

TRANSMISSIONS

XXVIII NORDIC PSYCHOANALYTIC CONGRESS



OSLO 8. - 11. AUGUST 2024

INVITATION

Dear colleagues!

We wish to welcome you to the XXVIII Nordic Psychoanalytic Congress in Oslo.

The theme for the congress is "*Transmissions*". The term may have a foreign sound to psychoanalysts, still it resonates with phenomena and concepts that are central in psychoanalytic thinking.

With the theme "*Transmissions*," we want to focus on various psychic phenomena and processes that involve the transportation of often unconscious states/emotions and ideas/values between people and between the culture and the individual. From birth, we are all exposed to conscious and unconscious transmissions of emotions and messages that require psychic processing.

Freud was the first to articulate how the past, through transferences and countertransferences, becomes alive in the analytic relationship. Bion has in his later writings, described some forms of *transmissions* in the analytic relationship that he believes are not captured in interpretations of the transference and countertransference dynamics. He encourages us to listen "*without memory and desire*" (Bion, 1967) as a way of becoming aware of mental processes at the edge of our consciousness, not least by giving space to fantasies and sensory impressions that arise in us during sessions.

In working with parents and infants, Fraiberg discovered how the parents' own traumas manifested as ghosts from the past in the relationship with the infant. "*The ghosts, we know, represents the repetition of the past in the present*" (Fraiberg, 1975, p. 389). Specifically, there is clinical evidence that traumas that are silenced, and not reflected upon, can have a devastating effect on later generations. Psychoanalytic studies of the effects of the Holocaust provide a dramatic example of how often wordless "*transgenerational transmissions*" of unspeakable traumas can live on as silenced and destructive ghosts in subsequent generations. Laplanche's theory (2015) on *the enigmatic message* also addresses the unconscious transmission from parent(s) to child(ren).

Transmissions from one generation to another also occur in psychoanalytic associations, both through concrete learning during training, but also in unconscious and unformulated ways in the association's internal life. How do our associations deal with such processes? Today, teleanalysis and teletraining are practiced. The relational situation is transmitted through a screen and by sound, but without the physical presence of the participants. How do such *transmissions* affect the process? How are transference and countertransference dynamics affected when the interaction takes place over the Internet?

In art and literature, we can talk about the *transmissions* of inner states via a canvas, a sculpture, a film, or a novel. We can experience ourselves as both participants and spectators when encountering the work of art.

The scientific committee: Kari Høydahl (chair), Fredrik Cappelen, Hanne-Sofie Johnsen Dahl, Cecilie Hillestad Hoff, Mette Hvalstad, Sølvi Kristiansen, Tonya Hall Madsen, Hanne Strømme, Kristin F. Wold

Administrative and social committee: Anne Kullebund, Henrik Kamphus Nilsen, Janne Kvien

Cover illustration: Children of War (1999, the National Museum, Oslo) by the Norwegian painter Marianne Bratteli. Bratteli is one of Norway's leading painters, and her latest exhibition in the Munch Museum (2023) was highlighted by the critics as unique and deeply moving. Her images express the basics of human life, memories, family relationships, loneliness, and darkness. Many thanks to Marianne Bratteli for allowing us to use the painting. Photo: Børre Høstland



Welcome to Oslo

The Norwegian Psychoanalytic Society wish to welcome you to the city of Oslo, a city at the intersection between mountainous forest areas and a pulsating shoreline. The city is a fast-growing Nordic metropole where the waterfront has seen many architecturally acclaimed areas, including cultural institutions such as the Opera house, the Munch Museum, the new public library Deichman Bjørvika, and the National Museum. The city also holds tradition and historical importance and has fostered great artists such as Henrik Ibsen, Edvard Munch, and Sigrid Undset. Oslo has also had huge gastronomically growth the last ten years and by 2023, the city has eleven restaurants with Michelin stars, while also keeping the manyfold cheap restaurants scattered around the east side of the city. We sincerely hope you will come and join us in Oslo city for the 28th Nordic Psychoanalytic Congress!



PROGRAMME

Thursday, 8 August

- 13.00-16.30 **Clinical pre-congress in Child and Adolescent psychoanalysis** (Location: The Hub)
- 13.00-14.30 Lecture by **Hannah Holmqvist Mohammed**: To look or not to look, that is the question – thoughts on early mother infant psychoanalytic work (further information in the map)
- 14.30-15.00 Coffe break/snack
- 15.00-16.30 Clinical supervision groups
- 12.30-15.45 **Candidate meeting** (Location: Fridtjof Nansen vei 17)
- 12.30-13.15 Lunch
- 13.15-14.00 Lecture by **Hanne Strømme**: Psychotherapeutic-competence development at post-graduate levels. What can findings from general training research tell psychoanalytic candidates?
- 14.15-15.45 Clinical supervision groups
- 16.30-18.30 Becoming a training analyst. Towards a Nordic collaboration? For invited Board members. (Location: The Hub)
- 16.00-18.30 Registration, Hotell The Hub
- 19.30-21.00 Reception in the **City Hall of Oslo**, Rådhusplassen 1



Foto: Kjetil Bjørnsrud

Friday, 9 August

- 09.00-09.30 Opening by the Norwegian Society's President **Mette Hvalstad** and Chair of the Scientific Committee **Kari Høydahl**
- 09.30-10.30 Plenary lecture by **Charlotta Björklind** (Sweden).
Transmitting thought and/or transmitting disease – a psychoanalytic exploration of similarities and differences between gaining insight and falling ill. Chair: Susanne Lunn
- 10.30-11.00 Break and coffee
- 11.00-12.00 Discussion groups
Conductors of group discussions: **Gunilla Sallander, Anneli Larmo, Maria Fitger, and Henrik Kamphus Nilsen**
- 12.00-13.30 Lunch (Open 12.00-13.00)
- 13.30-15.00 Parallel lectures
- Björn Sahlberg** (Sweden): Primary Identification as Transmission: On Borderline States and the Foreclosed Movement. Chair: Erik Stänicke
- David Titelman** (Sweden): Freuds judendom. Chair: Marie-Ange Wagtman
- Eija Repo** (Finland): Transmission of sexual and gender theories in psychoanalytic societies – How the Finnish Psychoanalytic Society ended up making a public apology to sexual and gender minorities. Chair: Mette Hvalstad
- Tonya Hall Madsen** (Norway): Transmissions of unspeakable loss – the impact of transgenerational trauma in the work with a psychotic teenager. Chair: Gunilla Sallander
- Torberg Foss** (Norway): Transmission in psychoanalytic training. Chair: Katrine Zeuthen
- 15.00-15.30 Break and coffee
- 15.30-17.00 Parallel lectures

Pepita Hänninen (Finland): Awakeing. “When the patient becomes aware of his transference state, of what then does he become aware?” Chair: Maria Fitger

Katrine Zeuthen (Denmark): Transmissions from three different levels of the unconscious in the analytic work with a manic depressive young woman. Chair: Line Indrevoll Stänicke

Johan Eriksson (Sweden): Att bli sig själv – om självkunskapens transfomerande roll i Freuds psykoanalys. Chair: Siri Gullestad

Hanne Strømme (Norway): Transmissions in learning to deal with the transference. Chair: Bent Rosenbaum

Fredrik Cappelen (Norway): Transmissions and transformations of enjoyment and vitality. Chair: Hannah Holmqvist Mohammad

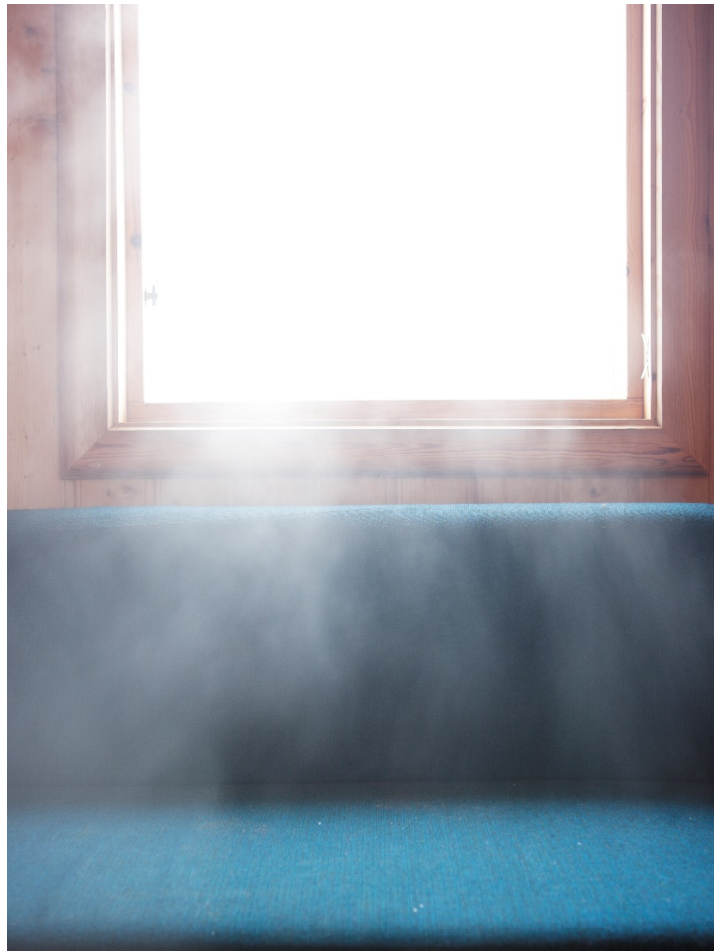


Photo: Anders F. Landmark

Saturday, 10 August

- 09.00-10.00 Plenary Lecture by **Ann-Mari Rytöhonka** (Finland). When The Frame is Broken - A clinical illustration of the trauma caused by boundary violation. Chair: Sølvi Kristiansen
- 10.00-11.00 Discussion groups
Conductors of group discussions: **Gunilla Sallander, Anneli Larmo, Maria Fitger, and Henrik Kamphus Nilsen**
- 11.00-11.30 Coffee break
- 11.30-12.30 Plenary Lecture by **Johan Berg** (Denmark). Analyst and patient – *transgressions, submissions, love and hate*. Chair: Stephan Hau
- 12.30-14.00 Lunch (open 12.30-13.30)
- 14.00-15.00 Discussion groups
Conductors of group discussions: **Gunilla Sallander, Anneli Larmo, Maria Fitger, and Henrik Kamphus Nilsen**
- 15.00-15.30 Coffee break
- 15.30-17.00 Parallel lectures
- Stephan Hau** (Sweden): The most important thing in communication is to hear what isn't been said (Peter Drucker). Chair: Torberg Foss
- Andrzej Webart** (Sweden): "Trans {m}issions": Patienternas erfarenheter och upplevelser av övergångar i tid och rum mellan terapisesioner och vardagssysslor. Chair: Cecilie Hillestad Hoff
- Pauliina Stjernvall** (Finland): When language builds a wall, instead of a bridge; On the transmission of unrepresented mind. Chair: Kari Høydahl
- Fredrika Stjärne** (Sweden): An Incandescent Mind – a case presentation. Chair: Tonya Hall Madsen
- Maria-Liisa Hannula** (Finland): Transmissions of Shame: The Psychoanalytic Treatment of a Child with OCD. Chair: Fredrik Cappelen
- Mette Hvalstad & Siri Erika Gullestad** (Norway): Trans - transmission within psychoanalysis. Chair: Camilla Halvarson

18.30- Banquet dinner at The Hub.

Sunday, 11 August

10.00-11.00 Plenary Lecture **Erik Stånicke** (Norway). Transference, transmission and transformation – some clinical and conceptual issues. Chair: Henrik Enckell

11.00-11.30 Coffee break

11.30-12.30 **Research Award**

12.30-13.00 Closing remarks



Photo: Anders F. Landmark.

Social program

Thursday, 8 August

19.30-21.00

Reception in the **City Hall** of Oslo. Finger food and drinks. Location: Rådhusplassen 1. Included in the congress fee.

Friday, 9 August

Nordic Freud's Bar.

At half past six, we gather at The Hub and walk together through Oslo's many historical layers, along the beautiful and tranquil Akerselva, until we arrive at Ingensteds. Here, there will be a welcome drink and mingling before we are served delicious tapas.

After dinner there will be Norwegian traditional music and acrobatic dance from the halling-champion Ulf-Arne Johannessen. After his performance, he will lead us all onto the dancefloor and into the thrilling and tantalizing rhythms of hallingdance.

Location: Ingensteds, Brenneriveien 9



Photo: Jan Khür, copyright

Saturday, 10 August

Banquet dinner at the Hub. Three course dinner and drinks. Included in the congress fee.

After dinner Dj Sisyfus will play dance music from all over the world. Including Scandinavia! He is also known as the artist "Center of the Universe" and is currently resident-DJ at the popular folk-music nightclub "Tuvas blodklubb" in Oslo.

Practical information

Location

Welcome to the congress hotel The Hub. The Clarion Hotel "The Hub" is a new and spectacular hotel in the center of Oslo and is located near Oslo Central Station. The Hotel is within walking distance of many of Oslo's cultural offerings: the Munch Museum, the Opera, the new library Deichman Bjørvika, Sørenga promenade with sauna and swimming facilities. There is only 15 minutes' walk to the Astrup Fearnley Museum (art) and the new National Museum.

How to register

To register, please go to www.psykoanalyse.no/kongress/ Registration opens 10 April.

When you submit the registration form, you will receive a summary of your registration to your e-mail address. Please allow up to five (5) working days to receive an invoice for your registration. Registration is complete upon receiving the payment. Please be aware of the due date of your invoice, as this may be short around the early bird date.

Cancellation policy, up to 15 May, no charge, between 16 May and 1 July 50 % of your cost, and after 2 July, no fee will be refunded.

Hotel reservation

We have made a block reservation at the congress hotel, The Hub.

Please follow this link, [NPC Congress Oslo 08-11.8.2024](#) to make your reservation.

We will hold the rooms until 1 June 1.

All questions regarding the hotel rooms, cancellation policy etc., please check the The Hubs website.

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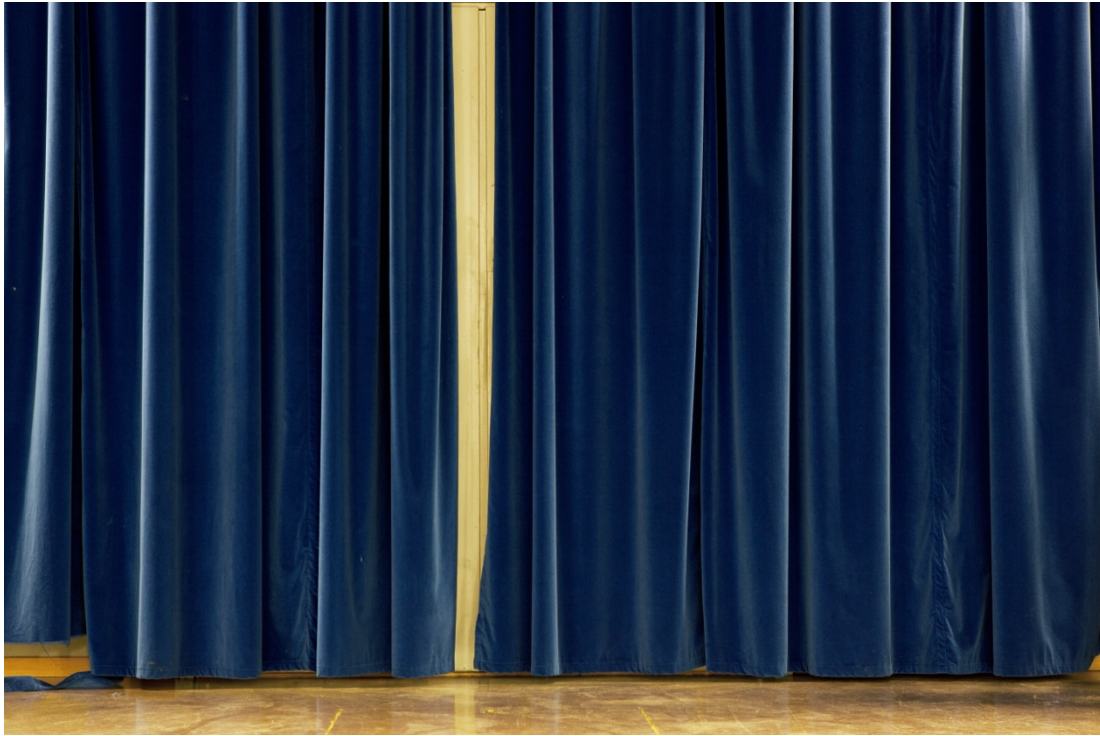


Photo: Anders F. Landmark

