychodynamic Body Therapy: A Controlled Outcome Study. <i>Psychotherapy: Theory, Research, Practice, Training</i> , 37(3), 257–269. https://psycnet.apa.org/record/2000-02713-007
219	Montag, et al.	2014	58	Schizophrenia	Adult	Psychodynamic art therapy (Dannecker, 2010)	TAU	Montag, C., Haase, L., Seidel, D., Bayerl, M., Gallinat, J., Herrmann, U., & Dannecker, K. (2014). A Pilot RCT of Psychodynamic Group Art Therapy for Patients in Acute Psychotic Episodes: Feasibility, Impact on Symptoms and Mentalising Capacity. <i>PLoS One</i> , 9(11), e112348. http://www.pubmedcentral.nih.gov/articlerender.fcgi?artid=4231093&tool=pmcentrez&rendertype=abstract

220	Morris	1975	52	Depression	Adult	Group insight-oriented treatment (no reference)	1. Group Self-Instruction Method for depression (Lazarus, no reference). 2. Waitlist	Morris (1975) A group self-instruction method for the treatment of depressed outpatients. Dissertation. University of Toronto.
221	Mowlaie, et al.	2018	30	Separation Anxiety Disorder	Adult	1. Empathic Dynamic Psychotherapy (Seruya, 1997) 2. Affect Phobia Therapy (APT; McCullough et al, 2003)	Control (not specified)	Mowlaie, M., Hajloo, N., Hashjin, G., Mikaeili, N., & Heidari, S. (2018). The Effectiveness of Empathic Dynamic Psychotherapy and Anxiety-Regulating Psychodynamic Therapy in Treating Adult Separation Anxiety Disorder. <i>Journal of Practice in Clinical Psychology</i> , 6(3), 143–153. Retrieved from https://ejop.psychopen.eu/article/view/1528
222	Munroe-Blum & Marziali	1995	110	Borderline personality disorder	Adult	Time-limited group therapy (Marziali & Munroe-Blum, 1995)	Individual psychodynamic psychotherapy (Kernberg, 1975)	Munroe-Blum, H., & Marziali, E. (1995). A controlled trial of short-term group treatment for borderline personality disorder. <i>Journal of Personal Disorders</i> , 9, 190-198. http://psycnet.apa.org/psycinfo/1996-17928-001
223	Muran, et al.	2005	128	Personality disorders (mixed; mainly cluster C)	Adult	Brief Relational Therapy (BRT; Safran & Muran, 2000)	1. Short-Term Dynamic Psychotherapy (STDP: Pol-lack, Flegenheimer, & Kaufman, 1992) 2. Cognitive-behavioral therapy	Muran, J. C., Safran, J. D., Samstag, L. W., & Winston, A. (2005). Evaluating an alliance- focused treatment for personality disorders. <i>Psychotherapy: Theory, Research, Practice, Training</i> , 42(4), 532–545. https://pdfs.semanticscholar.org/88ac/178eb2055cc5
224	Nabizadeh, et al.	2019	26	Non-clinical sample	Adult	Intensive Short-Term Dynamic Psychotherapy (ISTDP; Davanloo, 1990)	No treatment	Nabizadeh, A., Farhadi, M., Rashid, K., & Kordnoghi, R. (2019). The Effectiveness of Tactical Defensive Neutralization in Intensive Short-Term Dynamic Psychotherapy on Defensive Styles , Anxiety , and Fear of Intimacy in Non-Clinical Sample. <i>Journal of Research in Psychological Health (Persian)</i> , 13(1), 24–39.

225	Nader-Mohammadi Moghadam, et al.	2015	27	Social anxiety disorder (SAD)	Adult	Affect Phobia Therapy (APT; McCullough et al., 2003)	1. Sertraline 2. Waitlist	Nader-Mohammadi Moghadam, M. Atef-Vahid, M. K., Asgharnejad-Farid, A. A., Shabani, A., & Lavasni, F. (2015). Effectiveness of short-term dynamic psychotherapy versus sertraline in treatment of social phobia. <i>Iran Journal of Psychiatry, 9</i> (2), 2–6. https://www.ncbi.nlm.nih.gov/pubmed/26288%20643
226	Nakhaei Moghadam, et al.	2024	30	Chronic pain	Adult	Intensive Short-Term Dynamic Psychotherapy (ISTDP; Davanloo, 2001)	No treatment	Nakhaei Moghadam, R., Bahrainian, S. M., & Nasri, M. (2024). Effectiveness of Intensive Short-term Dynamic Psychotherapy on Attachment Styles, Somatization, and Health Anxiety in Patients with Chronic Pain. <i>Journal of Assessment and Research in Applied Counseling, 6</i> (1), 142–149. https://doi.org/http://dx.doi.org/10.61838/kman.iarac.6.1.16
227	Nasseri, et al.	2024	30	Separation Anxiety Disorder	Adolescent	Intensive Short-Term Dynamic Psychotherapy (ISTDP)	No treatment	Nasseri, A., Khosrojauid, M., & Kafi Masouleh, S. M. (2024). Effect of Intensive Dovanlo's short-term Daynamic Psychotrapry onThe Quality of Object Relations and Defense Mechanisms and in Adolescents White Separation Anxiety Disorder. <i>Psychology of Exceptional Individuals, 14</i> (53), 149–178. https://doi.org/10.22054/JPE.2023.70870.2510
228	Nesci, et. al.	2021	36	Prolonged grief disorder	Adult	Multimedia psychodynamic psychotherapy (Nesci, 2009; 2012)	Support	Nesci, D. A., Chiarella, S. G., Corona, E., Savoia, V., Zampogna, M., Nesci, F. A., ... Paludetti, G. (2021). Multimedia Psychotherapy: brief report of a pilot study. <i>Rivista Di Psichiatria, 56</i> (3), 149–156. https://doi.org/10.1708/3635.36156
229	Nichols	1974	43	University students with mixed diagnoses	Adult	Analytic therapy wih emotive techniques (Jackins, 1962)	Analytic therapy without emotive techniques	Nichols, M. P. (1974). Outcome of brief cathartic psychotherapy. <i>Journal of Consulting and Clinical Psychology, 42</i> (3), 403–410. https://doi.org/10.1037/h0036715

230	Nijdam, et al.	2012	140	PTSD	Adult	Brief eclectic psychotherapy (BEP; Gersons et al, 2004; Manual includes both CBT and PDT components)	Eye movement and reprocessing (EMDR; De Jongh et al, 2004)	Nijdam, M. J., Gersons, B. P. R., Reitsma, J. B., de Jongh, A., & Olf, M. (2012). Brief eclectic psychotherapy v. eye movement desensitisation and reprocessing therapy for post-traumatic stress disorder: randomised controlled trial. <i>The British Journal of Psychiatry : The Journal of Mental Science</i> , 200(3), 224–31. http://www.ncbi.nlm.nih.gov/pubmed/22322458
231	Nordentoft, et al.	2010	94	Schizophrenia	Adult	Hospital-based rehabilitation (included individual supportive psychodynamic psychotherapy)	1. Assertive community training 2. Standard treatment	Nordentoft, M., Øhlenschläger, J., Thorup, A., Petersen, L., Jeppesen, P., & Bertelsen, M. (2010). Deinstitutionalization revisited: A 5-year follow-up of a randomized clinical trial of hospital-based rehabilitation versus specialized assertive intervention (OPUS) versus standard treatment for patients with first-episode schizophrenia spectrum disorders. <i>Psychological Medicine</i> , 40(10), 1619–1626. http://doi.org/10.1017/S0033291709992182
232	O'Brien, et al.	1972	100	Schizophrenia	Adult	Individual psychotherapy (no reference, not clear if dynamic, but Luborsky among authors)	Group psychotherapy (no reference, not clear if dynamic, but Luborsky among authors)	O'Brien, C. P., Hamm, K. B., Ray, B. A., Pierce, J. F., Luborsky, L., & Mintz, J. (1972). Group vs Individual Psychotherapy With Schizophrenics: A Controlled Outcome Study. <i>Archives of General Psychiatry</i> , 27(4), 474–478. http://doi.org/10.1001/archpsyc.1972.01750280042008
233	Ojehagen, et al.	1992	72	Alcohol dependence	Adult	"Psychiatric treatment" based on psychodynamic principles (Luborsky, 1984)	Multimodal behavior therapy (Lazarus, 1981)	Ojehagen, A., Berglund, M., Appel, C. P., Andersson, K., Nilsson, B., & Skjærre, A., et al. (1992). A randomized study of long-term out-patient treatment in alcoholics. Psychiatric treatment versus multimodal behavioural therapy, during 1 versus 2 years of treatment. <i>Alcohol Alcohol</i> , 27, 649-658. http://www.ncbi.nlm.nih.gov/pubmed/1292438
234	Pakdel, et al.	2022	30	Job stress	Adult	Intensive Short-Term Dynamic Psychotherapy (ISTDP)	No treatment	Pakdel, H., Shohrabi, F., & Haji Alizadeh, K. (2022). The efficacy of intensive short-term dynamic psychotherapy on job stress coping strategies, health-related quality of life, and self-efficacy of iran air traffic controller staff. <i>Monthly Journal of Psychological Science</i> , 21(111), 543–558. https://psychologicalscience.ir/article-1-1554-fa.html

235	Parisuz, et al.	2019	40	Women with marital conflict	Adult	Intensive Short-Term Dynamic Psychotherapy (ISTDP; Davanloo, 1999)	No treatment	Parisuz, A., Najarpourian, S., & Mohammadi, K. (2019). The Effect of Intensive Short-Term Dynamic Psychotherapy on Marital Conflicts and Interpersonal Processing of Married Women with Emotional Divorce. <i>Iranian Evolutionary and Educational Psychology Journal</i> , 1(2), 112–122. https://doi.org/10.29252/ieepj.1.2.112
236	Philips, et al.	2018	46	Borderline personality disorder (+ substance abuse)	Adult	Mentalization-Based Treatment (MBT; Bateman & Fonagy, 2004) + Substance abuse treatment	Substance abuse treatment alone	Philips, B., Wennberg, P., Konradsson, P., & Franck, J. (2018). Mentalization-Based Treatment for Concurrent Borderline Personality Disorder and Substance Use Disorder: A Randomized Controlled Feasibility Study. <i>European Addiction Research</i> , 1–8. http://doi.org/10.1159/000485564
237	Pierloot & Vinck	1978	22	Anxiety	Adult	Short-Term Dynamic Psychotherapy (STDP; Malan, 1963)	Systematic desensitization (Wolpe, 1969)	Pierloot, R., & Vinck, J. (1978). Differential outcome of short-term dynamic psychotherapy and systematic desensitizations in the treatment of anxious outpatients: A preliminary report. <i>Psychologica Belgica</i> , 18, 87-98. http://psycnet.apa.org/psycinfo/1980-32873-001
238	Pilowsky & Barrow	1990	102	Psychogenic pain	Adult	Short-Term Dynamic Therapy (STDP; reference to Strupp & Binder, 1984; Luborsky, 1984)	1. Medication + supportive contact 2. Placebo + psychotherapy 3. Placebo + supportive contact	Pilowsky, I., & Barrow, C. G. (1990). A controlled study of psychotherapy and amitriptyline used individually and in combination in the treatment of chronic intractable, “psychogenic” pain. <i>Pain</i> , 40(1), 3–19. https://doi.org/10.1016/0304-3959(90)91045-K
239	Piper, et al.	1984	106	Mixed sample	Adult	Short-Term Individual (STI; Malan, 1976)	1. Short-term group (STG) 2. Long-term individual (LTI) 3. Long-term group (LTG) Non manuals used	Piper, W. E., Debbane, E. G., Bienvenu, J. P., & Garant, J. (1984). A comparative study of four forms of psychotherapy. <i>J Consult Clin Psychol</i> , 52, 268-279. https://pdfs.semanticscholar.org/ec6c/82a0f85af038592f00d9697b15891a7954ca.pdf

240	Piper, et al.	1990	144	Mixed sample	Adult	Short-Term Dynamic Psychotherapy (STDP; Malan, 1976; Strupp & Binder, 1984)	Waitlist	Piper, W. E., Azim, H. F., McCallum, M., & Joyce, A. S. (1990). Patient suitability and outcome in short-term individual psychotherapy. <i>J Consult Clin Psychol</i> , 58, 475- 481. http://www.ncbi.nlm.nih.gov/pubmed/2212185
241	Piper, et al.	1998	144	Mixed sample	Adult	Interpretive psychotherapy (Piper, Azim, Joyce, & McCallum, 1993)	Supportive psychotherapy (Piper, Azim, Joyce, & McCallum, 1993)	Piper, W. E., Joyce, a S., McCallum, M., & Azim, H. F. (1998). Interpretive and supportive forms of psychotherapy and patient personality variables. <i>Journal of consulting and clinical psychology</i> , 66(3), 558–67. http://www.ncbi.nlm.nih.gov/pubmed/10224_738
242	Piper, et al.	2001	139	Complicated grief	Adult	Interpretive group therapy (no specific reference)	Supportive group therapy (no specific reference)	Piper, W. E., McCallum, M., Joyce, A. S., Rosie, J. S., & Ogrodniczuk, J. S. (2001). Patient personality and time-limited group psychotherapy for complicated grief. <i>Int J Group Psychother</i> , 51, 525-552. http://www.ncbi.nlm.nih.gov/pubmed/11582_899
243	Pomerleau, et al.	1978	32	Problem drinkers	Adult	Traditional group therapy (describd as psychodynamic in orientation and focused on insight and confrontation of denial)	Behavioural group treatment	Pomerleau, O., Pertschuk, M., Adkins, D., & Brady, J. P. (1978). A comparison of behavioral and traditional treatment for middle-income problem drinkers. <i>Journal of Behavioral Medicine</i> , 1 (2), 187–200. https://doi.org/10.1007/BF00846639
244	Poulsen	1991	46	Rheumatic disease	Adult	Time-limited group therapy (Foulkes, 1975)	Waitlist	Poulsen, A. (1991). Psychodynamic, time- limited group therapy in rheumatic disease—a controlled study with special reference to alexithymia. <i>Psychother Psychosom</i> , 56, 12-23. http://www.ncbi.nlm.nih.gov/pubmed/18915_75

245	Poulsen, et al.	2014	70	Bulimia	Adult	Psychoanalytic psychotherapy for bulimia nervosa (Lunn & Poulsen, 2012)	CBT (Fairburn, 2008)	Poulsen, S., Lunn, S., Daniel, S. I. F., Folke, S., Mathiesen, B. B., Katznelson, H., & Fairburn, C.G. (2014). A randomized controlled trial of psychoanalytic psychotherapy or cognitive-behavioral therapy for bulimia nervosa. <i>The American Journal of Psychiatry</i> , 109-116. https://www.ncbi.nlm.nih.gov/pubmed/24275909
246	Prawitasari, et al.	2019	21	Undergraduates with self-identified relational problems	Adult	"Data-focused approach" (group intervention based on STPP according to the author; see main ref).	1. Gestalt 2. Psychodynamic 3. Interactional	Prawitasari, J. E., Widiastuti, T. R., & Asitasari, W. (2019). Data-Focused Approach: Developing A New Intervention Method In Applied Psychology. <i>Jurnal Psikologi</i> , 46(3), 181. https://doi.org/10.22146/jpsi.50602
247	Prout, et al.	2021	43	Children with externalizing behaviors	Child	Regulation-Focused Psychotherapy for Children (RFP-C, Hoffman et al, 2016)	Waitlist	Prout, T. A., Rice, T., Chung, H., Gorokhovskiy, Y., Murphy, S., & Hoffman, L. (2021). Randomized controlled trial of Regulation Focused Psychotherapy for children: A manualized psychodynamic treatment for externalizing behaviors. <i>Psychotherapy Research</i> , 0(0), 1–16. https://doi.org/10.1080/10503307.2021.1980626
248	Qaziani & Arefi	2017	30	Anxiety (affection control in anxious women)	Adult	Intensive Short-Term Dynamic Psychotherapy (ISTDP; no specific reference to manual)	No treatment waitlist	Qaziani, M. M., & Arefi, M. (2017). The effectiveness of intensive short-term dynamic psychotherapy on affection control of anxious women. <i>International Journal of Educational and Psychological Researches</i> , 3(4), 235-239. http://www.ijeprjournal.org/temp/IntJEducPsycholRes34235-6200115_171321.pdf
249	Rabeyron, et al.	2020	37	Autism Spectrum disorders	Child	Music therapy by psychodynamic therapists	Music listening	Rabeyron, T., Robledo del Canto, J. P., Carasco, E., Bisson, V., Bodeau, N., Vrait, F. X., ... Bonnot, O. (2020). A randomized controlled trial of 25 sessions comparing music therapy and music listening for children with autism spectrum disorder. <i>Psychiatry Research</i> , 293(August), 113377. https://doi.org/10.1016/j.psychres.2020.113377

250	Rahmani, et al.	2011	50	Depression	Adult	Intensive Short-Term Dynamic Psychotherapy (ISTDP; Della Selva, 1996).	Pharmacotherapy (SSRI)	Rahmani, F., Rezaei, F., Nasuri, M., & Sc, M. (2011). Major Depressive Disorder: A Comparison of a Focused Psychodynamic Psychotherapy and Pharmacotherapy. <i>Iranian Journal of Psychiatry and Behavioral Sciences</i> , 5(51), 37–44. Retrieved from http://ijpbs.mazums.ac.ir/article-1-64-en.pdf
251	Rahmani, et al.	2020	41	Social anxiety disorder (SAD)	Adult	Intensive Short-Term Dynamic Psychotherapy (ISTDP; Abbass, 2015)	No treatment waitlist	Rahmani, F., Abbass, A., Hemmati, A., Mirghaed, S. R., & Ghaffari, N. (2020). The Efficacy of Intensive Short-Term Dynamic Psychotherapy for Social Anxiety Disorder. <i>The Journal of Nervous and Mental Disease</i> , 00(00), 1. https://doi.org/10.1097/NMD.0000000000001097
252	Rahmani, et al.	2020	42	Social anxiety disorder (SAD)	Adult	Intensive Short-Term Dynamic Psychotherapy (standard with "challenge"; ISTDP; Davanloo, 1990; Abbass, 2015)	1. Intensive Short-Term Dynamic Psychotherapy (Interpretation-based, without challenge; ISTDP; Davanloo, 1990; Abbass, 2015) 2. Waitlist	Rahmani, F., Abbass, A., Hemmati, A., Ghaffari, N., & Rezaei Mirghaed, S. (2020). Challenging the role of challenge in intensive short-term dynamic psychotherapy for social anxiety disorder: A randomized controlled trial. <i>Journal of Clinical Psychology</i> , 1–10. https://doi.org/10.1002/jclp.22993
253	Ranjbar Sudejani, et al.	2017	32	OCD	Adult	Intensive Short-Term Dynamic Psychotherapy (ISTDP; Davanloo, 1990; Abbass, 2015)	No treatment waitlist	Ranjbar Sudejani, Y., Sharifi, K., Sayyah, S.S., & Malek Mohamadi Galeh, Z. (2017) Effectiveness of Intensive Short-Term Dynamic Psychotherapy (ISTDP) on correcting irrational beliefs and reducing cognitive avoidance of people with obsessive compulsive disorder. <i>Journal of Counseling Research (article in persian)</i> , 15 (62), 140-169. http://irancounseling.ir/journal/article-1-364-en.html
254	Ranjbar Sudejani & Sharifi	2017	16	Social anxiety in children with mental disability	Child	Intensive Short-Term Dynamic Psychotherapy (ISTDP; Davanloo, 1990;	No info	Ranjbar Sudejani, Y., & Sharifi, K. (2017). Effectiveness of Intensive Short Term Dynamic Psychotherapy (ISTDP) on Social Anxiety of Children with Mental Disability and Visual Perception Disorder. <i>Exceptional Education (Persian)</i> , 1 (144), 15–22.

255	Reneses, et al.	2013	53	Borderline personality disorder	Adult	Psychic Representation focused Psychotherapy (PRFP;based partly on ISTDP mentioned in references to Trujillo, 2010)	TAU	Reneses, B., Galián, M., Serrano, R., Figuera, D., Fernandez Del Moral, A., López-Ibor, J. J., ... Trujillo, M. (2013). A new Time Limited Psychotherapy for BPD: Preliminary Results of a Randomized and Controlled Trial. <i>Actas españolas de psiquiatría</i> , 41 (3), 139–48. http://www.ncbi.nlm.nih.gov/pubmed/23803_797
256	Ridsdale, et al.	2001	160	Chronic fatigue	Adult	Counselling “...all counsellors used a psychodynamic approach and all cognitive behaviour therapists used CBT” (p. 20)	CBT	Ridsdale, L., Godfrey, E., Chalder, T., Seed, P., King, M., Wallace, P., & Wessely, S. (2001). Chronic fatigue in general practice: is counselling as good as cognitive behaviour therapy? A UK randomised trial. <i>The British Journal of General Practice : The Journal of the Royal College of General Practitioners</i> , 51 (462), 19–24. http://www.pubmedcentral.nih.gov/articlerender.fcgi?artid=1313894&tool=pmcentrez&render=true
257	Robin, et al.	1995	37	Anorexia	Adolescent	Ego-oriented individual therapy (EOIT; (Robin, Siegel, Moye, Koepke, & Tice, 1994)	Behavioral family systems therapy (BFST; Robin et al., 1994, 1996)	Robin, A L, Siegel, P. T., & Moye, a. (1995). Family versus individual therapy for anorexia: impact on family conflict. <i>The International Journal of Eating Disorders</i> , 17(4), 313–22. http://www.ncbi.nlm.nih.gov/pubmed/76204_70
258	Robinson, et al.	2016	68	Borderline personality disorder + eating disorders	Adult	Mentalization-Based Treatment for Eating Disorders (MBT-ED; Bateman & Fonagy, 2009)	Specialist supportive clinical management (SSCM-ED; McIntosh et al., 2006)	Robinson, P., Hellier, J., Barrett, B., Barzdaitiene, D., Bateman, A., Bogaardt, A., ... Fonagy, P. (2016). The NOURISHED randomised controlled trial comparing mentalisation-based treatment for eating disorders (MBT-ED) with specialist supportive clinical management (SSCM-ED) for patients with eating disorders and symptoms of borderline personality disorder. <i>Trials</i> , 17(1), 549. http://doi.org/10.1186/s13063-016-1606-8
259	Rosenbaum, et al.	2012	72	Schizophrenia	Adult/adolescent	Supportive Psychodynamic Psychotherapy (SPP; Rosenbaum, 2009)	TAU	Rosenbaum, B., Harder, S., Knudsen, P., Køster, A., Lindhardt, A., Lajer, M., Valbak, K., & Winther, G. (2012). Supportive Psychodynamic Psychotherapy versus Treatment as Usual for First-Episode Psychosis: Two-Year Outcome. <i>Psychiatry</i> , 75 (4), 331–41. http://www.ncbi.nlm.nih.gov/pubmed/23244_011

260	Rosser, et al.	1983	65	Breathlessness and psychiatric morbidity (in patients with chronic bronchitis and emphysema)	Adult	Analytical psychotherapy (No specific reference)	1. No treatment 2. Nurse support	Rosser, R., Denford, J., Heslop, A., Kinston, W., Macklin, D., & Minty, K., et al. (1983). Breathlessness and psychiatric morbidity in chronic bronchitis and emphysema: a study of psychotherapeutic management. <i>Psychol Med</i> , 13, 93-110. http://www.ncbi.nlm.nih.gov/pubmed/68444_71
261	Rosso, et al.	2012	88	Depression	Adult	Brief Dynamic Psychotherapy (BDP; Malan, 1976)	Brief Supportive Psychotherapy (BSP; Novalis et al., 1993)	Rosso, G., Martini, B., & Maina, G. (2012). Brief dynamic therapy and depression severity: A single-blind, randomized study. <i>Journal of affective disorders</i> , 1–6. http://www.ncbi.nlm.nih.gov/pubmed/23174_499
262	Rossouw & Fonagy	2012	80	Self-harm	Adolescent	Mentalization-Based Treatment for adolescents (MBT-A; Rossouw, unpublished)	TAU	Rossouw, T. I., & Fonagy, P. (2012). Mentalization-based treatment for self-harm in adolescents: a randomized controlled trial. <i>Journal of the American Academy of Child and Adolescent Psychiatry</i> , 51(12), 1304–1313. http://www.ncbi.nlm.nih.gov/pubmed/23200_287
263	Rostami Ravari, et al.	2024	16	Functional gastrointestinal disorder	Adult	Intensive Short-Term Dynamic Psychotherapy (ISTDP; Abbass, 2015)	No treatment	Rostami Ravari, M., Vaziri, S., Sarafraz, M., Branch, R., Branch, R., Capacity, P., Disorders, F. G., Sarafraz, M., Capacity, P., Severity, A., & Disorders, F. G. (2024). The Impact of Intensive Short-Term Dynamic Psychotherapy (ISTDP) on Psychological Capacity, Anxiety Severity, and Functional Gastrointestinal Disorders in Psychosomatic Patients with Gastrointestinal Symptoms. <i>International Journal of Education and Cognitive Sciences</i> , 5(2), 101–111.
264	Rousseau, et al.	2009	105	Preschoolers with immigrant traumatic background	Child	Sandplay Therapy (Kalff, 1973; see also review by Roesler, 2019)	No treatment	Rousseau, C., Benoit, M., Lacroix, L., & Gauthier, M. F. (2009). Evaluation of a sandplay program for preschoolers in a multiethnic neighborhood. <i>Journal of Child Psychology and Psychiatry and Allied Disciplines</i> , 50(6), 743–750. https://doi.org/10.1111/j.1469-7610.2008.02003.x

265	Sadler, et al.	2013	105	First time young mothers at high risk	Adult/adolescent	Minding the Baby (Slade et al., 2010)	TAU	Sadler, L. S., Slade, A., Close, N., Webb, D. L., Simpson, T., Fennie, K., & Mayes, L. C. (2013). Minding the baby: Enhancing reflectiveness to improve early health and relationship outcomes in an interdisciplinary home-visiting program. <i>Infant Mental Health Journal</i> , 34(5), 391–405. https://doi.org/10.1002/imhj.21406
266	Salehian	2022	16	Histrionic Personality Disorder	Adult	Intensive Short-Term Dynamic Psychotherapy (ISTDP; Davanloo, 1990; Abbass, 2015)	No treatment	Salehian, N. (2022). The effect of intensive short-term dynamic psychotherapy (ISTDP) on reducing psychological symptoms in patients with histrionic personality (HPD). <i>JNPI</i> , 13(17), 1–30. Retrieved from http://jnpi.ir/article-1-806-en.html
267	Salminen, et al.	2008	51	Depression	Adult	Short-Term Dynamic Psychotherapy (STDP; Malan, 1976; Mann, 1973)	Fluoxetine	Salminen, J. K., Karlsson, H., Hietala, J., Kajander, J., Aalto, S., & Markkula, J., et al. (2008). Short-term psychodynamic psychotherapy and fluoxetine in major depressive disorder: a randomized comparative study. <i>Psychother Psychosom</i> , 77, 351-357. http://www.ncbi.nlm.nih.gov/pubmed/18701_831
268	Salomonsson & Sandell	2011	80	Mothers who worry about child	Adults	Mother–Infant Psychoanalytic treatment (MIP; Norman, 2001; 2004)	Child Health Center Care (TAU)	Salomonsson, B., & Sandell, R. (2011). A randomized controlled trial of mother–infant psychoanalytic treatment: I. Outcomes on self-report questionnaires and external ratings. <i>Infant Mental Health Journal</i> , 32(2), 207–231. http://onlinelibrary.wiley.com/doi/10.1002/imhj.20291/full
269	Salzer, et al.	2013	66	Mixed sample of adolescents Adolescents with Borderline personality disorder (subsample in secondary study)	Adolescent	Psychoanalytic-Interactional Method (PIM; Streeck & Leichsenring, 2009; Leichsenring et al., 2010)	Waitlist/TAU	Salzer, S., Cropp, C., Jaeger, U., Masuhr, O., & Streeck-Fischer, a. (2013). Psychodynamic therapy for adolescents suffering from co-morbid disorders of conduct and emotions in an in-patient setting: a randomized controlled trial. <i>Psychological medicine</i> , 1–10. http://www.ncbi.nlm.nih.gov/pubmed/24229_481

270	Salzer, et al.	2016	107	Social phobia (SAD; adolescents)	Adolescent	Supportive-Expressive Psychotherapy (SEP; Luborsky, 1984; modified for social phobia in adolescents by Horn et al, 2010)	1. CBT (Clark et al, 1995) 2. Waitlist	Salzer, S., Stefani, A., Kronmüller, K.-T., Leibing, E., Leichsenring, F., Henningsen, P., Peseschkian, H., Reich, G., Rosner, R., Ruhl, U., Schopf, Y., Steinert, C., Vonderlin, E., & Steil, R. (2018). Cognitive-behavioral and psychodynamic therapy in adolescents with social anxiety disorder: A multicenter randomized controlled trial. <i>Psychotherapy and Psychosomatics</i> , 1–11. http://doi.org/10.1159/000488990
271	Sanchez, et al.	1980	32	Depression	Adult	“Traditional” Group Therapy (No specific reference)	Assertion training	Sanchez, V. C., Lewinsohn, P. M., & Larson, D. W. (1980). Assertion training: effectiveness in the treatment of depression. <i>J Clin Psychol</i> , 36, 526-529. http://www.ncbi.nlm.nih.gov/pubmed/73728_26
272	Sandahl, et al.	1998	49	Alcohol dependence	Adult	Time-limited group psychotherapy (Foulkes, 1964)	Cognitive-behavioural group therapy (Annis, 1986; Marlatt & Gordon, 1985; Sandahl and Ronnberg, 1990)	Sandahl, C., Herlitz, K., Ahlin, G., & Rönnerberg, S. (1998). Time-limited group psychotherapy for moderately alcohol dependent patients: A randomized controlled clinical trial. <i>Psychotherapy Research</i> , 8, 361-378. http://www.tandfonline.com/doi/abs/10.1080/10503309812331332467
273	Sandahl, et al.	2011	120	Depression (work-related)	Adult	Focused Psychodynamic Group Therapy (FGT; Sandahl & Lindgren, 2003)	1. Cognitive Group Therapy (no specific reference) 2. Comparison condition	Sandahl, C., Lundberg, U., Lindgren, A., Rylander, G., Herlofson, J., Nygren, A., & Asberg, M. (2011). Two forms of group therapy and individual treatment of work-related depression: a one-year follow-up study. <i>International journal of group psychotherapy</i> , 61 (4), 539–55. http://www.ncbi.nlm.nih.gov/pubmed/21985_258
274	Sattel, et al.	2011	211	Multisomatiform disorder	Adult	Psychodynamic-Interpersonal Therapy (PIT; Guthrie, 2011; Henningsen, 2011)	Enhanced medical care	Sattel, H., Lahmann, C., Gündel, H., Guthrie, E., Kruse, J., Noll-Hussong, M., Ohmann, C., Ronel, J., Sack, M., Sauer, N., Schneider, G., & Henningsen, P. (2011). Brief psychodynamic interpersonal psychotherapy for patients with multisomatiform disorder: randomised controlled trial. <i>The British Journal of Psychiatry : The Journal of Mental Science</i> , 60– 67. http://www.ncbi.nlm.nih.gov/pubmed/22075_651

275	Saunders	1996	218	Violent men	Adult	Process-Psychodynamic Group Therapy (PPT; Browne, Saunders, & Staecker, in press)	Feminist-group CBT (FCBT; Browne, Saunders, & Staecker, in press)	Saunders, D. G. (1996). Feminist-cognitive- behavioral and process-psychodynamic treatments for men who batter: interaction of abuser traits and treatment models. <i>Violence Vict</i> , 11, 393-414. http://www.ncbi.nlm.nih.gov/pubmed/92102_79
276	Sealy & Glovinsky	2016	40	Parent with child with neurodevelopmental disability	Adult	individual-difference, relationship-based/floortime (DIR/FT; Greenspan & Wieder, 1998)	Psychoeducation	Sealy, J., & Glovinsky, I. P. (2016). Strengthening the reflective functioning capacities of parents who have a child with a neurodevelopmental disability through a brief, relationship-focused intervention. <i>Infant Mental Health Journal</i> , 37(2), 115–124. https://doi.org/10.1002/imhj.21557
277	Scanavino, et al.	2023	135	Sexual compulsion in men	Adult	Short-term psychodynamic group therapy (STPDG) + relaps prevention (RP)	1. Medication 2. Medication + STDGP + RP	Scanavino, M. D. T., Guirado, A. G., Marques, J. M., Amaral, M. L. S. do, Messina, B., Reis, S. C. dos, ... Parsons, J. T. (2023). Treatment effects and adherence of sexually compulsive men in a randomized controlled trial of psychotherapy and medication. <i>Journal of Behavioral Addictions</i> . https://doi.org/10.1556/2006.2023.00004
278	Schaefer, et al.	2013	304	Medically Unexplained Symptoms (MUS)	Adult	GP management + Group Interpersonal Psychodynamic Therapy (Stuart & Noyes, 2006)	GP management alone	Schaefer, R., Kaufmann, C., Wild, B., Schellberg, D., Boelter, R., Faber, R., Szecsenyi, J., Sauer, N., Guthrie, E., & Herzog, W. (2013). Specific collaborative group intervention for patients with medically unexplained symptoms in general practice: A cluster randomized controlled trial. <i>Psychotherapy and Psychosomatics</i> , 82(2), 106–119. http://doi.org/10.1159/000343652
279	Scheidt, et al.	2012	46	Fibromyalgia + depression	Adult	Psychodynamic-Interpersonal Therapy (PIT; Hobson, 1985; Goldberg et al., 1984; Guthrie, 2013)	TAU	Scheidt, C. E., Waller, E., Endorf, K., Schmidt, S., König, R., Zeeck, A., Joos, A., & Lacour, M. (2012). Is brief psychodynamic psychotherapy in primary fibromyalgia syndrome with concurrent depression an effective treatment? A randomized controlled trial. <i>General Hospital Psychiatry</i> , 160-167. https://www.ncbi.nlm.nih.gov/pubmed/23218844

280	Schnyder, et al.	2011	30	PTSD	Adult	Brief Eclectic Psychotherapy (BEP; Gersons et al, 2004; Manual includes both CBT and PDT components)	Minimal attention control	Schnyder, U., Müller, J., Maercker, A., & Wittmann, L. (2011). Brief Eclectic Psychotherapy for PTSD: A Randomized Controlled Trial. <i>The Journal of Clinical Psychiatry</i> , 72(4): 564– 566. http://europepmc.org/abstract/MED/21527127?europaPMC_extredirect=https://doi.org/10.4088/JCP.10I06247blu
281	Shafiei, et al.	2024	30	IBS	Adult	Intensive Short-Term Dynamic Psychotherapy (ISTDP; Frederickson, 2013)	Waitlist	Shafiei, F., Dehghani, M., Lavasani, F. F., Manouchehri, M., & Mokhtare, M. (2024). Intensive short-term dynamic psychotherapy for irritable bowel syndrome: a randomized controlled trial examining improvements in emotion regulation, defense mechanisms, quality of life, and IBS symptoms. <i>Frontiers in Psychology</i> , 15(March), 1–12. https://doi.org/10.3389/fpsyg.2024.1293150
282	Shaffer, et al.	1997	61	Opiate addiction	Adult	Dynamic group psychotherapy (no reference)	Hatha yoga therapy	Shaffer, H. J., LaSalvia, T. A., & Stein, J. P. (1997). Comparing Hatha yoga with dynamic group psychotherapy for enhancing methadone maintenance treatment: a randomized clinical trial. <i>Altern Ther Health Med</i> , 3, 57-66. http://www.ncbi.nlm.nih.gov/pubmed/9210777
283	Shahverdi, et al.	2024	30	Tension Type Headache	Adult	Intensive Short-Term Dynamic Psychotherapy (ISTDP; Frederickson, 2013)	Waitlist	Shahverdi, Z. A., Dehghani, M., Ashouri, A., Manouchehri, M., & Mohebi, N. (2024). Effectiveness of intensive short-term dynamic psychotherapy for Tension-Type Headache (TTH): A randomized controlled trial of effects on emotion regulation, anger, anxiety, and TTH symptom severity. <i>Acta Psychologica</i> , 244(January), 104176. https://doi.org/10.1016/j.actpsy.2024.104176
284	Shams, et al.	2022	45	Women who had experienced marital infidelity	Adult	1. Intensive Short-Term Dynamic Psychotherapy (ISTDP; Abbass, 2015). 2. Mentalization-Based Treatment (Bateman & Fonagy, 1999)	Waitlist control	Shams, S., Ghelichkhan, N., Yousefi, N., & Alijani, S. (2022). Comparison of the Effectiveness of Short-term Intensive Dynamic Psychotherapy and Metallization-based Therapy on Emotional Dysregulation , Defense Mechanisms and Insecure Attachment Styles in Women Who Have Experienced the Trauma of Marital Infidelity. <i>Iranian Journal of Psychiatric Nursing</i> , 10(1). https://doi.org/10.22034/IJPN.10.1.106

285	Shayesteh, et al.	2022	60	Chronic pain	Adult	Short-Term Dynamic Psychotherapy (unclear reference)	1. Hypnotherapy. 2. Control	Shayesteh, H., Narimani, M., & Fathi, M. (2022). Comparing the effectiveness of short-term dynamic psychotherapy and hypnotherapy on the quality of life of patients with chronic pain disorder. <i>Journal of Anesthesiology and Pain (Persian)</i> , 13 (3), 126–141.
286	Shapiro & Firth	1987	48	Depression and anxiety	Adult	Exploratory therapy (no specific reference)	Prescriptive therapy (no specific reference)	Shapiro, D., & Firth, J. (1987). Prescriptive v. Exploratory Psychotherapy Outcomes of the Sheffield Psychotherapy Project. <i>The British Journal of Psychiatry</i> , 151, 790-799 http://bjp.publicaciones.saludcastillayleon.es/content/151/6/790.short
287	Shapiro, et al.	1994	117	Depression	Adult	Psychodynamic-Interpersonal Therapy (PIT; Hobson, 1985; Goldberg et al., 1984)	Cognitive Therapy (CT; Beck, Rush, Shaw, and Emery, 1979)	Shapiro, D. A., Barkham, M., Rees, A., Hardy, G. E., Reynolds, S., & Startup, M., et al. (1994). Effects of treatment duration and severity of depression on the effectiveness of cognitive-behavioral and psychodynamic-interpersonal psychotherapy. <i>J Consult Clin Psychol</i> , 62, 522-534. http://www.ncbi.nlm.nih.gov/pubmed/8063978
288	Shaw, et al.	2001	54	Mixed sample	Adult	Psychodynamic-Interpersonal Therapy (PIT; Hobson, 1985)	Waitlist	Shaw, C. M., Margison, F. R., Guthrie, E. A., & Tomenson, B. (2001). Psychodynamic interpersonal therapy by inexperienced therapists in a naturalistic setting: A pilot study. <i>European Journal of Psychotherapy, Counselling, and Health</i> , 4, 87–101. http://www.tandfonline.com/doi/abs/10.1080/13642530110040091
289	Shefler, et al.	1995	33	Mixed sample	Adult	Time-Limited Psychotherapy (TLP; Mann, 1973)	Waitlist	Shefler, G., Dasberg, H., & Ben-Shakhar, G. (1995). A randomized controlled outcome and follow-up study of Mann's time-limited psychotherapy. <i>J Consult Clin Psychol</i> , 63, 585- 593. http://psycnet.apa.org/journals/ccp/63/4/585/

290	Siefert, et al.	2023	114	Mixed sample	Child/adolescent	Individual LTPP	1. Group LTPP 2. Combination individual and group LTPP	Siefert, L., van Lent, L., & von Seggern, T. (2023). Vergleichsstudie zur Wirksamkeit verschiedener Settings bei psychoanalytisch begründeten Langzeitbehandlungen von Kindern und Jugendlichen. <i>Praxis Der Kinderpsychologie Und Kinderpsychiatrie</i> , 72 (1), 50–75. https://doi.org/10.13109/prkk.2023.72.1.50
291	Simpson, et al.	2003	145	Depression (chronic)	Adult	Psychodynamic counselling (Burton, 1998)	General practice	Simpson, S., Corney, R., Fitzgerald, P., & Beecham, J. (2003). A randomized controlled trial to evaluate the effectiveness and costeffectiveness of psychodynamic counselling for general practice patients with chronic depression. <i>Psychol Med</i> , 33, 229-239. http://www.ncbi.nlm.nih.gov/pubmed/12622
292	Sjodin, et al.	1986	103	Peptic ulcer disease	Adult	Short-Term Dynamic Therapy (STDP; Malan, 1976)	Medication	Sjodin, I., Svedlund, J., Ottosson, J. O., & Dotevall, G. (1986). Controlled study of psychotherapy in chronic peptic ulcer disease. <i>Psychosomatics</i> , 27, 187-91, 195. http://www.psychosomaticsjournal.com/article/S0033-3182(86)72711-4/abstract
293	Slade, et al.	2020	164	First time young mothers at high risk	Adult/adolescent	Minding the Baby (Slade et al., 2010)	TAU	Slade, A., Holland, M. L., Ordway, M. R., Carlson, E. A., Jeon, S., Close, N., ... Sadler, L. S. (2020). Minding the Baby ®: Enhancing parental reflective functioning and infant attachment in an attachment-based, interdisciplinary home visiting program. <i>Development and Psychopathology</i> , 32 (1), 123–137. https://doi.org/10.1017/S0954579418001463
294	Sleed, et al.	2013	88	High risk mothers (and their babies) in prison	Adult/child	Attachment-based intervention (Baradon, 2006)	Standard health and social care	Sleed, M., Baradon, T., & Fonagy, P. (2013). New Beginnings for mothers and babies in prison: A cluster randomized controlled trial. <i>Attachment & Human Development</i> , 15 (4), 349–67. http://www.ncbi.nlm.nih.gov/pubmed/23550526

295	Sloane, et al.	1975	94	Anxiety or personality disorder	Adult	Short-Term Analytically Oriented Psychotherapy (no specific reference)	1. Waitlist 2. Behavior Therapy (no specific reference)	Sloane, R. B., Staples, F. R., Cristol, A. H., Yorkston, N. J., & Whipple, K. (1975). Short-term analytically oriented psychotherapy versus behavior therapy. <i>American Journal of Psychiatry</i> , 132, 373-377. http://www.ncbi.nlm.nih.gov/pubmed/1119588
296	Smits, et al.	2019	114	Borderline personality disorder	Adult	Day Hospital Mentalization-Based Treatment (DH-MBT; Bateman & Fonagy, 2004)	Intensive outpatient MBT	Smits, M. L., Feenstra, D. J., Eeren, H. V., Bales, D. L., Laurensen, E. M. P., Blankers, M., ... Luyten, P. (2019). Day hospital versus intensive out-patient mentalisation-based treatment for borderline personality disorder: multicentre randomised clinical trial. <i>The British Journal of Psychiatry</i> , 1-6. https://doi.org/10.1192/bjp.2019.9
297	Smyrniotis & Kirkby	1993	30	Mixed problems	Child	Time-limited brief psychotherapy (Smyrniotis, Kirkby, Smyrniotis, & Picone, 1987)	Time-unlimited psychotherapy (Klein, 1975; Segal, 1978)	Smyrniotis, K. X., & Kirkby, R. J. (1993). Long-term comparison of brief versus unlimited psychodynamic treatments with children and their parents. <i>J Consult Clin Psychol</i> , 61, 1020-1027. http://www.ncbi.nlm.nih.gov/pubmed/8113479
298	Snyder, et al.	1991	59	Couples with relational problems	Adult	Insight-Oriented Marital Therapy (IOMT; no specific reference)	Behavioral Marital Therapy (BMT; no specific reference)	Snyder, D. K., Wills, R. M., & Grady-Fletcher, a. (1991). Long-term effectiveness of behavioral versus insight-oriented marital therapy: a 4-year follow-up study. <i>Journal of Consulting and Clinical Psychology</i> , 59(1), 138-41. http://www.ncbi.nlm.nih.gov/pubmed/2002129
299	Soheil & Joharifard	2023	30	Irritable bowel syndrome	Adult	Intensive Short-Term Dynamic Psychotherapy (ISTDP; Davanloo, 1990; Abbass, 2015)	No treatment	Soheil, J., & Joharifard, R. (2023). The Effectiveness of Intensive Short-Term Dynamic Psychotherapy on the Alexithymia, Defense Styles, and Ego Strength in Patients with Irritable Bowel Syndrome: A Quasi-Experimental Study. <i>Journal of Rafsanjan University of Medical Science (Farsi)</i> , 22(3), 243-258.

300	Soler, et al.	2009	60	Borderline personality disorder	Adult	Standard Group Therapy (No manual, described as psychodynamically oriented and used two psychodynamically trained therapists)	Dialectical Behavior Therapy Skills-training group (DBT-ST; Linehan, 1993)	Soler, J., Pascual, J. C., Tiana, T., Cebrià, A., Barrachina, J., Campins, M. J., ... Pérez, V. (2009). Dialectical behaviour therapy skills training compared to standard group therapy in borderline personality disorder: A 3-month randomised controlled clinical trial. <i>Behaviour Research and Therapy</i> , 47(5), 353–358. https://doi.org/10.1016/j.brat.2009.01.013
301	Spiess, et al.	1995	23	Type I diabetic patients	Adult	Group PDT program (no specific manual or reference) + treatment as usual	Treatment as usual	Spiess, K., Sachs, G., Pietschmann, P., & Prager, R. (1995). A program to reduce onset distress in unselected type I diabetic patients: Effects on psychological variables and metabolic control. <i>European Journal of Endocrinology</i> . https://www.ncbi.nlm.nih.gov/pubmed/7749498
302	Stanton, et al.	1984	164	Schizophrenia (non-chronic)	Adult	Expressive, insight-oriented psychotherapy (EIO; Stanton, in press)	Reality-adaptive, supportive therapy (RAS; May, 1968)	Stanton, A. H., Gunderson, J. G., Knapp, P. H., Frank, A. F., Vancelli, M. L., & Schnitzer, R., et al. (1984). Effects of psychotherapy in schizophrenia: I. Design and implementation of a controlled study. <i>Schizophr Bull</i> , 10, 520-563. http://www.ncbi.nlm.nih.gov/pubmed/61512_45
303	Stefini, et al.	2017	81	Bulimia	Adolescent	Focal psychodynamic therapy for bulimia (Reich et al, 1998; 2014)	CBT (Bents, 2007; 2010; Fairburn, 2008)	Stefini A, Salzer S, Reich G, Horn H, Winkelmann K, Bents H, Rutz U, Frost U, Boetticher Av, Ruhl U, Specht N, Kronmüller K-T. (2017). Cognitive-Behavioral and Psychodynamic Therapy in Female Adolescents With Bulimia Nervosa: A Randomized Controlled Trial. <i>Journal of the American Academy of Child & Adolescent Psychiatry</i> , 56(4), 329-335. http://doi.org/10.1016/j.jaac.2017.01.019
304	Steinert, et al.	2016	86	PTSD	Adult	Resource-Oriented Trauma Therapy (ROTATE; Wöller & Mattheß, 2016)	Waitlist	Steinert, C., Bumke, P. J., Hollekamp, R. L., Larisch, A., Leichsenring, F., Mattheß, H., ... Kruse, J. (2016). Resource activation for treating post-traumatic stress disorder, comorbid symptoms and impaired functioning: a randomized controlled trial in Cambodia. <i>Psychological Medicine</i> , 1–12. http://doi.org/10.1017/S0033291716002592

305	Steinmair, et al.	2021	20	Borderline personality disorder	Adult	Psychoanalysis (PSA; Kleinian but non-manualized)	Long-term psychodynamic psychotherapy (PDT; references to manual by Clarkin, Yeomans, Kernberg, 2007)	Steinmair, D., Wong, G., Frantal, S., Rohm, C., & Löffler-Stastka, H. (2021). Affect regulation in psychoanalytic treatments of patients with a borderline personality disorder—psychoanalysis and psychodynamic psychotherapy—a comparison. <i>World Journal of Psychiatry</i> , 11 (12), 1328–1345. https://doi.org/10.5498/wjp.v11.i12.1328
306	Suchman, et al.	2011	47	Mothers with alcohol and drug addiction	Adult	The Mothers and Toddlers Program (MTP)	Parent Education (PE)	Suchman, N. E., Decoste, C. L., Castiglioni, N., McMahon, T. J., Rounsaville, B. J., & Mayes, L. (2011). The Mothers and Toddlers Program, an attachment-based parenting intervention for substance using women: Post-treatment results from a randomized clinical pilot. <i>Attachment & Human Development</i> , 12 (5), 483–504. http://doi.org/10.1080/14616734.2010.501983
307	Suchman, et al.	2017	87	Mothers with histories of alcohol and drug addiction	Adult	Mothering from the Inside Out (MIO; Suchman & Bers, 2015)	Parent Education (PE)	Suchman, N. E., Decoste, C. L., McMahon, T. J., Dalton, R., Mayes, L. C., & Borelli, J. (2017). Mothering from the Inside Out: Results of a second randomized clinical trial testing a mentalization-based intervention for mothers in addiction treatment. <i>Development and Psychopathology</i> , 29 (2), 617–636. http://doi.org/10.1017/S0954579417000220
308	Svartberg, et al.	1998	20	Mixed sample	Adult	Short-Term Anxiety-Provoking Psychotherapy (STAPP; utvecklares specifikt för studien)	Non-directive Psychotherapy (NDP; utvecklades specifikt för studien)	Svartberg, M., Seltzer, M. H., & Stiles, T. C. (1998). The effects of common and specific factors in short-term anxiety-provoking psychotherapy: a pilot process-outcome study. <i>J Nerv Ment Dis</i> , 186, 691-696. https://www.ncbi.nlm.nih.gov/pubmed/9824171
309	Svartberg, et al.	2004	50	Personality disorder (Cluster C)	Adult	Short-Term Dynamic Psychotherapy (STDP; McCullough Vaillant, 1997)	Cognitive Therapy (CT; Beck & Freeman, 1990)	Svartberg, M., Stiles, T. C., & Seltzer, M. H. (2004). Randomized, controlled trial of the effectiveness of short-term dynamic psychotherapy and cognitive therapy for cluster C personality disorders. <i>Am J Psychiatry</i> , 161, 810-817. http://www.ncbi.nlm.nih.gov/pubmed/15121

310	Svedlund, et al.	1983	101	IBS	Adult	Brief Dynamic Psychotherapy (BDP; Malan, 1979)	Treatment as usual (TAU) (medical)	Svedlund, J., Sjödin, I., Ottosson, J. O., & Dotevall, G. (1983). Controlled study of psychotherapy in irritable bowel syndrome. <i>Lancet</i> , 2, 589-592. https://www.ncbi.nlm.nih.gov/pubmed/6136745
311	Svensson, et al.	2020	221	Panic disorder	Adult	Panic-Focused Psychodynamic Psychotherapy (PFPP; Milrod et al, 2001)	1. Panic Control Treatment (PCT; Barlow, 1994) 1. Waitlist	Svensson, M., Nilsson, T., Perrin, S., Johansson, H., Viborg, G., Falkenström, F., & Sandell, R. (2020). The Effect of Patient's Choice of Cognitive Behavioural or Psychodynamic Therapy on Outcomes for Panic Disorder: A Doubly Randomised Controlled Preference Trial. <i>Psychotherapy and Psychosomatics</i> , (September 2020), 1–12. https://doi.org/10.1159/000511469
312	Szapocznik, et al.	1989	69	Behavioral problems among boys	Child	Individual psychodynamic child therapy (IPCT) (Adams, 1974; Cooper & Wanerman, 1977)	1. Structural Family Therapy (SFT; Minuchin & Fishman, 1981; Minuchin, Montalvo, Guernsey, Rosman, & Schuman, 1967) 2. Recreational	Szapocznik, J., Rio, A., Murray, E., Cohen, R., Scopetta, M., & Rivas-Vazquez, A., et al. (1989). Structural family versus psychodynamic child therapy for problematic Hispanic boys. <i>J.Consult.Clin.Psychol.</i> , 57, 571-578. http://www.ncbi.nlm.nih.gov/pubmed/2794177
313	Sørensen, et al.	2010	80	Hypochondriasis	Adult	Short-Term Psychodynamic Psychotherapy (No specific reference)	1. Cognitive-behavioural Therapy (CBT; Salkovskis, 1989; Warwick, 1989; Salkovskis et al. 2003) 2. Waitlist	Sørensen, P., Birket-Smith, M., Wattar, U., Buemann, I., & Salkovskis, P. (2010). A randomized clinical trial of cognitive behavioural therapy versus short-term psychodynamic psychotherapy versus no intervention for patients with hypochondriasis. <i>Psychol Med</i> , 1-11. http://www.ncbi.nlm.nih.gov/pubmed/20380779
314	Taghavi, et al.	2020	40	Generalized anxiety disorder (GAD)	Adult	Intensive Short-Term Dynamic Psychotherapy (ISTDP)	No treatment	Taghavi, F., Mirzaie, P., Azandariani, M., & Rezaei Shojaei, S. (2020). The Effectiveness of Short-Term Dynamic Psychotherapy on Anxiety, Depression and Happiness in Women with Generalized Anxiety. <i>Medical Journal of MMashhad University of Medical Sciences</i> , 82, 456–466.

315	Tasca, et al.	2006	135	Binge eating disorder	Adult	Group psychodynamic interpersonal psychotherapy (Tasca et al., 2002; Strupp & Binder, 1984; Malan 1979)	1. Group cognitive-behavior therapy (GCBT; Wilfley et al., 1996) 2. Waitlist	Tasca, G., Ritchie, K., Conrad, G., Balfour, L., Gayton, J., & Lybanon, V., et al. (2006). Attachment scales predict outcome in a randomized controlled trial of two group therapies for binge eating disorder: An aptitude by treatment interaction. <i>Psychotherapy Research</i> , 16, 106-121. http://www.tandfonline.com/doi/abs/10.1080/10503300500090928
316	Tasca, et al.	2018	85	Binge eating disorder	Adult	Group psychodynamic interpersonal psychotherapy (Tasca et al., 2002; Strupp & Binder, 1984; Malan 1979)	No treatment control	Tasca, G. A., Koszycki, D., Brugnera, A., Chyurlia, L., Hammond, N., Francis, K., ... Balfour, L. (2018). Testing a stepped care model for binge-eating disorder: a two-step randomized controlled trial. <i>Psychological Medicine</i> . https://www.ncbi.nlm.nih.gov/pubmed/29792242
317	Thakur, et al.	2017	106	Irritable bowel syndrome	Adult	Emotional Awareness and Expression Therapy (Integrative method with psychodynamic components, see Lumley & Schubiner, 2019)	1. Relaxation training 2. Waitlist	Thakur, E. R., Holmes, H. J., Lockhart, N. A., Carty, J. N., Ziadni, M. S., Doherty, H. K., ... Lumley, M. A. (2017). Emotional awareness and expression training improves irritable bowel syndrome: A randomized controlled trial. <i>Neurogastroenterology and Motility</i> , 29(12), 1–10. https://doi.org/10.1111/nmo.13143
318	Thompson, et al.	1987	91	Depression	Older adult	Brief psychodynamic therapy (Horowitz & Kaltreider, 1979)	1. Cognitive Therapy (CT; Beck, Rush, Shaw, & Emery, 1979) 2. Behavioral Therapy (BT; Gallagher & Thompson, 1981; Lewinsohn, 1974) 3. Deleyed-treatment	Thompson, L. W., Gallagher, D., & Breckenridge, J. S. (1987). Comparative effectiveness of psychotherapies for depressed elders. <i>J Consult Clin Psychol</i> , 55, 385-390. https://www.researchgate.net/publication/19563884_Comparative_Effectiveness_of_Psychotherapies_for_Depressed_Elders
319	Thyme, et al.	2007	39	Depression	Adult	Short-Term Psychodynamic Verbal Therapy (Mann, 1973)	Psychodynamic art psychotherapy (no reference)	Thyme, K. E., Sundin, E. C., Stahlberg, G., Lindstrom, B., Eklof, H., & Wiberg, B., et al. (2007). The outcome of short-term psychodynamic art therapy compared to short-term psychodynamic verbal therapy for depressed women. <i>Psychoanalytic Psychotherapy</i> , 21, 250-264. http://www.tandfonline.com/doi/abs/10.1080/02668730701535610

320	Tourani, et al.	2020	30	Depression and anxiety	Adolescent	Intensive Short-Term Dynamic Psychotherapy (ISTDP; Davanloo, 1978)	No treatment	Tourani, L., Sharifi Daramadi, P., & Farrokhi, N. (2020). Effects of Intensive Short-Term Dynamic Psychotherapy on Depression and Anxiety in Derelict Adolescents. <i>MEJDS (Persian)</i> , Nov (10:173).
321	Town, et al.	2017	60	Depression (treatment resistant)	Adult	Intensive Short-Term Dynamic Psychotherapy (ISTDP; Abbass, 2015)	TAU (Canadian depression guidelines)	Town, J. M., Abbass, A., Stride, C. & Bernier, D. (2017) A randomised controlled trial of Intensive Short-Term Dynamic Psychotherapy for treatment resistant depression: the Halifax Depression Study, <i>Journal of Affective Disorders</i> , in Press http://dx.doi.org/10.1016/j.jad.2017.02.035
322	Town, et al.	2024	37	Somatic Symptom Disorder	Adult	Intensive Short-Term Dynamic Psychotherapy (ISTDP; Davanloo, 1990; Abbass, 2015)	Waitlist	Town, J. M., Abbass, A., & Campbell, S. (2024). Halifax somatic symptom disorder trial: A pilot randomized controlled trial of intensive short-term dynamic psychotherapy in the emergency department. <i>Journal of Psychosomatic Research</i> , 187, 111889. https://doi.org/10.1016/j.jpsychores.2024.111889
323	Trevino, et al.	2017	23	Psychogenic Non-epileptic Seizures	Adult	Brief Psychodynamic (group) Therapy (BPT; Kalogiera-Sackellares & Sackellares, 1999)	CBT (group; Goldstein et al, 2004)	Trevino NI, D. S., Lechuga Y, A., Leon E, E., Escandon O, S., Perez G, T., Robles O, G., & Moctezuma J, V. (2017). The Effect of Therapy Psychodynamic and Cognitive Behavioral Therapy on Quality of Life in Patients with PNES. <i>Journal of Psychology & Psychotherapy</i> , 07(04). https://doi.org/10.4172/2161-0487.1000310
324	Trowell, et al.	2002	71	PTSD (sexually abused girls)	Child	Individual therapy (Unclear with no reference)	Psychopedagogical group therapy	Trowell, J., Kolvin, I., Weeramanthri, T., Sadowski, H., Berelowitz, M., & Glaser, D., et al. (2002). Psychotherapy for sexually abused girls: psychopathological outcome findings and patterns of change. <i>Br J Psychiatry</i> , 180, 234-247. http://www.ncbi.nlm.nih.gov/pubmed/11872_516

325	Trowell, et al.	2007	72	Depression	Child	Focused Individual Psychotherapy (Malan & Osmimo, 1992; Davanloo, 1978)	Systems Integrative Family Therapy (Byung- Hall, 1995; Will, 1985)	Trowell, J., Joffe, I., Campbell, J., Clemente, C., Almqvist, F., & Soininen, M., et al. (2007). Childhood depression: a place for psychotherapy. An outcome study comparing individual psychodynamic psychotherapy and family therapy. <i>Eur Child Adolesc Psychiatry</i> , 16, 157-167. http://www.ncbi.nlm.nih.gov/pubmed/17200_793
326	Ulberg, et al.	2021	69	Depression	Adolescent	Short-Term psychoanalytic psychotherapy with transference work (Catty, et al, 2017)	Short-Term psychoanalytic psychotherapy without transference work (Catty, et al, 2017)	Ulberg, R., Hummelen, B., Hersoug, A. G., Midgley, N., Høglend, P. A., & Dahl, H. J. (2021). The first experimental study of transference work–in teenagers (FEST–IT): a multicentre, observer- and patient-blind, randomised controlled component study. <i>BMC Psychiatry</i> , 21(1), 106. https://doi.org/10.1186/s12888-021-03055-y
327	Vinnars, et al.	2005	156	Personality disorder (mixed)	Adult	Supportive-Expressive Psychotherapy (SEP; Luborsky, 1984)	Non-manualized PDT	Vinnars, B., Barber, J. P., Norén, K., Gallop, R., & Weinryb, R. M. (2005). Manualized supportive-expressive psychotherapy versus nonmanualized community-delivered psychodynamic therapy for patients with personality disorders: bridging efficacy and effectiveness. <i>Am J Psychiatry</i> , 162, 1933-1940. http://www.ncbi.nlm.nih.gov/pubmed/16199_841
328	Vistintini, et al.	2020	95	Borderline personality disorder	Adult	Group Experience Therapy (Visintini, et al., 2019; 2014)	DBT (Linehan, 1993)	Visintini, R., Roder, E., Gaj, N., & Maffei, C. (2020). Group Experience Therapy for outpatients with Borderline Personality Disorder features: preliminary results on its effectiveness in a randomized trial. <i>Mediterranean Journal of Clinical Psychology</i> , 8, 1, 1-24. https://doi.org/10.6092/2282-1619/mjcp-2275
329	Vitriol, et al.	2009	87	Depression (+ childhood trauma, PTSD)	Adult	Brief psychodynamic psychotherapy (Kudler et al, 2003; Davies et al., 1994)	TAU	Vitriol, V. G., Ballesteros, S. T., Florenzano, R. U., Weil, K. P., & Benadof, D. F. (2009). Evaluation of an outpatient intervention for women with severe depression and a history of childhood trauma. <i>Psychiatr Serv</i> , 60, 936-942. https://www.ncbi.nlm.nih.gov/pubmed/19564224

330	Walton, et al.	2020	166	Borderline personality disorder	Adult	Conversational Model (Mears, 2012)	DBT (Linehan, 1993)	Walton, C. J., Bendit, N., Baker, A. L., Carter, G. L., & Lewin, T. J. (2020). A randomised trial of dialectical behaviour therapy and the conversational model for the treatment of borderline personality disorder with recent suicidal and/or non-suicidal self-injury: An effectiveness study in an Australian public mental health service. <i>Australian and New Zealand Journal of Psychiatry</i> , 00(0). https://doi.org/10.1177/0004867420931164
331	Wang, et al.	2023	211	Depression	Adult	Dynamic Interpersonal Therapy (DIT; Lemma et al., 2010, 2011) + anti-depressive medication (ADM)	1. General supportive therapy (GST) + ADM 2. ADM alone	Wang, Y., Yao, J., Koszycki, D., Jiang, W., Fang, F., Wang, M., ... Qiu, J. (2023). Efficacy of dynamic interpersonal therapy for major depressive disorder in China: results of a multicentered, three-arm, randomized, controlled trial. <i>Psychological Medicine</i> , 1–13. https://doi.org/10.1017/S0033291723000788
332	Wang, et al.	2024	120	Somatic Symptom Disorder	Adult	Integrative group therapy (CBT + PDT; Schaefer et al, 2013, Schröder et al, 2012)	1. Supportive group therapy 2. TAU	Wang, Y., Li, L., Huang, L., Ma, J., Zheng, L., Fritzsche, K., Leonhart, R., Toussaint, A.-C., Schaefer, R., & Zhang, L. (2024). Integrative group psychotherapy for patients with somatic symptom disorder: A randomized controlled trial. <i>Psychiatry Research</i> . https://doi.org/10.1016/j.psychres.2023.115660
333	Watzke, et al.	2010	291	Mixed sample	Adult	Psychodynamic brief group therapy (Heigl-Evers et al., 1997)	Cognitive-behavioural group therapy (Fiedler, 2001)	Watzke, B., Rüdell, H., Jürgensen, R., Koch, U., Kriston, L., Grothgar, B., & Schulz, H. (2010). Effectiveness of systematic treatment selection for psychodynamic and cognitive-behavioural therapy: randomised controlled trial in routine mental healthcare. <i>The British Journal of Psychiatry : The Journal of Mental Science</i> , 197(2), 96–105. http://www.ncbi.nlm.nih.gov/pubmed/20679_260
334	Weijers et al.	2020	84	Psychotic Disorders	Adult	Mentalization-Based Treatment (MBT; Bateman & Fonagy, 2004) + TAU	TAU only	Weijers, J., Ten Kate, C., Viechtbauer, W., Rampaart, L. J. A., Eurelings, E. H. M., & Seltzer, J. P. (2020). Mentalization-based treatment for psychotic disorder: a rater-blinded, multi-center, randomized controlled trial. <i>Psychological Medicine</i> , 1–10. https://doi.org/10.1017/S0033291720001506

335	Wiborg & Dahl	1996	40	Panic disorder	Adult	Brief Dynamic Psychotherapy (BDP; Davanloo, 1978; Malan 1976; 1979; Strupp & Binder, 1984) + Clomipramin	Clomipramin alone	Wiborg, I. M., & Dahl, A. A. (1996). Does brief dynamic psychotherapy reduce the relapse rate of panic disorder? <i>Arch Gen Psychiatry</i> , 53, 689-694. https://www.ncbi.nlm.nih.gov/pubmed/8694682
336	Wiltink, et al.	2017	109	Social Phobia	Adult	Manualized Short-Term Psychodynamic Psychotherapy (based on Supportive-Expressive Psychotherapy; Luborsky, 1984)	Non-manualized Short-Term Psychodynamic Psychotherapy (tauSTPP; no manual)	Wiltink, J., Ruckes, C., Hoyer, J., Leichsenring, F., Joraschky, P., Leweke, F., ... Beutel, M. E. (2017). Transfer of manualized Short Term Psychodynamic Psychotherapy (STPP) for social anxiety disorder into clinical practice: results from a cluster-randomised controlled trial. <i>BMC Psychiatry</i> , 17(1), 92. http://doi.org/10.1186/s12888-017-1257-7
337	Winston, et al.	1994	81	Personality disorders (mixed)	Adult	Short-Term Dynamic Therapy (STDP; Davanloo, 1980; Also reference to Mann, Malan, and Sifneos)	1. Brief Adaptive Psychotherapy (BAP; Pollack et al., 1991) 2. Waitlist	Winston, A., Pollack, J., McCullough, L., Flegenheimer, W., Kestenbaum, R., & Trujillo, M., et al. (1991). Brief psychotherapy of personality disorders. <i>J Nerv Ment Dis</i> , 179, 188-193. http://psycnet.apa.org/psycinfo/1991-25198-001
338	Woody, et al.	1983	110	Opiate dependence	Adult	Supportive-Expressive Psychotherapy (SEP; Luborsky, 1977; unpublished manual) + Drug counselling	1. Cognitive-Behavior Therapy (CBT; Beck, unpublished) + drug counselling 2. Drug Counseling alone (DC; Stockdale & Hargrove, unpublished material, 1977)	Woody, G. E., Luborsky, L., McLellan, A. T., O'Brien, C. P., Beck, A. T., & Blaine, J., et al. (1983). Psychotherapy for opiate addicts. Does it help? <i>Arch Gen Psychiatry</i> , 40, 639-645. http://www.ncbi.nlm.nih.gov/pubmed/6847332
339	Woody, et al.	1995	84	Opiate dependence	Adult	Supportive-Expressive Psychotherapy (SEP; Luborsky, 1984)	Drug counseling	Woody, G. E., McLellan, A. T., Luborsky, L., & O'Brien, C. P. (1995). Psychotherapy in community methadone programs: A validation study. <i>American Journal of Psychiatry</i> , 152, 1302-1308. https://www.ncbi.nlm.nih.gov/pubmed/7653685

340	Yarns, et al.	2020	53	Chronic pain	Older adult	Emotional Awareness and Expression Therapy (Integrative method with psychodynamic components, see Lumley & Schubiner, 2019)	CBT for chronic pain (Murphy, et al., 2014)	Yarns, B. C., Lumley, M. A., Cassidy, J. T., Steers, W. N., Osato, S., Schubiner, H., & Sultzer, D. L. (2020). Emotional Awareness and Expression Therapy Achieves Greater Pain Reduction than Cognitive Behavioral Therapy in Older Adults with Chronic Musculoskeletal Pain: A Preliminary Randomized Comparison Trial. <i>Pain Medicine</i> , 0(0), 1–13. https://doi.org/10.1093/pm/pnaa145
341	Yarns, et al.	2024	126	Chronic pain (in older war veterans)	Older adult	Emotional Awareness and Expression Therapy (Integrative method with psychodynamic components, see Lumley & Schubiner, 2019)	CBT for chronic pain (Murphy, et al., 2014)	Yarns, B. C., Jackson, N. J., Alas, A., Melrose, R. J., Lumley, M. A., & Sultzer, D. L. (2024). Emotional Awareness and Expression Therapy vs Cognitive Behavioral Therapy for Chronic Pain in Older Veterans. <i>JAMA Network Open</i> , 7(6), e2415842. https://doi.org/10.1001/jamanetworkopen.2024.15842
342	Zajenkowska, et al.	2019	50	Depression	Adult	Group PDT (no specific manual or reference)	Group CBT (no reference)	Zajenkowska, A., Rajchert, J., Macianowicz, O., Holas, P., & Murawic, S. (2019). Cognitive-Behavioral (CBT) and Psychodynamic (PDT) Group Psychotherapy and Their Impact on Depressive Symptoms and Hostile Attributions. <i>International Journal of Group Psychotherapy</i> , 0(00), 1–25. https://doi.org/10.1080/00207284.2019.1653189
343	Zhang, et al.	2020	63	Erectile dysfunction	Adults	Brief Dynamic Psychotherapy (BDP; no specific reference) + Viagra medication	Viagra only	Zhang, Z., Gao, X., Zhou, Y., Yu, C., Pimolsettapun, J., Yang, L., & Zhao, Y. (2020). Study on the combination of brief psychodynamic psychotherapy with Viagra in the treatment of non-organic ED. <i>General Psychiatry</i> , 33(5), e100184. https://doi.org/10.1136/gpsych-2019-100184
344	Ziadini, et al.	2018	75	Medically Unexplained Symptoms (MUS)	Adult	Emotional Awareness and Expression Therapy (Integrative method with psychodynamic components, see Lumley & Schubiner, 2019)	TAU	Ziadni, M. S., Carty, J. N., Doherty, H. K., Porcerelli, J. H., Rapport, L. J., Schubiner, H., & Lumley, M. A. (2018). A life-stress, emotional awareness, and expression interview for primary care patients with medically unexplained symptoms: A randomized controlled trial. <i>Health Psychology</i> , 37(3), 282–290. https://doi.org/10.1037/hea0000566

345	Ziapour, et al.	2023	60	Depression	Adult	Intensive Short-Term Dynamic Psychotherapy (ISTDP; Davanloo, 1990; Abbass, 2015)	No treatment	Ziapour, A., Hajiazizi, A., Ahmadi, M., & Dehghan, F. (2023). Effect of short-term dynamic psychotherapy on sexual function and marital satisfaction in women with depression: Clinical trial study. <i>Health Science Reports</i> , 6(6). https://doi.org/10.1002/hsr2.1370
346	Zilcha-Mano, et al.	2021	100	Depression	Adult	Supportive-Expressive Psychotherapy (SEP; Luborsky, 1984)	Supportive Therapy (Luborsky, 1984 without expressive elements)	Zilcha-Mano, S., Goldstein, P., Dolev-Amit, T., Ben David-Sela, T., & Barber, J. P. (2021). A randomized controlled trial for identifying the most suitable treatment for depression based on patients' attachment orientation. <i>Journal of Consulting and Clinical Psychology</i> , 89(12), 985–994. https://doi.org/10.1037/ccp0000696
347	Zipfel, et al.	2013	242	Anorexia	Adult	Focal psychodynamic therapy (FPT; Schauenburg et al., 2009)	1. Enhanced cognitive behavior therapy (CBT-E; Fairburn, 2008) 2. Optimized TAU	Zipfel, S., Wild, B., Groß, G., Friederich, H., Teufel, M., Schellberg, D., ... Zwaan, M. De. (2013). Focal psychodynamic therapy, cognitive behaviour therapy, and optimised treatment as usual in outpatients with anorexia nervosa (ANTOP study): randomised controlled trial. <i>The Lancet</i> , 383, 127–137. https://www.ncbi.nlm.nih.gov/pubmed/24131861
348	Zwerenz, et al.	2017	319	Work-related stress	Adult	Online intervention based on Supportive-Expressive Psychotherapy (SEP; Luborsky, 1984)	Online control group	Zwerenz, R., Becker, J., Gerzymisch, K., Siepmann, M., Holme, M., Kiwus, U., ... Beutel, M. E. (2017). Evaluation of a transdiagnostic psychodynamic online intervention to support return to work: A randomized controlled trial. <i>Plos One</i> , 12(5), e0176513. http://doi.org/10.1371/journal.pone.0176513
349	Zwerenz, et al.	2017	229	Depression (inpatients)	Adult	Inpatient Psychodynamic Psychotherapy (program of different interventions, no manual referenced) + Internet intervention (Deprexis)	Inpatient Psychodynamic Psychotherapy (program of different interventions, no manual referenced) + Internet control intervention	Zwerenz, R., Becker, J., Knickenberg, R. J., Siepmann, M., Hagen, K., & Beutel, M. E. (2017). Online Self-Help as an Add-On to Inpatient Psychotherapy: Efficacy of a New Blended Treatment Approach. <i>Psychotherapy and Psychosomatics</i> , 341–350. http://doi.org/10.1159/000481177

