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| Comprehensive compilation of randomized controlled trials (RCTs) involving psychodynamic treatments and interventions | | | | | | | | |
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| Peter Lilliengren, PhD, Assistant Professor, Department of Psychology, Stockholm University | | | | | | | | |
| Version: 2023-06-30 | | | | | | | | |
| # | Study name | Year | Total n | Patient sample | Age group | PDT-intervention | Comparison group(s) | Main outcome reference |
| 1 | Abbasi & Manavipour | 2023 | 30 | Adolescents with oppositional defiant disorders | Adolescent | Intensive Short-Term Dynamic Psychotherapy (ISTDP; Abbass, 2015) | No treatment | Abbasi, M. N., & Manavipour, D. (2023). The Effectiveness of Short-Term Intensive Psychoanalysis on Clinical Symptoms and Academic Performance of Adolescents with Oppositional Defiant Disorders. <i>Iranian Evolutionary and Educational Psychology</i> , 5(2). |
| 2 | Abbass, et al. | 2008 | 27 | Personality disorders (mixed) | Adult | Intensive Short-Term Dynamic Psychotherapy (ISTDP; Davanloo, 1990) | Minimal contact | Abbass, A., Sheldon, A., Gyra, J., & Kalpin, A. (2008). Intensive short-term dynamic psychotherapy for DSM-IV personality disorders: a randomized controlled trial. <i>J Nerv Ment Dis</i> , 196, 211-216. http://www.ncbi.nlm.nih.gov/pubmed/18340256 |
| 3 | Adkins, et al. | 2021 | 89 | Foster parents | Adult | Family Minds (Mentalization-based parenting intervention; Adkins, et al, 2018) | Training class | Adkins, T., Reisz, S., Hasdemir, D., & Fonagy, P. (2021). Family Minds: A randomized controlled trial of a group intervention to improve foster parents' reflective functioning. <i>Development and Psychopathology</i> , 1-15. https://doi.org/10.1017/s095457942000214x |
| 4 | Ahmadi, et al. | 2021 | 30 | Mixed depression and anxiety (in bereaved patients due to COVID-19) | Adult | Intensive Short-Term Dynamic Psychotherapy (ISTDP) | Control (not specified) | Ahmadi, F., & Amjad, F. V. (2021). The Effectiveness of Intensive Short-Term Dynamic Psychotherapy (ISTDP) (in symptoms depression, anxiety, posttraumatic stress and guilt felling in Bereaved people Quarterly Journal of Nursing Management, 10(3). Retrieved from http://ijnv.ir/browse.php?a_code=A-10-1344-1&c_id=1&cic_langeen |

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| 5 | Ahola, et al. | 2016 | 33 | Depression | Adult | Long-Term Psychodynamic Psychotherapy (at least 12 months, biweekly sessions, no reference to manual) | Waitlist (6 months) | Ahola, P., Joensuu, M., Knekt, P., Lindfors, O., Saarinen, P., Tolmunen, T., ... Lehtonen, J. (2016). Effects of Scheduled Waiting for Psychotherapy in Patients With Major Depression. <i>The Journal of Nervous and Mental Disease</i> , 205(8), 611-617. http://doi.org/10.1097/NMD.0000000000000616 |
| 6 | Ajilchi, et al. | 2016 | 32 | Depression | Adult | Intensive Short-Term Dynamic Psychotherapy (ISTDP; Davanloo, 1990) | Waitlist | Ajilchi, B., Nejati, V., Town, J. M., Wilson, R., & Abbass, A. (2016). Effects of Intensive Short-Term Dynamic Psychotherapy on depressive symptoms and executive functioning in Major Depression. <i>The Journal of Nervous and Mental Disease</i> , 204(7), 500-5. http://doi.org/10.1097/NMD.0000000000000518 |
| 7 | Alirezaee, et al. | 2022 | 30 | Self-compassion in cancer patients | Adult | Intensive Short-Term Dynamic Psychotherapy (ISTDP; Abbass, 2015) | 1. Waitlist 2. CBT | Alirezaee, S., Nia, K. S., & Akbari, H. (2022). Comparison of the effectiveness of cognitive-behavioral psychotherapy and intensive short-term dynamic psychotherapy on self-compassion in cancer patients. <i>Ebnesina (Persian)</i> , 4(24), 43-53. https://doi.org/10.22034/24.3.43 |
| 8 | Alstrom, et al. | 1984 | 73 | Agoraphobia (in women not suitable for insight-oriented psychotherapy) | Adult | Supportive dynamic psychotherapy (Dewald, 1964) | 1. Prolonged exposure (in vivo w. therapist) 2. Relaxation training | Alstrom, J. E., Nordlund, G., Persson, G., Harding, M., & Lundquist, C. (1984). Effects of four treatment methods on agoraphobic women not suitable for insight-oriented psychotherapy. <i>Acta Psychiatrica Scandinavica</i> , 70, 1-17. http://www.ncbi.nlm.nih.gov/pubmed/6147066 |
| 9 | Alstrom, et al. | 1984 | 42 | Social anxiety disorder (SAD) | Adult | Supportive dynamic psychotherapy (Dewald, 1964) | 1. Prolonged exposure (in vivo w. therapist) 2. Relaxation training | Alstrom, J. E., Nordlund, C. L., Persson, G., Harding, M., & Ljungqvist, C. (1984). Effects of four treatment methods on social phobic patients not suitable for insight-oriented psychotherapy. <i>Acta Psychiatrica Scandinavica</i> , 70, 97-110. http://www.ncbi.nlm.nih.gov/pubmed/6148843 |

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| 10 | Amani, et al. | 2021 | 40 | Rheumatoid patients with alexitimia | Adult | Intensive Short-Term Dynamic Psychotherapy (ISTDP) | No treatment | Amani, N., Haji alizadeh, K., Zarei, E., & Dortsaj, F. (2021). Effectiveness of intensive short-term dynamic psychotherapy on anxiety in Rheumatoid Arthritis patients. <i>Journal of Research in Behavioural Sciences (Iranian)</i> , 19(1). https://doi.org/10.29252/rbs.19.1.139 |
| 11 | Amianto, et al. | 2011 | 35 | Borderline personality disorder | Adult | Sequential Brief Adlerian Psychodynamic Psychotherapy (SB-APP; Fassino, 2008; 2009) | Supervised team management | Amianto, F., Ferrero, A., Pierò, A., Cairo, E., Rocca, G., Simonelli, B., ... Fassino, S. (2011). Supervised team management, with or without structured psychotherapy, in heavy users of a mental health service with borderline personality disorder: a two-year follow-up preliminary randomized study. <i>BMC psychiatry</i> , 11(1), 181. http://www.ncbi.nlm.nih.gov/article.fcgi?PartId=3260092&tool=pmcentrez&ren |
| 12 | Andersson, et al. | 2012 | 81 | Generalized Anxiety Disorder (GAD) | Adult | Internet-based Psychodynamic Guided Self-Help (IPDT; based on SUBGAP; Silverberg, 2005) | 1. ICBT (Paxling, 2011) 2. Waitlist | Andersson, G., Paxling, B., Roch-Norlund, P., Ostman, G., Norgren, A., Almlöv, J., ... Silverberg, F. (2012). Internet-Based Psychodynamic versus Cognitive Behavioral Guided Self-Help for Generalized Anxiety Disorder: A Randomized Controlled Trial. <i>Psychotherapy and psychosomatics</i> , 81(6), 344–355. http://www.ncbi.nlm.nih.gov/pubmed/22964540 |
| 13 | Arnevik, et al. | 2009 | 114 | Personality disorders (mixed) | Adult | Short-Term Day Hospital Psychotherapy (DHP; no specific reference) | Outpatient Individual Psychotherapy | Arnevik, E., Wilberg, T., Urnes, O., Johansen, M., Monsen, J. T., & Karterud, S. (2009). Psychotherapy for personality disorders: short-term day hospital psychotherapy versus outpatient individual therapy - a randomized controlled study. <i>European Psychiatry : The Journal of the Association of European Psychiatrists</i> , 24(2), 71–8. http://www.ncbi.nlm.nih.gov/pubmed/19097870 |
| 14 | Atef-Wahid, et al. | 2005 | 34 | Depression | Adult | Short-Term Dynamic Psychotherapy (STDP; no specific reference) | Pharmacotherapy | Atef-Wahid, M. K., Rahmani, F., Dadsetan, P., & Omidi, I. (2005). THE EFFECTS OF SHORT TERM DYNAMIC PSYCHOTHERAPY AND - RM PHARMACOTHERAPY ON THE DEXAMETHASONE SUPPRESSION TEST, PSYCHODYNAMIC CONDITIONS AND DYSFUNCTIONAL ATTITUDES IN DEPRESSED PATIENTS. <i>Journal of Psychology (Persian)</i> , 9(2), 114–114. |

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| 15 | Aziz, et al. | 2020 | 36 | Generalized anxiety disorder (GAD) | Adult | Integrative (STDP + CBT) | 1. CBT. 2. No treatment | Aziz, M. O., Mehrinejad, S. A., Hashemian, K., & Paivastegar, M. (2020). Integrative therapy (short-term psychodynamic psychotherapy & cognitive-behavioral therapy) and cognitive-behavioral therapy in the treatment of generalized anxiety disorder: A randomized controlled trial. <i>Complementary Therapies in Clinical Practice</i> , 39(January), 101122. https://doi.org/10.1016/j.ctcp.2020.101122 |
| 16 | Babaei, et al. | 2022 | 30 | Perfectionism | Adult | Dynamic Relational Group Therapy (Hewitt, Flett, & Mikail, 2017) | Waitlist | Babaei, S., Dehghani, M., Lavasani, F. F., Ashouri, A., & Mohamadi, L. (2022). The effectiveness of short-term dynamic/interpersonal group therapy on perfectionism; assessment of anxiety, depression and interpersonal problems. <i>Research in Psychotherapy: Psychopathology, Process and Outcome</i> , 25(3), 327–338. https://doi.org/10.4081/rippo.2022.656 |
| 17 | Bachar, et al. | 1999 | 33 | Bulimia | Adult | Self Psychological Treatment (based on Kohut, 1984) | Cognitive Orientation Treatment (Kreitler & Kreitler, 1990) | Bachar, E., Latzer, Y., Kreitler, S., & Berry, E. M. (1999). Empirical comparison of two psychological therapies. Self psychology and cognitive orientation in the treatment of anorexia and bulimia. <i>J Psychother Pract Res</i> , 8, 115-128. http://www.ncbi.nlm.nih.gov/pubmed/10079459 |
| 18 | Baldoni, et al. | 1995 | 36 | Urethral syndrome | Adult | Short-Term Dynamic Psychotherapy (STDP; Malan, 1979; Davanloo, 1980) | TAU | Baldoni, F., Baldaro, B., & Trombini, G. (1995). Psychotherapeutic perspectives in urethral syndrome. <i>Stress Medicine</i> , 11 (July 1994), 79–84. http://onlinelibrary.wiley.com/doi/10.1002/sm.2460110115/abstract |
| 19 | Balottin, et al. | 2014 | 33 | Idiopathic headache (children/adolescents 6–18 yrs) | Child | Short-Term Psychodynamic Psychotherapy (STPP; Aliprandi et al, 1990) | TAU | Balottin, U., Ferri, M., Racca, M., Rossi, M., Rossi, G., Beghi, E., ... Termine, C. (2014). Psychotherapy versus usual care in pediatric migraine and tension-type headache: a single-blind controlled pilot study. <i>Italian Journal of Pediatrics</i> , 40(1), 6. http://www.ncbi.nlm.nih.gov/pubmed/24444140 |

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| 20 | Barber, et al. | 2011 | 156 | Depression | Adult | Supportive Expressive Psychotherapy (SEP; Luborsky, 1984) | 1. Placebo 2. SSRI/SNRI | Barber, J. P., Barrett, M. S., Gallop, R., Rynn, M. a, & Rickels, K. (2011). Short-term dynamic psychotherapy versus pharmacotherapy for major depressive disorder: a randomized, placebo-controlled trial. <i>The Journal of clinical psychiatry</i> , 1-8. http://www.ncbi.nlm.nih.gov/pubmed/22152401 |
| 21 | Barkham, et al. | 1996 | 36 | Depression | Adult | Psychodynamic-Interpersonal Therapy (PIT, Hobson, 1985) | CBT (no reference) | Barkham, M., Rees, A., Shapiro, D. A., Stiles, W. B., Agnew, R. M., & Halstead, J., et al. (1996). Outcomes of time-limited psychotherapy in applied settings: replicating the Second Sheffield Psychotherapy Project. <i>J Consult Clin Psychol</i> , 64, 1079-1085. http://www.ncbi.nlm.nih.gov/pubmed/8916639 |
| 22 | Barkham, et al. | 1999 | 116 | Depression (subsyndromal) | Adult | Psychodynamic-Interpersonal Therapy (PIT, 3 sessions; Barkham & Shapiro, based on Hobson, 1985) | CBT (Beck et al 1979; Beck, 1995) | Barkham, M., Shapiro, D. A., Hardy, G. E., & Rees, A. (1999). Psychotherapy in two-plus-one sessions: outcomes of a randomized controlled trial of cognitive-behavioral and psychodynamic-interpersonal therapy for subsyndromal depression. <i>J Consult Clin Psychol</i> , 67, 201-211. http://www.ncbi.nlm.nih.gov/pubmed/10224730 |
| 23 | Bassett, et al. | 1985 | 26 | Chronic pain | Adult | Psychodynamic therapy (12 sessions, no reference) | Supportive psychotherapy (no reference) | Bassett, D. L., & Pilowsky, I. (1985). A study of brief psychotherapy for chronic pain. <i>J Psychosom Res</i> , 29, 259-264. http://www.sciencedirect.com/science/article/pii/0022399985900522 |
| 24 | Bastos, et al. | 2014 | 272 | Depression | Adult | Long-term psychodynamic psychotherapy (LTPP; Gabbard, 2004; 2010) | 1. Fluoxetine alone 2. LTPP + fluoxetine | Bastos, A. G., Guimaraes, L. S. P., & Trentini, C. M. (2014). The efficacy of long-term psychodynamic psychotherapy, fluoxetine and their combination in the outpatient treatment of depression. <i>Psychotherapy Research : Journal of the Society for Psychotherapy Research</i> , (July 2014), 1-13. http://www.ncbi.nlm.nih.gov/pubmed/25041333 |

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| 25 | Bateman & Fonagy | 1999 | 38 | Borderline personality disorder | Adult | Mentalization-Based Treatment (MBT; Bateman & Fonagy, 2004) | TAU | Bateman, A., & Fonagy, P. (1999). Effectiveness of partial hospitalization in the treatment of borderline personality disorder: a randomized controlled trial. <i>The American Journal of Psychiatry</i> , 156(10), 1563-9. http://www.ncbi.nlm.nih.gov/pubmed/10518167 |
| 26 | Bateman & Fonagy | 2009 | 134 | Borderline personality disorder Borderline and co-morbid Antisocial personality disorder | Adult | Mentalization-Based Treatment (MBT; Bateman & Fonagy, 2004) | Structured Clinical Management (SCM) | Bateman, A., & Fonagy, P. (2009). Randomized controlled trial of outpatient mentalization-based treatment versus structured clinical management for borderline personality disorder. <i>Am J Psychiatry</i> , 166, 1355-1364. http://www.ncbi.nlm.nih.gov/pubmed/19833787 |
| 27 | Bateman & Fonagy | 2018 | 56 | Families of people with Borderline Personality Disorder | Adult | Mentalization-Based Intervention (MBT-FACTS); psychoeducation and skills-training based on MBT; Bateman & Fonagy, 2016) | Waitlist | Bateman, A., & Fonagy, P. (2018). A Randomized Controlled Trial of a Mentalization-Based Intervention (MBT-FACTS) for Families of People With Borderline Personality Disorder. <i>Personality Disorders: Theory, Research, and Treatment</i> . https://www.ncbi.nlm.nih.gov/pubmed/29999394 |
| 28 | Beck, et al. | 2019 | 112 | Borderline personality disorder | Adolescent | Mentalization-Based Group Therapy (MBT-G; Karterud, 2011; Karterud & Bateman; 2012) | TAU with 12 individual supportive sessions | Beck, E., Bo, S., Jørgensen, M. S., Gondan, M., Poulsen, S., Storebø, O. J., ... Simonsen, E. (2019). Mentalization-based treatment in groups for adolescents with borderline personality disorder: a randomized controlled trial. <i>Journal of Child Psychology and Psychiatry</i> , 0(0), jcpp.13152. https://doi.org/10.1111/jcpp.13152 |
| 29 | Belokrylov, et al. | 2018 | 60 | Somatoform Disorder | Adult | Short-Term Psychodynamic Psychotherapy (No specific reference) | Psychoeducation | Belokrylov, I., Bryukhin, A., & Semikov, S. (2018). The effectiveness of psychoanalytic psychotherapy in the somatoform disorders treatment. <i>European Psychiatry</i> , 48(S1), S141-S358. https://doi.org/10.1016/j.eurpsy.2017.12.016 |

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| 30 | Benfante, et al. | 2022 | 61 | Fibromyalgia | Adult | Brief Psychodynamic Therapy (BPT; no reference) | Cognitive Therapy (CT; no reference) | Benfante, A., Romeo, A., Di Tella, M., & Castelli, L. (2022). Efficacy of short-term psychotherapy in patients with fibromyalgia: a comparison between psychodynamic and cognitive therapy. <i>Psychotherapy and Psychosomatics</i> , 91 (Suppl. 1), 3–40. https://doi.org/10.1159/000526562 |
| 31 | Ben-Itzhak, et al. | 2012 | 66 | Adjustment disorder | Adult | Brief Psychodynamic Psychotherapy (BPP; 12 sessions; Malan, 1979) | Brief Psychodynamic Psychotherapy (I yrs; Malan, 1979) | Ben-Itzhak, S., Bluvstein, I., Schreiber, S., Aharonov-Zagir, I., Maor, M., Lipnik, R., & Bloch, M. (2012). The Effectiveness of Brief Versus Intermediate Duration Psychodynamic Psychotherapy in the Treatment of Adjustment Disorder. <i>Journal of Contemporary Psychotherapy</i> , 42 (4), 249–256. http://www.springerlink.com/index/10.1007/s_10879-012-9208-6 |
| 32 | Beresnevaite | 2000 | 37 | Alexithymia (in patients with coronary heart disease) | Adult | Group psychotherapy (no reference) | Sychoeducation | Beresnevaite, M. (2000) Exploring the benefits of group psychotherapy in reducing alexithymia in coronary heart disease patients: a preliminary study. <i>Psychotherapy and Psychosomatics</i> , 69, 117–122. http://www.ncbi.nlm.nih.gov/pubmed/10773774?dopt=Abstract |
| 33 | Bernik, et al. | 2018 | 147 | Social anxiety disorder (SAD) | Adult | Group psychodynamic therapy (GPT; no manual) 1. Sertraline + GPT 2. Placebo + GPT | Group CBT (manualized, but no reference) 1. Sertraline + GCBT 2. Placebo + GCBT | Bernik, M., Corregiari, F., Savoia, M. G., Barros Neto, T. P. de, Pinheiro, C., & Neto, F. L. (2018). Concomitant treatment with sertraline and social skills training improves social skills acquisition in social anxiety disorder: A double-blind, randomized controlled trial. <i>PLOS ONE</i> , 13 (10), 2–18. http://doi.org/10.1371/journal.pone.0205809 |
| 34 | Beutel, et al. | 2006 | 354 | Severe obesity | Adult | Individual in-patient psychodynamic psychotherapy (local program, no reference) | In-patient CBT (Local program, no reference) | Beutel, M. E., Dippel, A., Szczepanski, M., Thiede, R., & Wiltink, J. (2006). Mid-Term Effectiveness of Behavioral and Psychodynamic Inpatient Treatments of Severe Obesity Based on a Randomized Study. <i>Psychotherapy and Psychosomatics</i> , 75 (6), 337–345. http://www.ncbi.nlm.nih.gov/pubmed/17053342?dopt=Abstract |

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| 35 | Beutel, et al. | 2013 | 157 | Depression (in breast cancer patients) | Adult | Supportive-Expressive Psychotherapy (SEP; Haselbacher, Barthel, Brähler et al., 2010; based on Luborsky, 1984) | TAU | Beutel, M. E., Weissflog, G., Leuteritz, K., Wiltink, J., Haselbacher, a., Ruckes, C., ... Braehler, E. (2013). Efficacy of short-term psychodynamic psychotherapy (STPP) with depressed breast cancer patients: results of a randomized controlled multicenter trial. <i>Annals of Oncology</i> , 1–7. http://annonc.oxfordjournals.org/cgi/doi/10.1093/annonc/mdt526 |
| 36 | Beutel, et al. | 2013 | 54 | Panic disorder | Adult | Panic Focused Psychodynamic Psychotherapy (PFPP; Milrod, 2001) | CBT | Beutel, M. E., Scheurich, V., Knebel, A., Michal, M., Wiltink, J., Graf-Morgenstern, M., ... Subic-Wrana, C. (2013). Implementing panic-focused psychodynamic psychotherapy into clinical practice. <i>Canadian journal of psychiatry. Revue canadienne de psychiatrie</i> , 58 (6), 326–34. http://www.ncbi.nlm.nih.gov/pubmed/23768260 |
| 37 | Bloch, et al. | 2012 | 42 | Depression (post-partum) | Adult | Brief Dynamic Psychotherapy (BDT; Malan, 1979) + placebo meds | Brief Dynamic Psychotherapy (BDT; Malan, 1979) + Sertraline | Bloch, M., Meiboom, H., Lorberblatt, M., Bluvstein, I., Aharonov, I., & Schreiber, S. (2012). The effect of sertraline add-on to brief dynamic psychotherapy for the treatment of postpartum depression: a randomized, double-blind, placebo-controlled study. <i>The Journal of clinical psychiatry</i> , 73 (2), 235–41. http://www.ncbi.nlm.nih.gov/pubmed/22401479 |
| 38 | Borelli, et al. | 2022 | 164 | Mothers of toddlers | Adult | Relational Savoring for Parents program (Borelli et al., 2020) | Personal Savoring/control condition | Borelli, J. L., Kerr, M. L., Smiley, P. A., Rasmussen, H. F., Hecht, H. K., & Campos, B. (2022). Relational savoring intervention: Positive impacts for mothers and evidence of cultural compatibility for Latinas. <i>Emotion</i> . https://doi.org/10.1037/emo0001102 |
| 39 | Bressi, et al. | 2010 | 60 | Mixed sample (depression and anxiety) | Adult | Brief Dynamic Psychotherapy (BDT; Malan, 1976; Osimo & Malan, 1992) | TAU | Bressi, C., Porcellana, M., Marinaccio, P. M., Nocito, E. P., & Magri, L. (2010). Short-term psychodynamic psychotherapy versus treatment as usual for depressive and anxiety disorders: a randomized clinical trial of efficacy. <i>The Journal of Nervous and Mental Disease</i> , 198 (9), 647–52. http://www.ncbi.nlm.nih.gov/pubmed/20823726 |

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| 40 | Brockman, et al. | 1987 | 48 | Mixed sample | Adult | Interpretive therapy (Mann & Goldman, 1982) | Cognitive-analytic therapy (CAT; Ryle, 1979; 1982) | Brockman, B., Poynton, A., Ryle, A., & Watson, J. P. (1987). Effectiveness of time-limited therapy carried out by trainees. Comparison of two methods. <i>Br J Psychiatry</i> , 151, 602-610. http://bjp.rcpsych.org/content/151/5/602 |
| 41 | Brodaty & Andrews | 1983 | 56 | Mixed sample | Adult | Short-Term Dynamic Psychotherapy (STD; Balant, Malan & Sifneos) | 1. Family practitioner 2. No treatment | Brodaty, H., & Andrews, G. (1983). Brief psychotherapy in family practice. A controlled prospective intervention trial. <i>Br J Psychiatry</i> , 143, 11-19. http://bjp.rcpsych.org/content/143/1/11.short |
| 42 | Brom, et al. | 1989 | 112 | PTSD | Adult | Brief Psychodynamic Therapy (BPT; Horowitz, 1976) | 1. Trauma Desensitization (no specific reference) 2. Hypnotherapy (no specific reference) 3. Waitlist | Brom, D., Kleber, R. J., & Defares, P. B. (1989). Brief psychotherapy for posttraumatic stress disorders. <i>J Consult Clin Psychol</i> , 57, 607-612. http://www.ncbi.nlm.nih.gov/pubmed/2571625 |
| 43 | Budman, et al. | 1988 | 98 | Mixed sample | Adult | Time-Limited Psychotherapy (TLP; Mann, 1973) | Time-limited group psychotherapy (Budman & Bennett, 1983) | Budman, S. H., Demby, A., Redondo, J. P., Hannan, M., Feldstein, M., & Ring, J., et al. (1988). Comparative outcome in time-limited individual and group psychotherapy. <i>Int J Group Psychother</i> , 38, 63-86. http://www.tandfonline.com/doi/abs/10.1080/00207284.1988.11491085 |
| 44 | Burnand, et al. | 2002 | 74 | Depression | Adult | Psychodynamic psychotherapy + clomipramine, (unclear which PDT-model, Safran & Muran is mentioned among references) | Supportive care + clomipramine | Burnand, Y., Andreoli, A., Kolatte, E., Venturini, A., & Rosset, N. (2002). Psychodynamic psychotherapy and clomipramine in the treatment of major depression. <i>Psychiatr Serv</i> , 53, 585-590. http://www.ncbi.nlm.nih.gov/pubmed/11986508 |

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| 45 | Burns, et al. | 2005 | 40 | Alzheimers disease | Older adult | Psychodynamic-Interpersonal Therapy (PIT; Hobson, 1985) | TAU | Burns, A., Guthrie, E., Marino-Francis, F., Busby, C., Morris, J., Russell, E., ... Byrne, J. (2005). Brief psychotherapy in Alzheimer's disease. <i>British Journal Of Psychiatry</i> , 187(2), 143-147. http://bjp.rcpsych.org/content/187/2/143.short |
| 46 | Bögels, et al. | 2014 | 47 | Social anxiety disorder (SAD) | Adult | Short-Term Dynamic Psychotherapy (STD; Malan, 1979; also mentions Luborsky 1984) | 1. CBT (Clark & Wells, 1995) 2. Waitlist | Bögels, S., Wijts, P., Oort, F., & Sallaerts, S. J. (2014). Psychodynamic psychotherapy versus cognitive-behavior therapy for social anxiety disorder: An efficacy and partial effectiveness trial. <i>Depression and Anxiety</i> , 31(5), 363-373. http://doi.wiley.com/10.1002/da.22246 |
| 47 | Caputo et al. | 2020 | 82 | Psychology professionals | Adult | Psychodynamic Intervention for Career Strategies | Waitlist | Caputo, A., Fregonese, C., & Langher, V. (2020). The effectiveness of psychodynamic career counselling: a randomised control trial on the PICs programme. <i>Psychodynamic Practice</i> , 26(2), 136-165. https://doi.org/10.1080/14753634.2020.1745676 |
| 48 | Carrington | 1979 | 30 | Depression | Adult | Analytic psychotherapy (no reference) | 1. Cognitive therapy (no reference) 2. Waitlist | Carrington, C. H. (1979). <i>A comparison of cognitive and analytically oriented brief treatment approaches to depression in black women</i> . Dissertation. University of Maryland. |
| 49 | Carty, et al. | 2019 | 62 | Chronic urigenital pain | Adult | Emotional Awareness and Expression Therapy (integrative method with psychodynamic components, see Lumley & Schubiner, 2019) | TAU | Carty, J. N., Ziadni, M. S., Holmes, H. J., Tomakowsky, J., Peters, K., Schubiner, H., & Lumley, M. A. (2019). The Effects of a Life Stress Emotional Awareness and Expression Interview for Women with Chronic Urogenital Pain: A Randomized Controlled Trial. <i>Pain Medicine</i> , 20(7), 1321-1329. https://doi.org/10.1093/pmt/pny182 |

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| 50 | Chavooshi, et al. | 2016 | 100 | Medically unexplained pain (MUP) | Adult | Internet-delivered Intensive Short-Term Dynamic Psychotherapy (ID-ISTDP; Abbass, 2015) | TAU | Chavooshi, B., Mohammadkhani, P., & Dolatshahee, B. (2016). A Randomized Double- Blind Controlled Trial Comparing Davanloo's Intensive Short-Term Dynamic Psychotherapy as Internet-Delivered Versus Treatment as Usual for Medically Unexplained Pain: A Six- Month Pilot Study. <i>Psychosomatics</i> , 57(3), 292–300. http://linkinghub.elsevier.com/retrieve/pii/S0033182116000025 |
| 51 | Chavooshi, et al. | 2016 | 81 | Medically unexplained pain (MUP) | Adult | Intensive Short-Term Dynamic Psychotherapy (ISTDP; Abbass, 2015) | Internet-delivered ISTDP (ID-ISTDP) | Chavooshi, B., Mohammadkhani, P., & Dolatshahee, B. (2016). Telemedicine vs. in- person delivery of intensive short-term dynamic psychotherapy for patients with medically unexplained pain: A 12-month randomized, controlled trial. <i>Journal of Telemedicine and Telecare</i> , 0(0), 1–9. http://itj.sagepub.com/lookup/doi/10.1177/1357633X15627382 |
| 52 | Chavooshi, et al. | 2016 | 63 | Medically unexplained pain (MUP) | Adult | Intensive Short-Term Dynamic Psychotherapy (ISTDP; Abbass, 2015) | 1. Mindfulness-based stress reduction (MBSR; no reference) 2. TAU | Chavooshi, B., Mohammadkhani, P., & Dolatshahee, B. (2016). Efficacy of Intensive Short-Term Dynamic Psychotherapy for Medically Unexplained Pain: A Pilot Three- Armed Randomized Controlled Trial Comparison with Mindfulness-Based Stress Reduction. <i>Psychotherapy and Psychosomatics</i> , 123–125. http://www.karger.com/doi/10.1159/000441698 |
| 53 | Chavooshi, et al. | 2017 | 341 | Medically unexplained pain (MUP) | Adult | Intensive Short-Term Dynamic Psychotherapy (ISTDP; Abbass, 2015) | CBT (Turk et al., 1983) | Chavooshi, B., Saberi, M., Tavallaei, S. A., & Sahraei, H. (2017). Psychotherapy for Medically Unexplained Pain: A Randomized Clinical Trial Comparing Intensive Short-Term Dynamic Psychotherapy and Cognitive Behavior Therapy. <i>Psychosomatics</i> , http://dx.doi.org/10.1016/j.psym.2017.01.003 |
| 54 | Clarici, et al. | 2015 | 16 | Depression (post-partum) | Adult | Psychodynamic approach (non-manualized?) + oxytocine | Psychodynamic approach (non-manualized?) + placebo | Clarici, A., Pellizzoni, S., Guaschino, S., Alberico, S., Bembich, S., Giuliani, R., ... Panksepp, J. (2015). Intranasal administration of oxytocin in postnatal depression: Implications for psychodynamic psychotherapy from a randomized double- blind pilot study. <i>Frontiers in Psychology</i> , 06, 1–10. http://journal.frontiersin.org/article/10.3389/fpsyg.2015.00426/abstract |

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| 55 | Clarkin, et al. | 2007 | 90 | Borderline personality | Adult | Transference-Focused Psychotherapy (TFP; Clarkin, Yeomans, & Kernberg, 1999) | 1. DBT (Linehan, 1991) 2. Supportive therapy | Clarkin, J. F., Levy, K. N., Lenzenweger, M. F., & Kernberg, O. F. (2007). Evaluating three treatments for borderline personality disorder: a multiwave study. <i>Am J Psychiatry</i> , 164, 922–928. http://www.ncbi.nlm.nih.gov/pubmed/17541052 |
| 56 | Conceição, et al. | 2020 | 80 | Females with lupus (SLE) | Adult | Short-term Group Therapy (Marty, 1990; Luborsky, 1984; Sifneos, 1987) | Waitlist (or add-on design - both groups received standard medical care) | Conceição, C. T. M., Meinão, I. M., Bombana, J. A., & Sato, E. I. (2019). Psychoanalytic psychotherapy improves quality of life, depression, anxiety and coping in patients with systemic lupus erythematosus: a controlled randomized clinical trial. <i>Advances in Rheumatology (London, England)</i> , 59(1), 4. https://doi.org/10.1186/s42358-019-0047-y |
| 57 | Connolly Gibbons, et al. | 2012 | 40 | Depression | Adult | Supportive-Expressive Psychotherapy (SEP; manual adapted from Luborsky, 1984) | TAU | Connolly Gibbons, M. B., Thompson, S. M., Scott, K., Schauble, L. a., Mooney, T., Thompson, D., ... Crits-Christoph, P. (2012). Supportive-expressive dynamic psychotherapy in the community mental health system: A pilot effectiveness trial for the treatment of depression. <i>Psychotherapy (Chicago, Ill.)</i> , 49(3), 303–16. http://www.ncbi.nlm.nih.gov/pubmed/22962971 |
| 58 | Connolly Gibbons, et al. | 2016 | 237 | Depression | Adult | Supportive-Expressive Psychotherapy (SEP; Book, 1998; Luborsky, 1984) | CBT (Beck, 1995) | Connolly Gibbons, M. B., Gallop, R., Thompson, D., Luther, D., Crits-Christoph, K., Jacobs, J., ... Crits-Christoph, P. (2016). Comparative effectiveness of Cognitive Therapy and Dynamic Psychotherapy for Major Depressive Disorder in a community mental health setting. <i>JAMA Psychiatry</i> , 19104, 1–8. http://doi.org/10.1001/jamapsychiatry.2016.1720 |
| 59 | Cooper, et al. | 2003 | 193 | Depression (post-partum) | Adult | Psychodynamic therapy (Cramer et al., 1990; Stern, 1995) | 1. TAU 2. Non-directive counseling (Holden et al., 1989) 3. Cognitive-Behavioural Therapy (Hawton et al., 1989) | Cooper, P. J., Murray, L., Wilson, A., & Romaniuk, H. (2003). Controlled trial of the short- and long-term effect of psychological treatment of post-partum depression. I. Impact on maternal mood. <i>Br J Psychiatry</i> , 182, 412–419. http://www.ncbi.nlm.nih.gov/pubmed/12724244 |

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| 60 | Covi & Lipman | 1987 | 90 | Depression | Adult | Traditional Group Therapy (based on "psychodynamic-interpersonal" theories but with no reference) | 1. CBT group therapy (Beck, 1979; Covi, 1982) 2. CBT group therapy + Imipramine | Covi, L., & Lipman, R. S. (1987). Cognitive behavioral group psychotherapy combined with imipramine in major depression. <i>Psychopharmacol Bull</i> , 23, 173-176. http://www.ncbi.nlm.nih.gov/pubmed/3602315 |
| 61 | Covi, et al. | 1974 | 146 | Depression (chronic) | Adult | Psychodynamically oriented group therapy (no reference) + medication or placebo | Brief supportive contact + medication or placebo | Covi, L., Lipman, R. S., Derogatis, L. R., Smith, J. E., & Pattison, J. H. (1974). Drugs and group psychotherapy in neurotic depression. <i>Am J Psychiatry</i> , 131, 191-198. http://ajp.psychiatryonline.org/doi/abs/10.1176/ajp.131.2.191 |
| 62 | Creed, et al. | 2003 | 257 | Irritable bowel syndrome | Adult | Psychodynamic-Interpersonal Therapy (PIT; Hobson, 1985) | 1. TAU 2. SSRI | Creed, F., Fernandes, L., Guthrie, E., Palmer, S., Ratcliffe, J., & Read, N., et al. (2003). The cost-effectiveness of psychotherapy and paroxetine for severe irritable bowel syndrome. <i>Gastroenterology</i> , 124, 303-317. http://www.ncbi.nlm.nih.gov/pubmed/12557136 |
| 63 | Crits-Christoph, et al. | 1999 | 487 | Cocaine dependence | Adult | Supportive-Expressive Psychotherapy (SEP; Luborsky, 1984) + group drug counseling (Mercer & Woody, 1992) | 1. Cognitive therapy (Beck, 1993) + group drug counseling (GDC; Mercer & Woody, 1992) 2. Individual drug counseling + GDC 3. GDC alone | Crits-Christoph, P., Siqueland, L., Blaine, J., Frank, A., Luborsky, L., & Onken, L. S., et al. (1999). Psychosocial treatments for cocaine dependence: National Institute on Drug Abuse Collaborative Cocaine Treatment Study. <i>Arch Gen Psychiatry</i> , 56, 493-502. http://archpsyc.jamanetwork.com/article.aspx?articleid=1673777 |
| 64 | Crits-Christoph, et al. | 2005 | 84 | Generalized anxiety disorder (GAD) | Adult | Supportive-Expressive Psychotherapy (SEP; Luborsky, 1984) | Supportive therapy (Borkovec & Matthews, 1988; Borkovec & Costello, 1993) | Crits-Christoph, P., Gibbons, M. B. C., Narducci, J., Schamberger, M., & Gallop, R. (2005). Interpersonal Problems and the Outcome of Interpersonally Oriented Psychodynamic Treatment of GAD. <i>Psychotherapy: Theory, Research, Practice, Training</i> , 42(2), 211-224. http://doi.apa.org/getdoi.cfm?doi=10.1037/0033-3204.42.2.211 |

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| 65 | Cummings, et al. | 2008 | 54 | Oppositional defiant disorder/disruptive behavior disorder | Child | Supportive-Expressive Psychotherapy – Parent Child (SEP-PC; Wittenberg, adapted from Luborsky, 1985) | The Incredible Years Parenting Program | Cummings, J. G., & Wittenberg, J. V. (2008). Supportive expressive therapy - Parent child version: an exploratory study. <i>Psychotherapy Theory, Research, Practice, Training</i> , 45, 148-164. http://www.ncbi.nlm.nih.gov/pubmed/22122414 |
| 66 | Dare, et al. | 2001 | 84 | Anorexia | Adult | Focal psychoanalytic psychotherapy (Dare, 1995; Malan, 1979) | 1. Cognitive Analytic Therapy (Ryle, 1990; Treasure et al, 1995) 2. Family therapy (no specific reference) 3. Routine care (TAU) | Dare, C., Eisler, I., Russell, G., Treasure, J., & Dodge, L. (2001). Psychological therapies for adults with anorexia nervosa: randomised controlled trial of out-patient treatments. <i>Br J Psychiatry</i> , 178, 216-221. http://www.ncbi.nlm.nih.gov/pubmed/11230031 |
| 67 | de Jonghe, et al. | 2001 | 129 | Depression | Adult | Short Psychodynamic Supportive Psychotherapy (SPSP; de Jonghe, 2005) + medication | Medication alone | de Jonghe, F., Kool, S., van Aalst, G., Dekker, J., & Peen, J. (2001). Combining psychotherapy and antidepressants in the treatment of depression. <i>Journal of Affective Disorders</i> , 64(2-3), 217-29. http://www.ncbi.nlm.nih.gov/pubmed/11313088 |
| 68 | de Jonghe, et al. | 2004 | 191 | Depression | Adult | Short Psychodynamic Supportive Psychotherapy (SPSP; de Jonghe, 2005) | Short Psychodynamic Supportive Psychotherapy + antidepressants | de Jonghe, F., Hendriksen, M., van Aalst, G., Kool, S., Peen, J., & Van, R., et al. (2004). Psychotherapy alone and combined with pharmacotherapy in the treatment of depression. <i>British Journal of Psychiatry</i> , 185, 37-45.. http://www.ncbi.nlm.nih.gov/pubmed/15231554 |
| 69 | de Roten, et al. | 2017 | 149 | Depression | Adult | Intensive Brief Psychodynamic Psychotherapy (IBPP; Despland et al., 2010) + TAU | TAU only | de Roten, Y., Ambresin, G., Herrera, F., Fassassi, S., Fournier, N., Preisig, M., & Despland, J.-N. (2017). Efficacy of an adjunctive brief psychodynamic psychotherapy to usual inpatient treatment of depression: Results of a randomized controlled trial. <i>Journal of Affective Disorders</i> , 209, 105-113. http://doi.org/10.1016/j.jad.2016.11.013 |

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| 70 | Dekker, et al. | 2005 | 103 | Depression | Adult | Short Psychodynamic Supportive Psychotherapy (SPSP; de Jonghe, 2005) 8 sessions + medication | Short Psychodynamic Supportive Psychotherapy (SPSP; de Jonghe, 2005) 16 sessions + medication | Dekker, J., Molenaar, P. J., Kool, S., Van Aalst, G., Peen, J., & de Jonghe, F. (2005). Dose–effect relations in time-limited combined psycho-pharmacological treatment for depression. <i>Psychological Medicine</i> , 35(1), 47–58. http://www.journals.cambridge.org/abstract_S0033291704002685 |
| 71 | Dekker, et al. | 2008 | 70 | Depression | Adult | Short Psychodynamic Supportive Psychotherapy (SPSP; de Jonghe, 2005) | Pharmacotherapy | Dekker, J. J. M., Koelen, J. A., Van, H. L., Schoevers, R. A., Peen, J., Hendriksen, M., ... De Jonghe, F. (2008). Speed of action: the relative efficacy of short psychodynamic supportive psychotherapy and pharmacotherapy in the first 8 weeks of a treatment algorithm for depression. <i>Journal of Affective Disorders</i> , 109(1-2), 183–188. http://linkinghub.elsevier.com/retrieve/pii/S1650327007003588 |
| 72 | Dinger, et al. | 2014 | 44 | Depression | Adult | Day-clinic multimodal psychodynamic psychotherapy (no specific manual referenced) | Inpatient multimodal psychodynamic psychotherapy (no specific manual referenced) | Dinger, U., Klipsch, O., Köhling, J., Ehrenthal, J. C., Nikendei, C., Herzog, W., & Schauenburg, H. (2014). Day-clinic and inpatient psychotherapy for depression (DIP-D): A randomized controlled pilot study in routine clinical care. <i>Psychotherapy and Psychosomatics</i> , 83(3), 194–195. http://doi.org/10.1159/000357437 |
| 73 | Doering, et al. | 2010 | 104 | Borderline personality disorder | Adult | Transference-Focused Psychotherapy (TFP; Clarkin, Yeomans, & Kernberg, 1999) | TAU (experienced therapists) | Doering, S., Hörrz, S., Rentrop, M., Fischer-Kern, M., Schuster, P., & Benecke, C., et al. (2010). Transference-focused psychotherapy v. treatment by community psychotherapists for borderline personality disorder: randomised controlled trial. <i>Br J Psychiatry</i> , 196, 389–395. http://www.ncbi.nlm.nih.gov/pubmed/20435966 |
| 74 | Donnino, et al. | 2021 | 35 | Chronic pain | Adult | Psychophysiological symptom relief therapy (based on Sarno, 2001 and Schubiner, 2010) | 1. TAU 2. Mindfulness-Based Stress Reduction | Donnino, M. W., Thompson, G. S., Mehta, S., Paschali, M., Howard, P., Anton森, S. B., ... Grossreiter, A. V. (2021). Psychophysiological symptom relief therapy for chronic back pain: a pilot randomized controlled trial. <i>PAIN Reports</i> , 6(3), e959. https://doi.org/10.1097/PR9.00000000000000959 |

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| 75 | Driessens, et al. | 2013 | 341 | Depression | Adult | Short Psychodynamic Supportive Psychotherapy (SPSP; de Jonghe, 2005) | Cognitive-Behavior Therapy (CBT; Molenaar et al., 2009) | Driessens E, Van HL, Don FJ, Peen J, Kool, S., Westra, D., ... Dekker, J. J. M. (2013). The Efficacy of Cognitive-Behavioral Therapy and Psychodynamic Therapy in the Outpatient Treatment of Major Depression: A Randomized Clinical Trial. <i>American Journal of Psychiatry</i> , 170(9), 1041-1050 https://www.ncbi.nlm.nih.gov/pubmed/24030613 |
| 76 | Durham, et al. | 1994 | 110 | Generalized anxiety disorder (GAD) | Adult | Analytic-based psychotherapy (no specific reference) | Cognitive Therapy / Anxiety Management training (Beck & Emery, 1985) | Durham, R. C., Murphy, T., Allan, T., Richard, K., Treliiving, L. R., & Fenton, G. W., et al. (1994). Cognitive therapy, analytic psychotherapy and anxiety management training for generalised anxiety disorder. <i>Br J Psychiatry</i> , 165, 313-323. http://www.ncbi.nlm.nih.gov/pubmed/7994500 |
| 77 | Durham, et al. | 2003 | 66 | Schizophrenia (and other medication- resistant psychotic symptoms) | Adult | Supportive therapy (dynamically oriented; Garfield, 1995; De Jonghe, 1993) | CBT (Tarrier, 1992; Kingdon & Turkington, 1994). + TAU | Durham, R. C., Guthrie, M., Morton, R. V., Reid, D. a., Treliiving, L. R., Owler, D. F., & Macdonald, R. A. R. (2003). Tayside-Fife clinical trial of cognitive-behavioural therapy for medication-resistant psychotic symptoms. <i>British Journal of Psychiatry</i> , 182, 303–311. http://www.ncbi.nlm.nih.gov/pubmed/12668405 |
| 78 | Edginton, et al. | 2018 | 32 | Treatment-resistant conduct disorders (children and carers) | Child | Manualised psychoanalytic child psychotherapy (mPCP) | TAU | Edginton, E., Walwyn, R., Twiddy, M., Wright-hughes, A., Tubeuf, S., Reed, S., ... Group, F. (2018). TiGA-CUB-manualised psychoanalytic child psychotherapy versus treatment as usual for children aged 5 – 11 with treatment-resistant conduct disorders and their primary carers: results from a randomised controlled feasibility trial. <i>Journal of Child and Adolescent Mental Health</i> , 0583. http://doi.org/10.2989/17280583.2018.1532433 |
| 79 | Emmelkamp, et al. | 2006 | 62 | Avoidant personality disorder | Adult | Brief Dynamic Therapy (BDT; Malan, 1979; also reference to Luborsky, 1984) | 1. CBT (Beck & Freeman, 1990; Emmelkamp et al., 1992) 2. Waitlist | Emmelkamp, P. M. G., Benner, A., Kuipers, A., Feiertag, G. A., Koster, H. C., & Van Apeldoorn, F. J., et al. (2006). Comparison of brief dynamic and cognitive-behavioural therapies in avoidant personality disorder. <i>Br J Psychiatry</i> , 189, 60-64. http://www.ncbi.nlm.nih.gov/pubmed/16816307 |

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| 80 | Esmaeili, et al. | 2015 | 30 | ADHD | Child | Sandplay Therapy (no specific reference; see review by Roesler, 2019) | Waitlist/TAU | Esmaeili, A., & Soltanizadeh, M. (2015). The effects of sand therapy on the anxiety, positive & negative emotions & social adjustment pre-school children with attention deficit/hyperactivity. <i>Journal of Chemical and Pharmaceutical Research</i> , 7(10), 972–977. Retrieved from https://www.sciencedirect.com/science/article/pii/0005796715000586 |
| 81 | Fairburn, et al. | 1986 | 24 | Bulimia | Adult | Short-term Focal Psychotherapy (Rosen, 1979) | CBT (Fairburn, 1985) | Fairburn, G., Kirk, J., Connor, M. O., & Cooper, P. J. (1986). A comparison of two psychological treatments for bulimia. <i>Behaviour research and therapy</i> , 24(6), 629–643. http://www.sciencedirect.com/science/article/pii/0005796786900586 |
| 82 | Faramarzi, et al. | 2013 | 49 | Functional dyspepsia | Adult | Supportive-Expressive Psychotherapy (SEP; Book, 1998, based on Luborsky, 1984) + standard medical therapy | TAU (medical therapy) | Faramarzi, M., Azadfallah, P., Book, H. E., Tabatabaei, K. R., Taheri, H., & Shokri-Shirvani, J. (2013). A randomized controlled trial of brief psychoanalytic psychotherapy in patients with functional dyspepsia. <i>Asian journal of psychiatry</i> , 6(3), 228–34. http://www.ncbi.nlm.nih.gov/pubmed/23642981 |
| 83 | Farzadkia, et al. | 2023 | 36 | Fibromyalgia | Adult | Intensive Short-Term Dynamic Psychotherapy (Davanloo, 2000) | 1. Mindfulness-Based Stress Reduction (Kabat-Zinn, 2015) 2. No treatment | Farzadkia, M., Farhangi, A., & Abolghasemi, S. (2023). Effectiveness of Mindfulness-Based Stress Reduction and Intensive Short-Term Dynamic Psychotherapy in Improving Mental Health and Mitigating Alexithymia in Fibromyalgia Patients. <i>International Journal of Musculoskeletal Pain Prevention</i> , 8(1). |
| 84 | Farzdi, et al. | 2021 | 30 | Irritable bowel syndrome | Adult | Short-Term Dynamic Psychotherapy (STD; no specific reference) | No treatment | Farzdi, H., Heidari, A., Moradimanesh, F., & Naderi, F. (2021). The Effectiveness of Short-Term Dynamic Psychotherapy on Symptoms Severity and Disease Perception among Patients with Irritable Bowel Syndrome : A Pilot study. <i>Salamat-i-Jtim (Community Health)</i> , 8(2), 221–231. https://doi.org/https://doi.org/10.22037/ch.v8i2.31425 |

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| 85 | Fischmann, et al. | 2020 | 526 | Children-at-risk | Child | Early Steps program (psychodynamic/attachment based, see main article) + Faustlos program | Faustlos program only (described as "TAU") | Fischmann, T., Asseburg, L. K., Green, J., Hug, F., Neubert, V., Wan, M., & Leuzinger-Bohleber, M. (2020). Can Psychodynamically Oriented Early Prevention for "Children-at-Risk" in Urban Areas With High Social Problem Density Strengthen Their Developmental Potential? A Cluster Randomized Trial of Two Kindergarten-Based Prevention Programs. <i>Frontiers in Psychology</i> , 11(December). https://doi.org/10.3389/fpsyg.2020.599477 |
| 86 | Fonagy, et al. | 2015 | 129 | Depression (treatment resistant) | Adult | Long-Term Psychoanalytic Psychotherapy (LTPP; Taylor, 2015) | TAU | Fonagy, P., Rost, F., Carlyle, J.-A., Mcpherson, S., Thomas, R., Fearon, R. M. P., ... Taylor, D. (2015). Pragmatic randomized controlled trial of long-term psychoanalytic psychotherapy for treatment-resistant depression : the Tavistock Adult Depression Study (TADS). <i>World Psychiatry</i> , 14(3), 312-321 http://www.ncbi.nlm.nih.gov/pubmed/26407787 |
| 87 | Fonagy, et al. | 2016 | 74 | Parents with mental health problems | Adult/child | Parent-Infant Psychotherapy (PIP) | Standard care | Fonagy, P., Sleed, M., & Baradon, T. (2016). Randomized Controlled Trial of Parent-Infant Psychotherapy for Parents With Mental Health Problems and Young Infants. <i>Infant Mental Health Journal</i> , 37(2), 97-114 http://doi.wiley.com/10.1002/imhj.21553 |
| 88 | Fonagy, et al. | 2019 | 147 | Depression | Adult | Dynamic Interpersonal Therapy (DIT; Lemma et al., 2010, 2011) | 1. Low intensity treatment (Coull & Morris, 2011) 2. Standard CBT (Beck & Haigh, 2014) | Fonagy, P., Lemma, A., Target, M., O'Keeffe, S., Constantinou, M. P., Ventura Wurman, T., ... Pilling, S. (2019). Dynamic interpersonal therapy for moderate to severe depression: a pilot randomized controlled and feasibility trial. <i>Psychological Medicine</i> , (May), 1–10. https://doi.org/10.1017/S0033291719000928 |
| 89 | Fooladi, et al. | 2018 | 16 | Social anxious mothers of children with Aspergers syndrome | Adult | Intensive Short-Term Dynamic Psychotherapy (ISTDP; Davanloo, 1980) | No treatment | Fooladi, F., Broojeni, M. K., Soodjani, Y. R., & Province, B. (2018). Effectiveness of Intensive Short-Term Dynamic Psychotherapy (ISTDP) on the Social Anxiety of Mothers of Children with Asperger Syndrome. <i>Journal of Exceptional Children (Iran)</i> , 55–64. |

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| 90 | Frederickson, et al. | 2019 | 62 | Substance abuse | Adult | ISTDP-based inpatient program (Abbas, 2015; Frederickson, 2013) | TAU | Frederickson, J., Dendooven, B., Abbas, A., Solbakken, O. A., & Rousmaniere, T. (2019). Pilot study: An inpatient drug rehabilitation program based on intensive short-term dynamic psychotherapy. <i>Journal of Addictive Diseases</i> , 0(0), 1–7. https://doi.org/10.1080/10550887.2019.1658513 |
| 91 | Gallagher-Thompson, et al. | 1994 | 66 | Depression (among family caregivers) | Adult | Time-Limited Psychotherapy (TLP; Lewinsohn et al, 1985; Gallagher et al 1981) | CBT (Beck et al., 1979; Lewinsohn et al, 1985; Gallagher et al 1981) | Gallagher-Thompson, D., & Steffen, A. M. (1994). Comparative effects of cognitive- behavioral and brief psychodynamic psychotherapies for depressed family caregivers. <i>J Consult Clin Psychol</i> , 62, 543-549. http://www.ncbi.nlm.nih.gov/pubmed/8063980 |
| 92 | Gallagher, et al. | 1982 | 30 | Depression | Older adult | Brief relational/insight psychotherapy (Bellak & Small, 1965) | Behavioral therapy / Cognitive therapy (Lewinsohn et al, 1976; Gallagher et al., 1981) | Gallagher, D. E., & Thompson, L. W. (1982). Treatment of major depressive disorder in older adult outpatients with brief psychotherapies. <i>Psychotherapy: Theory, Research, and Practice</i> , 482-490. http://psycnet.apa.org/journals/pst/19/4/482/ |
| 93 | Garner, et al. | 1993 | 60 | Bulimia | Adult | Supportive-Expressive Psychotherapy (SEP; Luborsky, 1984) | CBT (Fairburn, 1985) | Garner, D. M., Rockert, W., Davis, R., Garner, M. V., Olmsted, M. P., & Eagle, M., et al. (1993). Comparison of cognitive-behavioral and supportive-expressive therapy for bulimia nervosa. <i>Am J Psychiatry</i> , 150, 37-46. http://www.ncbi.nlm.nih.gov/pubmed/8417578 |
| 94 | Gelder, et al. | 1967 | 44 | Phobic states | Adult | Psychotherapy (described as dynamic, no reference) | 1. Desensitization (Wolpe) 2. Group psychotherapy (Foulkes) | Gelder, M. G., Marks, I. M., & Wolff, H. H. (1967). Desensitization and psychotherapy in the treatment of phobic states: a controlled inquiry. <i>British Journal of Psychiatry</i> , 113(494), 53-81. http://bjp.rcpsych.org/cgi/doi/10.1192/bjp.11.3.494.53 |

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| 95 | Georg, et al. | 2020 | 154 | Regulatory disorders in infants | Child | Focused Parent-Infant Psychotherapy (FPIP; Cierpka; 2007, 2016, 2017) | TAU | Georg, A. K., Cierpka, M., Schröder-Pfeifer, P., Kress, S., & Taubner, S. (2020). The Efficacy of Brief Parent-Infant Psychotherapy for Treating Early Regulatory Disorders: A Randomized-Controlled Trial. <i>Journal of the American Academy of Child & Adolescent Psychiatry</i> . https://doi.org/10.1016/j.jaac.2020.06.016 |
| 96 | Gersons, et al. | 2000 | 42 | PTSD | Adult | Brief Eclectic Psychotherapy (BEP; Gersons & Carlier, 1994; Manual includes both CBT and PDT components) | Waitlist | Gersons, B. P., Carlier, I. V., Lamberts, R. D., & van der Kolk, B. a. (2000). Randomized clinical trial of brief eclectic psychotherapy for police officers with posttraumatic stress disorder. <i>Journal of Traumatic Stress</i> , 13(2), 333-47. http://www.ncbi.nlm.nih.gov/pubmed/10838679 |
| 97 | Ghorbani, et al. | 2000 | 27 | Students | Adult | Intensive Short-Term Dynamic Psychotherapy (ISTDP; Davanloo, 1990) | Simple verbal disclosure groups (SVD) | Ghorbani, N., Dadsetan, P., Ejei, J., & Motiyani, H. (2000). The consequences of overcoming resistance and emotional disclosure on lymphocyte T-helper and T-suppressor and psychological pathology. <i>Journal of Psychology (in persian)</i> , 3, 368-89. |
| 98 | Giesen-Bloo, et al. | 2006 | 88 | Borderline personality disorder | Adult | Transference-Focused Psychotherapy (TFP; Clarkin, Yeomans, & Kernberg, 1999; Yeomans, Clarkin, & Kernberg, 2002) | Schema-focused therapy (Young, 1994; Young et al, 2003) | Giesen-Bloo, J., van Dyck, R., Spinhoven, P., van Tilburg, W., Dirksen, C., & van Asselt, T., et al. (2006). Outpatient psychotherapy for borderline personality disorder: randomized trial of schema-focused therapy vs transference-focused psychotherapy. <i>Arch Gen Psychiatry</i> , 63, 649-658. http://www.ncbi.nlm.nih.gov/pubmed/16754838 |
| 99 | Gilbert, et al. | 1981 | 52 | Depression (psychotic and neurotic) | Adult | Analytically oriented psychotherapy (Mann, 1963) | 1. CBT (Beck, 1976, 1978) 2. Waitlist | Gilbert, A. R. (1982). <i>Psychotherapy and clinical depression: An evaluation of Cognitive-behavioral and Psychoanalytic modes of treatment intervention</i> . Dissertation. The Wright Institute Graduate School of Psychology (Berkeley). |

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| 100 | Gilboa-Schechtman, et al. | 2010 | 38 | PTSD | Adolescent | Time-Limited Psychotherapy for Adolescents (TLP-A; Shefner et al, 1995) | Prolonged exposure (Foa) | Gilboa-Schechtman, E., Foa, E. B., Shafrazi, N., Aderka, I. M., Powers, M. B., Radhamim, L., ... Apter, A. (2010). Prolonged exposure versus dynamic therapy for adolescent PTSD: a pilot randomized controlled trial. <i>Journal of the American Academy of Child and Adolescent Psychiatry</i> , 49(10), 1034-42. http://www.ncbi.nlm.nih.gov/entrez/reader.fcgi?artid=2945239&tool=pmcentrez&rendertype=abstract |
| 101 | Goodman, et al. | 2023 | 109 | Ethnically and Socioeconomically Minoritized Young Adolescents | Adolescent | Storytelling/story-acting for adolescents (STSA-A; Goodman et al, 2015) | Mentalization-based Treatment Group Intervention (MBT-G; Malberg et al, 2017) | Goodman, G., Blum, B., Rentrop, C., Malberg, N., & Agrawal, P. (2023). The Efficacy of Two Group Interventions on Mental Representations, Attachment Security, and Trauma Symptoms in Ethnically and Socioeconomically Minoritized Young Adolescents in an Urban Middle School. <i>International Journal of Environmental Research and Public Health</i> , 20(10), 5789. https://doi.org/10.3390/ijerph20105789 |
| 102 | Goodyer, et al. | 2016 | 470 | Depression | Adolescent | Short-Term Psychoanalytic Psychotherapy (STPP; Cregeen et al., 2016) | 1. CBT (Graham et al., 2015) 2. Brief Psychosocial Intervention (BPI; Trowell et al., 2009) | Goodyer, I. M., Reynolds, S., Barrett, B., Byford, S., Dubicka, B., Hill, J., ... Midgley, N. (2016). Cognitive behavioural therapy and short-term psychoanalytical psychotherapy versus a brief psychosocial intervention in adolescents with unipolar major depressive disorder (IMPACT): a multicentre, pragmatic, observer-blind, randomised controlled superiority trial. <i>The Lancet Psychiatry</i> , 366(16), 1-11. http://doi.org/10.1016/S2215-0366(16)30378-9 |
| 103 | Gowers, et al. | 1994 | 40 | Anorexia | Adolescent/young adult | Short term individual + family interview (Butcher, 1986) | Assessment only | Gowers, S., Norton, K., Halek, C., & Crisp, A. H. (1994). Outcome of outpatient psychotherapy in a random allocation treatment study of anorexia nervosa. <i>Int J Eat Disord</i> , 15, 165-177 http://www.ncbi.nlm.nih.gov/pubmed/8173562 |
| 104 | Gregory, et al. | 2008 | 30 | Borderline personality disorder + alcohol use disorder | Adult | Dynamic Deconstructive Psychotherapy (DDP; Gregory & Remen) | TAU | Gregory, R. J., Chlebowksi, S., Kang, D., Remen, A. L., Soderberg, M. G., & Stepkovitch, J., et al. (2008). A controlled trial of psychodynamic psychotherapy for co-occurring borderline personality disorder and alcohol use disorder. <i>Psychotherapy: Theory, Research, Practice, Training</i> , 45, 28-41. https://www.ncbi.nlm.nih.gov/pubmed/22122363 |

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| 105 | Griffiths, et al. | 2019 | 53 | Recent self-harm (6 months) | Adolescent | MBT introductory group manual for an adolescent population (MBT-Ai; Karterud, 2011) + TAU | TAU | Griffiths, H., Duffy, F., Duffy, L., Brown, S., Hockaday, H., Eliasson, E., ... Schwannauer, M. (2019). Efficacy of Mentalization-based group therapy for adolescents: The results of a pilot randomised controlled trial. <i>BMC Psychiatry</i> , 19(1), 1-13. https://doi.org/10.1186/s12888-019-2158-8 |
| 106 | Grothe, et al. | 2003 | 22 | PTSD | Adult | Mehrdimensionale Psychodynamische Traumatherapie (MPTT; Fischer, 2000) | 1. EMDR (Shapiro, 1995; 1998) 2. Waitlist control (?) | Grothe, C., Bering, R., Spieß, R., Lüneburg, E., & Fischer, G. (2003). Mehrdimensionale Psychodynamische Traumatherapie (MPTT) Forschungsergebnisse zur Standardversion. <i>Zeitschrift für Psychotherapie, Psychosomatik und Psychologische Medizin</i> 1 (2), 27-43. |
| 107 | Gunderson, et al. | 1984 | 95 | Schizophrenia | Adult | Exploratory, insight oriented psychotherapy (Adapted from Fromm-Reichmann, no reference) | Reality-adaptive, supportive psychotherapy | Gunderson, J. G., Frank, A. F., Katz, H. M., Vannicelli, M. L., Frosch, J. P., & Knapp, P. H., et al. (1984). Effects of psychotherapy in schizophrenia: II. Comparative outcome of two forms of treatment. <i>Schizophr Bull</i> , 10, 564-598. http://www.ncbi.nlm.nih.gov/pubmed/6151246 |
| 108 | Guthrie, et al. | 1991 | 115 | Irritable bowel syndrome | Adult | Psychodynamic-Interpersonal Therapy (PIT; Hobson, 1985) + TAU | TAU | Guthrie, E., Creed, F., Dawson, D., & Tomenson, B. (1991). A controlled trial of psychological treatment for the irritable bowel syndrome. <i>Gastroenterology</i> , 100, 450-457. http://www.gastrojournal.org/article/0016-5085(91)90215-7/pdf |
| 109 | Guthrie, et al. | 1999 | 110 | Mixed sample | Adult | Psychodynamic-Interpersonal Therapy (PIT; Hobson, 1985) | TAU | Guthrie, E., Moorey, J., Margison, F., Barker, H., Palmer, S., & McGrath, G., et al. (1999). Cost-effectiveness of brief psychodynamic-interpersonal therapy in high utilizers of psychiatric services. <i>Arch Gen Psychiatry</i> , 56, 519-526. http://www.ncbi.nlm.nih.gov/pubmed/10359466 |

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| 110 | Guthrie, et al. | 2001 | 119 | Deliberate self-poisoning | Adult | Psychodynamic-Interpersonal Therapy (PIT; Hobson, 1985) | TAU | Guthrie, E., Kapur, N., Mackway-Jones, K., Chew-Graham, C., Moorey, J., & Mendel, E., et al. (2001). Randomised controlled trial of brief psychological intervention after deliberate self poisoning. <i>BMJ</i> , 323, 135-138. http://www.ncbi.nlm.nih.gov/entrez/der.fcgi?artid=34723&tool=pmcentrez&rendertype=abstract |
| 111 | Hackett, et al. | 2020 | 20 | Aggression in people with intellectual disabilities | Adult | Interpersonal art psychotherapy (based on CCT, Hackett, 2012; 2013) + TAU | TAU | Hackett, S. S., Zubala, A., Aafjes-van Doorn, K., Chadwick, T., Harrison, T. L., Bourne, J., ... Kaner, E. (2020). A randomised controlled feasibility study of interpersonal art psychotherapy for the treatment of aggression in people with intellectual disabilities in secure care. Pilot and Feasibility Studies, 6(1), 1-15. https://doi.org/10.1186/s40814-020-00703-0 |
| 112 | Haji, et al. | 2020 | 40 | Anxiety in Rheumatoid Arthritis patients | Adult | Intensive Short-Term Dynamic Psychotherapy (ISTDP; Davanloo, 1999) | Waitlist | Haji alizadeh, K., Amani, N., Zarei, E., & Dortsaj, F. (2020). Effectiveness of intensive short-term dynamic psychotherapy on anxiety in Rheumatoid Arthritis patients. <i>Journal of Research in Behavioural Sciences</i> , 18(3), 1000-1001. Retrieved from http://dx.doi.org/10.1088/1751-8113/44/8/085201 |
| 113 | Hall & Crisp | 1987 | 30 | Anorexia | Adolescent/young adult | Combined individual and family psychotherapy (no reference) | Dietary advice | Hall, A., & Crisp, A. H. (1987). Brief psychotherapy in the treatment of anorexia nervosa: Outcome at one year. <i>British Journal of Psychiatry</i> , 151, 185-191. http://www.ncbi.nlm.nih.gov/pubmed/3690108 |
| 114 | Hamilton, et al. | 2000 | 95 | Chronic Functional Dyspepsia | Adult | Psychodynamic-Interpersonal Therapy (PIT; Hobson, 1985) | Supportive therapy (Guthrie, unpub.) | Hamilton, J., Guthrie, E., Creed, F., Thompson, D., Tomenson, B., & Bennett, R., et al. (2000). A randomized controlled trial of psychotherapy in patients with chronic functional dyspepsia. <i>Gastroenterology</i> , 119, 661-669. http://linkinghub.elsevier.com/retrieve/pii/S016508500145949 |

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| 115 | Harmashki, et al. | 2021 | 58 | Recovering addicts | Adult | ISTDP + 12 step program | No treatment | Harnashki, H. K., Ahadi, H., & Tajeri, D. (2021). The Effectiveness of Short-term Intensive Dynamic Psychotherapy Interventions and Twelve-step Method in Reducing Drug Temptation and Reducing the Projective Defense Mechanisms of Recovering Addicts in Tehran Province. <i>Journal of Preventive Counselling</i> , 2(4), 18-31. |
| 116 | Hellerstein, et al. | 1998 | 49 | Personality disorders (cluster C) | Adult | Intensive Short-Term Dynamic Psychotherapy (ISTDP; Davanloo, 1980) | Brief Adaptive Therapy (Winston?) | Hellerstein, D. J., Rosenthal, R. N., Pinsker, H., Samstag, L. W., Muran, J. C., & Winston, A., et al. (1998). A randomized prospective study comparing supportive and dynamic therapies. Outcome and alliance. <i>J Psychother Pract Res</i> , 7, 261-271. http://psycnet.apa.org/psycinfo/1998-12001-001 |
| 117 | Herrmann-Lingen, et al. | 2016 | 570 | Depressive symptoms in patients with coronary artery disease | Adult | Stepwise psychotherapy program (3 sessions Supportive-Expressive Psychotherapy (Luborsky, 1984) + group therapy (no specific manual | TAU | Herrmann-Lingen, C., Beutel, M. E., Bosbach, A., Deter, H., Fritzsche, K., Hellmich, M., ... Albus, C. (2016). Stepwise Psychotherapy Intervention for Reducing Risk in Coronary Artery Disease: Results of an Observer-Blinded, Multicenter, Randomized Trial in Depressed Patients With Coronary Artery Disease. <i>Psychosomatic Medicine</i> , 1-12. http://doi.org/10.1097/PSY.000000000000032 |
| 118 | Hersen, et al. | 1984 | 120 | Depression | Adult | Time-Limited Dynamic Therapy (no reference) + placebo | 1. Social skill training + placebo 2. Social skills training + amitriptyline 3. Amitriptyline alone | Hersen, M., Himmelhoch, J. M., Thase, M. E., & Bellack, A. S. (1984). Effects of social skill training, amitriptyline, and psychotherapy in unipolar depressed women. <i>Behavior Therapy</i> , 15(1), 21-40. http://linkinghub.elsevier.com/retrieve/pii/S005789484800398 |
| 119 | Hertzmann, et al. | 2016 | 30 | Parents in entrenched conflict | Adult | Mentalization-Based Treatment for Parental Conflict (MBT-PT; Hertzmann & Abse, 2008; Nyberg & Hertzmann, 2014) | Parent Group (psychoeducation) | Hertzmann, L., Target, M., Hewison, D., Casey, P., Fearon, P., & Lassri, D. (2016). Mentalization-based therapy for parents in entrenched conflict: A random allocation feasibility study. <i>Psychotherapy</i> , 53(4), 388-401. http://psycnet.apa.org/buy/2016-5849B-002 |

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| 120 | Hewitt, et al. | 2023 | 80 | Perfectionism | Adult | Group dynamic-relational therapy (DRT; Hewitt et al, 2017) | Group psychodynamic supportive therapy (Rockland, 1993) | Hewitt, P. L., Kealy, D., Mikail, S. F., Smith, M. M., Ge, S., Chen, C., ... Ko, A. (2023). The efficacy of group psychotherapy for adults with perfectionism: A randomized controlled trial of dynamic-relational therapy versus psychodynamic supportive therapy. <i>Journal of Consulting and Clinical Psychology</i> , 91(1), 29–42. https://doi.org/10.1037/cop0000787 |
| 121 | Hoffart, et al. | 1990 | 69 | Agoraphobia | Adult | Integrative behavioural-psychodynamic treatment (no specific reference) | Psychodynamic oriented group therapy | Hoffart, A., & Martensen, E. W. (1990). Exposure-based integrated vs. Pure psychodynamic treatment of agoraphobic inpatients. <i>Psychotherapy: Theory, Research, Practice, Training</i> , Vol 27(2), 210–218. http://psycnet.apa.org/psycinfo/1990-29285-001 |
| 122 | Horn, et al. | 2005 | 20 | Depression | Child/adolescent | Psychodynamic Short-Term Psychotherapy (PSTP; unpublished manual by Hartmann, Horn, & Kronmüller) | Waitlist | Horn, H., Geiser-Elze, A., Reck, C., Hartmann, M., Victor, D., Winkelmann, K., & Kronmüller, K.-T. (2005). Zur Wirksamkeit psychodynamischer Kurzzeitpsychotherapie bei Kindern und Jugendlichen mit Angststörungen [Efficacy of psychodynamic short-term psychotherapy for children and adolescents with depression]. <i>Praxis Der Kinderpsychologie Und Kinderpsychiatrie</i> , 54, 578–597. Article in German. https://www.ncbi.nlm.nih.gov/pubmed/16180527 |
| 123 | Huber, et al. | 2012 | 100 | Depression | Adult | Psychoanalysis (non-manualized) | 1. LTPP (non-manualized) 2. CBT (non-manualized; patients not randomly assigned to this group) | Huber, D., Henrich, G., Gastner, J., & Klug, G. (2012). Must All Have Prizes? The Munich Psychotherapy Study. In <i>Psychodynamic Psychotherapy Research</i> . http://link.springer.com/chapter/10.1007%2F978-1-60761-792-1_4#page-1 |
| 124 | Hubschmid, et al. | 2015 | 23 | Motor conversion disorder and nonepileptic seizures | Adult | Interdisciplinary psychotherapeutic intervention (Psychodynamic-Interpersonal Therapy (PIT) based on Guthrie, 1999) | Standard care | Hubschmid, M., Aybek, S., D, M., Maccaferri, G. E., D, M., Chorcon, O., ... D, M. (2015). Efficacy of brief interdisciplinary psychotherapeutic intervention for motor conversion disorder and nonepileptic attacks. <i>General Hospital Psychiatry</i> , 37(5), 448–455. http://dx.doi.org/10.1016/j.genhosppsych.2015.05.007 |

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| 125 | Høglend, et al. | 2006 | 100 | Mixed sample | Adult | Psychodynamic psychotherapy with transference interpretation (Høglend, 1995) | Psychodynamic psychotherapy without transference interpretation (Høglend, 1995) | Høglend, P., Amio, S., Marble, A., Bøgwald, K. P., Sørbye, O., & Sjaastad, M. C., et al. (2006). Analysis of the patient-therapist relationship in dynamic psychotherapy: an experimental study of transference interpretations. <i>Am J Psychiatry</i> , 163, 1739-1746. http://www.ncbi.nlm.nih.gov/pubmed/17012684 |
| 126 | Irani, et al. | 2023 | 45 | Mixed sample | Adult | Intensive Short-Term Dynamic Psychotherapy (ISTDP; no specific reference to manual) | 1. Control 2. Existential therapy | Irani, Z., Khakpour, R., & Behboodi, M. (2023). Comparison the Effectiveness of Online Intensive Short-Term Dynamic Psychotherapy (ISTDP) and Existential Therapy on the Defense Mechanisms of Psychosomatics Patients. <i>Journal of Rooyesh-e-Ravanshenasi Journal</i> , 11(10). |
| 127 | Jakobsen, et al. | 2014 | 44 | Depression | Adult | Mentalization-Based Treatment (MBT; Danish manual by Larsen, 2009 (http://www.ctu.dk))) | Third Wave Cognitive Therapy (http://ctu.dk/publications/supplementary-material-material.aspx). | Jakobsen, J. C., Gluud, C., Kongerslev, M., Larsen, K. A., Sørensen, P., Winkel, P., ... Simonsen, E. (2014). Third-wave cognitive therapy versus mentalisation-based treatment for major depressive disorder: A randomised clinical trial. <i>BMJ Open</i> , 4 (8), 1–12. http://doi.org/10.1136/bmjopen-2014-004903 |
| 128 | Jang & Kim | 2012 | 9 | Migrant women | Adult | Group sandplay Therapy (Kalf, 1973; see also review by Roesler, 2019) | No treatment | Jang, M., & Kim, Y. hee. (2012). The effect of group sandplay therapy on the social anxiety, loneliness and self-expression of migrant women in international marriages in South Korea. <i>Arts in Psychotherapy</i> , 39(1), 38–41. https://doi.org/10.1016/j.aip.2011.11.008 |
| 129 | Jantschek, et al. | 1999 | 108 | Crohn's disease | Adult | Psychodynamic psychotherapy + relaxation + drug treatment (no manual was used but reference to Luborsky, 1984) | Drug treatment alone | Jantschek, G., Zeitz, M., Wirsching, M., Klor, H. U., Studt, H. H., Raenack, J., ... Disease, T. G. S. G. on P. I. in C. (1999). Effect of psychotherapy on the course of Crohn's disease. <i>Psychosomatic Intervention in CD</i> , 1289–1296. http://www.ncbi.nlm.nih.gov/pubmed/9930393 |

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| 130 | Johansson, et al. | 2012 | 92 | Depression | Adult | Internet-Based Psychodynamic Guided Self-Help (IPDT; based on SUBGAP model by Ilverberg, 2005) | Psychoeducation + support | Johansson, R., Ekbladh, S., Hebert, A., Lindström, M., Möller, S., Petitt, E., ... Andersson, G. (2012). Psychodynamic Guided Self-Help for Adult Depression through the Internet: A Randomised Controlled Trial. <i>(A. Bruce, Ed.) PLoS ONE</i> , 7(5), http://dx.plos.org/10.1371/journal.pone.0038021 |
| 131 | Johansson, et al. | 2013 | 100 | Depression and/or anxiety | Adult | Internet-Based Affect-Focused Psychodynamic Guided Self-Help (IPDT; based on Frederick, 2009) | Online therapist support and clinical monitoring | Johansson, R., Björklund, M., Hornborg, C., Karlsson, S., Hesser, H., Ljótsson, B., ... Andersson, G. (2013). Affect-focused psychodynamic psychotherapy for depression and anxiety through the Internet: a randomized controlled trial. <i>PeerJ</i> , 1, e102. https://peerj.com/articles/102 |
| 132 | Johansson, et al. | 2017 | 72 | Social anxiety disorder (SAD) | Adult | Internet-Based Affect-Focused Psychodynamic Guided Self-Help (IPDT; based on Frederick, 2009) | Waitlist | Johansson, R., Hesslow, T., Ljótsson, B., Jansson, A., Jonsson, L., Färdig, S., Karlsson, J., Hesser, H., Frederick, R. J., Lilliengren, P., Carlbring, P., & Andersson, G. (2017). Internet-based affect-focused psychodynamic therapy for social anxiety disorder: A randomized controlled trial with 2-year follow-up. <i>Psychotherapy</i> , 54(4). http://doi.org/10.1037/pst0000147 |
| 133 | Jørgensen, et al. | 2012 | 85 | Borderline personality disorder | Adult | Mentalization-Based Therapy (MBT; Bateman & Fonagy, 2001) | Supportive group therapy | Jørgensen, C. R., Freund, C., Bøye, R., Jordet, H., Andersen, D., & Kjelbye, M. (2012). Outcome of mentalization-based and supportive psychotherapy in patients with borderline personality disorder: a randomized trial. <i>Acta psychiatica Scandinavica</i> , 1–13. http://www.ncbi.nlm.nih.gov/pubmed/22897123 |
| 134 | Kamkhagi, et al. | 2015 | 37 | Family caregivers to Alzheimer's disease (depression, quality of life, burden) | Adult | Psychodynamic Group Psychotherapy (PGT) | Body Awareness Therapy (BAT) | Kamkhagi, D., Costa, A. C. O., Kusminsky, S., Supino, D., Diniz, B. S., Gattaz, W. F., & Forlenza, O. V. (2015). Benefits of psychodynamic group therapy on depression, burden and quality of life of family caregivers to Alzheimer's disease patients. <i>Archives of Clinical Psychiatry</i> , 42(6), 157–160. http://doi.org/10.1016/j.jalz.2014.05.934 |

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| 135 | Kampling, et al. | 2022 | 143 | Patients with type 1 or 2 diabetes | Adult | Psy-PAD (Köhler & Kruse, 2011) + standard care | Standard care alone | Kampling, H., Köhler, B., Germerott, I., Haastert, B., Icks, A., Kulzer, B., ... Kruse, J. (2022). An integrated psychosomatic treatment program for people with diabetes (psy-PAD). <i>Deutsches Ärzteblatt International</i> , 119(14), 245–252. https://doi.org/10.3238/arztebl.m2022.0094 |
| 136 | Karon, et al. | 1972 | 36 | Schizophrenia | Adolescent/adult | Psychoanalytic psychotherapy (Karon, 1963, 1964; Karon & Rosberg, 1958; Rosberg & Karon, 1958) | 1. Psychoanalytic psychotherapy ("Ego-oriented"; Tierney, 1965) + medication 2. Medication alone | Karon, B. P., & Vandenberg, G. R. (1972). The consequences of psychotherapy for schizophrenic patients. <i>Psychotherapy: Theory, Research & Practice</i> , 9(2), 111–119. http://doi.org/10.1037/h0086728 |
| 137 | Kashfi, et al. | 2022 | 39 | Recovering addicts | Adult | Intensive Short-Term Dynamic Psychotherapy (ISTDP; no specific reference to manual) | No treatment | Kashfi, N., Ghanifar, H. M., Nasri, M., & Dastjerdi, G. (2022). The Effectiveness of Short-Term Intensive Dynamic Psychotherapy on Emotion Regulation and Prevention of Relapse of Recovering Addicts. <i>Journal off Modern Psychological Research (Iranian)</i> , 17(68). https://doi.org/10.22034/JMPR.2023.15330 |
| 138 | Kashefi, et al. | 2023 | 40 | Women with tendency to marital infidelity | Adult | Intensive Short-Term Dynamic Psychotherapy (ISTDP; no specific reference to manual) | No treatment | Kashefi, F., Azkhosh, M., & Khanjani, M. S. (2023). The Effectiveness of Intensive Short-Term Dynamic Psychotherapy on Self-Differentiation and Attachment Behavior in Couple Relationships of Women with Tendency to Marital Infidelity. <i>Iranian Journal of Psychiatric Nursing (Persian)</i> , 10(6). |
| 139 | Keller, et al. | 2004 | 84 | Crohn's disease | Adult | Supportive Expressive Psychotherapy (SEP; Luborsky, 1984; is referred but no manual was used) + relaxation + TAU | TAU alone | Keller, W., Pritsch, M., Von Wietersheim, J., Scheib, P., Osborn, W., Balck, F., ... Deter, H.-C. (2004). Effect of psychotherapy and relaxation on the psychosocial and somatic course of Crohn's disease: main results of the German Prospective Multicenter Psychotherapy Treatment study on Crohn's Disease. <i>Journal of Psychosomatic Research</i> , 56(6), 687–696. https://doi.org/10.1016/S0022-3999(03)00122-3 |

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| 140 | Kim | 2014 | 10 | Depressive symptoms in mothers of teenage children | Adult | Sandplay Therapy (Kalff, 1973; see also review by Roesler, 2019) | No treatment | Kim, S. (2014). The Effects of Sandplay Therapy on Improving the Self-Differentiation, Depression, and Mother-Child Relationship of Mothers with Teenage Children. <i>Journal of Symbols & Sandplay Therapy</i> , 5(1), 1–6. https://doi.org/10.12964/jst.130011 |
| 141 | Klein, et al. | 1983 | 66 | Phobias | Adult | Supportive therapy (dynamically oriented; no reference) | Behavior therapy (no reference) | Klein, D. F., Zitrin, C. M., Woerner, M. G., & Ross, D. C. (1983). Treatment of Phobias. II. Behavior therapy and supportive psychotherapy: Are there any specific ingredients? <i>Archives of General Psychiatry</i> , 40, 139–145. http://www.ncbi.nlm.nih.gov/pubmed/6130751 |
| 142 | Kleinman, et al. | 1990 | 56 | Cocaine abuse | Adult | Supportive-Expressive Therapy (SEP; Luborsky, 1984) | Family therapy + para professionally led group therapy | Kleinman, P. H., Woody, G. E., Todd, T. C., Millman, R. B., Kang, S. Y., & Kemp, J., et al. (1990). Crack and cocaine abusers inpatient psychotherapy. NIDA Res Monogr, 104, 24-35. https://files.eric.ed.gov/fulltext/ED351616.pdf#page=29 |
| 143 | Knekt & Lindfors | 2004 | 326 | Depression and/or anxiety | Adult | Short-Term Psychodynamic Psychotherapy (STPP; Malan, 1976; Sifneos, 1978) | 1. Solution-focused therapy (de Shazer et al, 1986) 2. LTTP (Gabbard, 2004) | Knekt, P., & Lindfors, O. (2004). A randomized trial of the effect of four forms of psychotherapy on depressive and anxiety disorders. Helsinki: Kela. https://helda.helsinki.fi/handle/10250/3315 |
| 144 | Knijnik, et al. | 2004 | 30 | Social anxiety disorder (SAD) | Adult | Psychodynamic group therapy (Malan, 1976) | Credible placebo group | Knijnik, D. Z., Kapczinski, F., Chachamovich, E., Margis, R., & Elizirik, C. L. (2004). Psychodynamic group treatment for generalized social phobia. <i>Revista Brasileira de Psiquiatria (São Paulo, Brazil : 1999)</i> , 26(2), 77–81. http://www.ncbi.nlm.nih.gov/pubmed/15517052 |

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| 145 | Knijnik, et al. | 2008 | 58 | Social anxiety disorder (SAD) | Adult | Psychodynamic group therapy (Malan, 1976) + clonazepam | Clonazepam | Knijnik, D. Z., Blanco, C., Salum, G. A., Moraes, C. U., Mombach, C., Almeida, E., ... Elizirik, C. L. (2008). A pilot study of clonazepam versus psychodynamic group therapy plus clonazepam in the treatment of generalized social anxiety disorder. <i>European Psychiatry : The Journal of the Association of European Psychiatrists</i> , 23(8), 567–74. http://www.ncbi.nlm.nih.gov/pubmed/18774274 |
| 146 | Kompoliti, et al. | 2013 | 15 | Psychogenic movement disorders | Adult | Intensive Short-Term Dynamic Psychotherapy (ISTDP; Davanloo, 1980) | Neurological observation and support | Kompoliti, K., Wilson, B., Stebbins, G., Bernard, B., & Hinson, V. (2013). Immediate vs. delayed treatment of psychogenic movement disorders with short-term psychodynamic psychotherapy: Randomized clinical trial. <i>Parkinsonism & Related Disorders</i> , 7–10. http://www.ncbi.nlm.nih.gov/pubmed/24120952 |
| 147 | Kool, et al. | 2003 | 128 | Depression | Adult | Short Psychodynamic Supportive Psychotherapy (SPSP; de Jonghe, 2005) + pharmacotherapy | Pharmacotherapy | Kool, S., Dekker, J., & Duijzens, I. (2003). Efficacy of combined therapy and pharmacotherapy for depressed patients with or without personality disorders. <i>Harvard Review of Psychiatry</i> , 133–142. http://informahealthcare.com/doi/abs/10.1080/10673220303950 |
| 148 | Kornblith, et al. | 1983 | 49 | Depression | Adult | Psychodynamic group therapy (Wolf, 1965; Bernard & Klein, 1977) | Self-reinforcement training and behavioral assignments (Rehm, 1977) | Kornblith, S., Rehm, L., O'Hara, M. W., & Lamparski, D. M. (1983). The contribution of self-reinforcement training and behavioral assignments to the efficacy of self-control therapy for depression. <i>Cogn Ther Res</i> , 7, 499–528. http://link.springer.com/10.1007/BF01172888 |
| 149 | Kramer, et al. | 2013 | 8 | Depression (recurrent) | Adult | Supportive-Expressive Psychotherapy (SEP; Luborsky, 1984) All patients were also given pharmacological treatment | 1. Cognitive therapy (Beck, 1995) 2. Psychoanalysis (Robertson, 2002). 3. Clinical management (Csank, 2002; Novalis et al., 1993). | Kramer, U., de Roten, Y., Perry, J. C., & Despland, J.-N. (2013). Change in defense mechanisms and coping patterns during the course of 2-year-long psychotherapy and psychoanalysis for recurrent depression: a pilot study of a randomized controlled trial. <i>The Journal of Nervous and Mental Disease</i> , 201 (7), 614–20. http://www.ncbi.nlm.nih.gov/pubmed/23817160 |

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| 150 | Kramer, et al. | 2014 | 85 | Borderline personality disorder | Adult | General Psychodynamic-Psychiatric Management (GPM; Gunderson & Links, 2008) + Motive-Oriented Therapeutic | General Psychodynamic-Psychiatric Management (GPM) | Kramer, U., Kolly, S., Berthoud, L., Keller, S., Preisig, M., Caspar, F., ... Despland, J. N. (2014). Effects of motive-oriented therapeutic relationship in a ten-session general psychiatric treatment of borderline personality disorder: A randomized controlled trial. <i>Psychotherapy and Psychosomatics</i> , 83 (3), 176–186. https://doi.org/10.1159/000358528 |
| 151 | Krohner | 2022 | 92 | Chronic pain | Adult | Single-Session Psychodynamic Interview - Online (based on EAET and ISTDP) | Waitlist | Krohner, s. (2022). SINGLE-SESSION PSYCHODYNAMIC INTERVIEW FOR PEOPLE WITH CHRONIC MUSCULOSKELETAL PAIN AND CHILDHOOD ADVERSITY: A RANDOMIZED CONTROLLED TRIAL. Dissertation. Graduate School of Wayne State University, Detroit, Michigan |
| 152 | Lacey | 1983 | 30 | Bulimia | Adult | Integrative behavioural-psychodynamic treatment (no specific reference) | No treatment | Lacey, J. H. (1983). Bulimia nervosa, binge eating, and psychogenic vomiting: A controlled treatment study and long term outcome. <i>British Medical Journal</i> , 286 (6378), 1609–1613. https://doi.org/10.1136/bmji.286.6378.1609 |
| 153 | Lanza, et al. | 2002 | 27 | Male veterans with history of assault | Adult | Psychodynamic group psychotherapy (no specific reference) | Cognitive behavior group therapy (No specific reference) | Lanza, M. L., Anderson, J., Boisvert, C. M., LeBlanc, A., Fardy, M., & Steel, B., et al. (2002). Assaulutive behavior intervention in the Veterans Administration: psychodynamic group psychotherapy compared to cognitive behavior therapy. <i>Perspect Psychiatr Care</i> , 38, 89-97. http://onlinelibrary.wiley.com/doi/10.1111/j.1746-6163.2002.tb00662.x/abstract |
| 154 | LaPonite, et al. | 1980 | 33 | Depression | Adult | Insight-oriented group therapy (No reference) | 1. Cognitive group therapy (Beck, 1976) 2. Assertiveness training (no reference) | LaPonite, K., & Rimm, D. C. (1980). Cognitive, assertive, and insight-oriented group therapies in the treatment of reactive depression in women. <i>Psychotherapy: Theory, Research & Practice</i> , 17(3), 312–321. http://psycnet.apa.org/journals/pst/17/3/312/ |

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| 155 | Lau, et al. | 2007 | 151 | Women with childhood sexual abuse | Adult | Analytic group therapy (Foulkes, 1986) | Systemic group therapy (Holme, 1999) | Lau, M., & Kristensen, E. (2007). Outcome of systemic and analytic group psychotherapy for adult women with history of intrafamilial childhood sexual abuse: a randomized controlled study. <i>Acta Psychiatr Scand</i> , 116, 96-104. http://www.ncbi.nlm.nih.gov/pubmed/17650270 |
| 156 | Laurensen, et al. | 2018 | 95 | Borderline personality disorder | Adult | Day Hospital Mentalization-Based Treatment (DH-MBT; Bateman & Fonagy, 2004) | Specialized treatment as usual (S-TAU; Van Oenen et al. 2007) | Laurensen, E. M. P., Luyten, P., Kikkert, M. J., Westra, D., Peen, J., Soons, M. B. J., ... Dekker, J. J. M. (2018). Day hospital mentalization- based treatment v. specialist treatment as usual in patients with borderline personality disorder: Randomized controlled trial. <i>Psychological Medicine</i> , 48 (1), 1-8. https://doi.org/10.1017/S0033291718000132 |
| 157 | Lawson, et al. | 2010 | 54 | Violent men | Adult | Integrative CBT-psychodynamic group therapy (Strupp & Binder, 1984) | CBT (Lawson, 2001) | Lawson, D. M. (2010). Comparing cognitive behavioral therapy and integrated cognitive behavioral therapy/psychodynamic therapy in group treatment for partner violent men. <i>Psychotherapy: Theory, Research, Practice, Training</i> , 47(1), 122–133. http://doi.apa.org/getdoi.ffm?doi=10.1037/a0018841 |
| 158 | Lebiger-Vogel, et al. | 2022 | 118 | Immigrant mother-child dyads | Adult/child | FIRST STEP prevention program (Lebiger-Vogel et al., 2015) | TAU | Lebiger-Vogel, J., Rickmeyer, C., Leuzinger-Bohleber, M., & Meurs, P. (2022). Fostering Emotional Availability in Mother-Child-Dyads With an Immigrant Background: A Randomized-Controlled-Trial on the Effects of the Early Prevention Program First Steps. <i>Frontiers in Psychology</i> , 13(April), 1–15. https://doi.org/10.3389/fpsyg.2022.790244 |
| 159 | Lee & Bowen | 2016 | 24 | Mothers of disabled children | Adult | Sandplay Therapy (Kaij, 1973; see also review by Roesler, 2019) | No treatment | Lee, J., & Bowen, M. (2016). on Anxiety and Defense Style of Mother of Disabled Children. <i>Journal of Symbols & Sandplay Therapy</i> , 7(1), 77–95. |

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| 160 | Leichsenring, et al. | 2009 | 57 | Generalized anxiety disorder (GAD) | Adult | Supportive-Expressive Psychotherapy (SEP; Luborsky, 1984) | CBT (Borcovec & Rudio, 2001; Brown, 1993) | Leichsenring, F., Salzer, S., Jaeger, U., Kächele, H., Kreische, R., & Leweke, F., et al. (2009). Short-Term Psychodynamic Psychotherapy and Cognitive-Behavioral Therapy in Generalized Anxiety Disorder: A Randomized, Controlled Trial. <i>American Journal of Psychiatry</i> , 166, 875-881. https://foc.uspsychiatryonline.org/doi/10.1176/foc.8.1.foc66 |
| 161 | Leichsenring, et al. | 2013 | 495 | Social anxiety disorder | Adult | Supportive-Expressive Psychotherapy (SEP; Luborsky, 1984; Leichsenring, Beutel, Leibing, 2007) | 1. CBT (Clark & Wells, 1995) 2. Waitlist | Leichsenring, F., Salzer, S., Beutel, M. E., Herpertz, S., Hiller, W., Hoyer, J., ... Leibing, E. (2013). Psychodynamic Therapy and Cognitive-Behavioral Therapy in Social Anxiety Disorder: A Multicenter Randomized Controlled Trial. <i>American Journal of Psychiatry</i> , 170(7), 759-767. http://www.ncbi.nlm.nih.gov/pubmed/23680854 |
| 162 | Leichsenring, et al. | 2016 | 124 | Personality disorders | Adult | Psychoanalytic-Interactional Therapy (Streck & Leichsenring, 2009) | Psychodynamic therapy by experts (non-manualized; Gabbard, 2000) | Leichsenring, F., Masuhr, O., Jaeger, U., Rabung, S., Dally, A., Dumpeleman, M., ... Streck, U. (2016). Psychoanalytic-Interactional Therapy versus Psychodynamic Therapy by Experts for Personality Disorders: A Randomized Controlled Efficacy-Effectiveness Study in Cluster B Personality Disorders. <i>Psychotherapy and Psychosomatics</i> , 85(2), 71-80. http://www.karger.com/doi/10.1159/000441731 |
| 163 | Lemma, et al. | 2013 | 24 | Depression | Adult | Online Group Dynamic | Internet discussion group | Lemma, A., & Fonagy, P. (2013). Feasibility study of a psychodynamic online group intervention for depression. <i>Psychodynamic Psychology</i> , 30(3), 367-380. http://doi.apa.org/getdoi.cfm?doi=10.1037/a0033239 |
| 164 | Lerner, et al. | 1992 | 42 | Opiate dependence | Adult | Short-Term Dynamic Psychotherapy (STD; Luborsky, 1984; Mann, 1973; Davanloo, 1978) | Long-Term Dynamic Psychotherapy (Karasu, | Lerner, A., Sigal, M., Bacal, A., & Gelkop, M. (1992). Short term versus long term psychotherapy in opioid dependence: A pilot study. <i>Israeli Journal of Psychiatry and Related Sciences</i> , 29(2), 114-9. http://www.ncbi.nlm.nih.gov/pubmed/1526756 |

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| 165 | Leuzinger-Bohleber, et al. | 2018 | 252 | Depression (chronic) | Adult | Long-Term Psychoanalytic Psychotherapy (LTPP; Taylor, 2015) | Long-term Cognitive-Behavioural Therapy (CBT; Hautzinger, 2013) | Leuzinger-Bohleber, M., Hautzinger, M., Fiedler, G., Keller, W., Bahrke, U., Kallenbach, L., ... Beutel, M. (2018). Outcome of psychoanalytic and cognitive-behavioural long-term therapy with chronically depressed patients: A controlled trial with preferential and randomized allocation. <i>The Canadian Journal of Psychiatry</i> , 64(1), 47-58. http://doi.org/10.1177/0706743718780340 |
| 166 | Levy Berg, et al. | 2009 | 61 | Generalized anxiety disorder (GAD) | Adult | Affect-Focused Body Psychotherapy (Monsen & Monsen, 2000) | TAU | Levy Berg, A., Sandell, R., & Sandahl, C. (2009). Affect-focused body psychotherapy in patients with generalized anxiety disorder: Evaluation of an integrative method. <i>Journal of Psychotherapy Integration</i> , 19(1), 67-85. http://doi.apa.org/getdoi.cfm?doi=10.1037/a0015324 |
| 167 | Liberman, et al. | 1981 | 24 | Repeated suicide attempts | Adult | Insight-Oriented Psychotherapy | Behavior Therapy | Liberman, R. P., & Eckman, T. (1981). Behavior therapy vs insight-oriented therapy for repeated suicide attempts. <i>Archives of General Psychiatry</i> , 38(10), 1126-1130. http://archpsyc.jamanetwork.com/article.aspx?doi=10.1001/archpsyc.1981.01780350060007 |
| 168 | Lindauer, et al. | 2005 | 24 | PTSD | Adult | Brief eclectic psychotherapy (BEP; Gersons et al., 2004; Manual includes both CBT and PDT components) | Waitlist | Lindauer, R. J. L., Gersons, B. P. R., Van Meijel, E. P. M., Blom, K., Carlier, I. V. E., Vrijlandt, I., & Olf, M. (2005). Effects of brief eclectic psychotherapy in patients with posttraumatic stress disorder: Randomized clinical trial. <i>Journal of Traumatic Stress</i> , 18(3), 205-212. http://doi.wiley.com/10.1002/jts.20029 |
| 169 | Lindqvist et al. | 2020 | 76 | Depression | Adolescent | Affect-Focused Internet-Based Psychodynamic Therapy (IPDT; Mechler & Lindqvist, 2020) | Online therapist support and clinical monitoring | Lindqvist, K., Mechler, J., Carlbring, P., Lillienoren, P., Falkenström, F., Andersson, G., ... Philips, B. (2020). Affect-Focused Psychodynamic Internet-Based Therapy for Adolescent Depression: Randomized Controlled Trial. <i>Journal of Medical Internet Research</i> , 22(3), e18047. https://doi.org/10.2196/18047 |

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| 170 | Linnet, et al. | 2001 | 32 | Atopic dermatitis (anxiety) | Adult | Brief Dynamic Psychotherapy (BDP; Malan, 1992) | Control (TAU?) | Linnet, J., & Jemec, G. B. (2001). Anxiety level and severity of skin condition predicts outcome of psychotherapy in atopic dermatitis patients. <i>Int J Dermatol</i> , 40, 632- 636. http://www.ncbi.nlm.nih.gov/pubmed/11737422 |
| 171 | Lipsitz, et al. | 2008 | 70 | Social anxiety disorder (SAD) | Adult | Psychodynamic Supportive Therapy (PST; Lipsitz et al., 2006) | Interpersonal Therapy (Klerman et al., 1984; Weissman et al., 2000) | Lipsitz, J. D., Gur, M., Verme, D., Petkova, E., Cheng, J., Miller, N., ... Fyer, A. J. (2008). A randomized trial of Interpersonal therapy versus supportive therapy for social anxiety disorder. <i>Depression and Anxiety</i> , 25(6), 542-553. http://doi.wiley.com/10.1002/da.20364 |
| 172 | Lock, et al. | 2010 | 121 | Anorexia | Adolescent | Adolescent Focused Therapy (AFT; Robin et al.) | Treatments Family-Based Treatment (FBT; Locke et al., 2001) | Lock, J., Grange, D. Le, & Agras, W. (2010). Randomized clinical trial comparing family-based treatment with adolescent-focused individual therapy for adolescents with anorexia nervosa. <i>Archives of General Psychiatry</i> , 67(10), 1025-1032. http://archpsyc.ama-assn.org/cgi/reprint/67/10/1025.pdf |
| 173 | López Rodriguez, et al. | 2004 | 40 | Depression | Adult | Brief Intensive and Urgency Therapy (Bellak, 1993) | 1. Fluoxetine alone 2. Fluoxetine + therapy 3. Medical placebo | López Rodríguez, J., López Butrón, M. A., Vargas Terrez, B. E., & Villamil Salcedo, V. (2004). Double blind study with antidepressant, brief psychotherapy and placebo in patients with mild to moderate depression. <i>Salud Mental</i> , 27(5), 53-61. |
| 174 | Lorentzen, et al. | 2013 | 167 | Anxiety and personality disorders | Adult | Long-Term Psychodynamic Group Therapy (Lorentzen, 2013) | Short-Term Psychodynamic Group Therapy (Lorentzen, 2013) | Lorentzen, S., Ruud, T., Fjeldstad, A., & Høglend, P. (2013). Comparison of short- and long-term dynamic group psychotherapy: Randomised clinical trial. <i>The British Journal of Psychiatry: The Journal of Mental Science</i> - http://www.ncbi.nlm.nih.gov/pubmed/24029539 |

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| 175 | Ludwig, et al. | 2013 | 196 | Mixed depression and anxiety (in cancer patients) | Adult | Brief Dynamic Psychotherapy (BDP; Mann, 1973; Davanloo, 1994) | Waitlist | Ludwig, G., Krenz, S., Zdrojewski, C., Bot, M., Rousselle, I., Stagno, D., ... Stieffel, F. (2013). Psychodynamic interventions in cancer care I: Psychometric results of a randomized controlled trial. <i>Psycho-oncology</i> , 23, 65-74. http://www.ncbi.nlm.nih.gov/pubmed/23983096 |
| 176 | Lumley, et al. | 2017 | 230 | Fibromyalgia | Adult | Emotional Awareness and Expression Therapy (Integrative method with psychodynamic components, see Lumley & Schubiner, 2019) | 1. CBT 2. Psychoeducation | Lumley, M. A., Schubiner, H., Lockhart, N. A., Kidwell, K. M., Harte, S. E., Clauw, D. J., & Williams, D. A. (2017). Emotional awareness and expression therapy, cognitive behavioral therapy, and education for fibromyalgia: A cluster-randomized controlled trial. <i>Pain</i> , 158(12), 2354-2363. https://doi.org/10.1097/j.pain.0000000000001036 |
| 177 | Maina, et al. | 2005 | 30 | Depression (mild to moderate) | Adult | Brief Dynamic Psychotherapy (BDP; Malan, 1979) | 1. Brief Supportive Psychotherapy (BSP; Novalis et al., 1993) 2. Waitlist | Maina, G., Forner, F., & Bogetto, F. (2005). Randomized controlled trial comparing brief dynamic and supportive therapy with waiting list condition in minor depressive disorders. <i>Psychotherapy and Psychosomatics</i> , 74, 43-50. http://www.ncbi.nlm.nih.gov/pubmed/15627856 |
| 178 | Maina, et al. | 2007 | 35 | Depression | Adult | Brief Dynamic Psychotherapy (BDP; Malan, 1963; 1976) + medication | Brief Supportive Psychotherapy (BSP; Novalis et al., 1993) + medication | Maina, G., Rosso, G., Crespi, C., & Bogetto, F. (2007). Combined brief dynamic therapy and pharmacotherapy in the treatment of major depressive disorder: A pilot study. <i>Psychotherapy and Psychosomatics</i> , 76(5), 298-305. http://www.ncbi.nlm.nih.gov/pubmed/17700050 |
| 179 | Maina, et al. | 2009 | 92 | Depression | Adult | Brief Dynamic Psychotherapy (BDP; Malan, 1963; 1976) + medication | Medication only | Maina, G., Rosso, G., & Bogetto, F. (2009). Brief dynamic therapy combined with pharmacotherapy in the treatment of major depressive disorder: long-term results. <i>Journal of Affective Disorders</i> , 114(1-3), 200-207. https://doi.org/10.1016/j.jad.2008.07.010 |

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| 180 | Maina, et al. | 2010 | 57 | OCD + depression | Adult | Brief Dynamic Psychotherapy (BDP; Malan, 1979) + medication | Medication only | Maina, G., Rosso, G., Rigardetto, S., Chiadò Piat, S., & Bogetto, F. (2010). No effect of adding brief dynamic therapy to pharmacotherapy in the treatment of obsessive-compulsive disorder with concurrent major depression. <i>Psychotherapy and Psychosomatics</i> , 79 (5), 295–302. http://www.ncbi.nlm.nih.gov/pubmed/20616624 |
| 181 | Majdara, et al. | 2021 | 30 | Borderline personality disorder | Adult | Dynamic Deconstructive Psychotherapy (DDP; Gregory & Remen) | Enhanced TAU | Majdara, E., Rahimian-Bogar, I., Talepasand, S., & Gregory, R.J. (2021). Dynamic deconstructive psychotherapy in Iran: A randomized controlled trial with follow-up for borderline personality disorder. <i>Psychoanalytic Psychology</i> , 38(4), 328–335. https://doi.org/10.1037/pap0000338 |
| 182 | Marmar, et al. | 1988 | 61 | Bereavement | Adult | Brief Dynamic Psychotherapy (BDP; Malan, Sifneos, Mann) | Mutual Self-Help Groups | Marmar, C. R., Horowitz, M. J., Weiss, D. S., Wilner, N. R., & Kaltreider, N. B. (1988). A controlled trial of brief psychotherapy and mutual-help group treatment of conjugal bereavement. <i>Am J Psychiatry</i> , 145, 203–209. https://www.ncbi.nlm.nih.gov/pubmed/3277450 |
| 183 | Maroti, et al. | 2022 | 74 | Somatic Symptom Disorder | Adult | Internet-Based Emotional Awareness and Expression Therapy (integrative method with psychodynamic components, see Lumley & Schubiner, | Waitlist | Maroti, D., Lumley, M. A., Schubiner, H., Liliengren, P., Bileviciute-Ljungar, I., Ljotsson, B., & Johansson, R. (In Press). Internet-based Emotional Awareness and Expression Therapy for Somatic Symptom Disorder with centralized symptoms – A Randomized Controlled Trial. <i>Journal of Psychosomatic Research</i> . https://doi.org/10.1016/j.psychres.2022.111068 |
| 184 | Martini, et al. | 2011 | 35 | Panic disorder + depression | Adult | Brief Dynamic Psychotherapy (BDP; Malan, 1963) + medication | Brief Supportive Psychotherapy (BSP) | Martini, B., Rosso, G., Chiodelli, D. F., De Cori, D., & Maina, G. (2011). Brief dynamic therapy combined with pharmacotherapy in the treatment of panic disorder with concurrent depressive symptoms. <i>Clinical Neuropsychiatry</i> , 8 (3), 204–21. http://www.clinicalneuropsychiatry.org/pdf/0_4_martini.pdf |

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| 185 | Mattheß, et al. | 2021 | 32 | High risk mothers (and their babies) | Adult/child | Parent-Infant Psychotherapy (PIP) | TAU | Mattheß, J., Eckert, M., Becker, O., Körner, C. L., & Kuchinke, L. (2021). Potential efficacy of parent-infant psychotherapy with mothers and their infants from a high-risk population: a randomized controlled pilot trial. <i>Pilot and Feasibility Studies</i> , 1–18. https://doi.org/10.1186/s40814-021-00946-5 |
| 186 | McCallum & Piper | 1990 | 79 | Prolonged or delayed grief | Adult | Short-term psychoanalytically oriented group psychotherapy (STG; manual mentioned but no specific reference) | Waitlist | McCallum, M., & Piper, W. E. (1990). A controlled study of effectiveness and patient suitability for short-term group psychotherapy. <i>Int J Group Psychother</i> , 40, 431–452. http://www.ncbi.nlm.nih.gov/pubmed/2228349 |
| 187 | McLean, et al. | 1979 | 55 | Depression | Adult | Short-Term Psychotherapy (Marmor, 1975; Wolberg, 1967) | 1. Relaxation therapy (no reference) 2. Behavior therapy (McLean, 1976) 3. Drug therapy | McLean, P., & Hakstian, A. (1979). Clinical depression: Comparative efficacy of outpatient treatments. <i>J Consult Clin Psychol</i> , 47, 818–836. https://psycnet.apa.org/record/1980-01360-001 |
| 188 | McMain, et al. | 2009 | 180 | Borderline personality disorder | Adult | General psychiatric management, dynamically informed therapy (Gunderson, 1984) | Dialectical Behavior Therapy (DBT; Linehan et al., 1991) | McMain, S. F., Links, P. S., Gnam, W. H., Guimond, T., Cardoso, R. J., & Korman, L., et al. (2009). A randomized trial of dialectical behavior therapy versus general psychiatric management for borderline personality disorder. <i>Am J Psychiatry</i> , 166, 1365–1374. http://www.ncbi.nlm.nih.gov/pubmed/19755574 |
| 189 | Mechler, et al. | 2022 | 272 | Depression | Adolescent | Affect-Focused Internet-Based Psychodynamic Therapy (IPDT; Mechler & Lindqvist, 2020) | Internet-Based Cognitive Behavioural Therapy (Topooco, et al, 2018) | Mechler, J., Lindqvist, K., Carlbring, P., Topooco, N., Falkenström, F., Liliengren, P., ... Philips, B. (2022). Therapist-guided internet-based psychodynamic therapy versus cognitive behavioural therapy for adolescent depression in Sweden: a randomised, clinical, non-inferiority trial. <i>The Lancet Digital Health</i> , 7500 (22), 1–10. https://doi.org/10.1016/S2589-7500(22)00095-4 |

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| 190 | Meyer & Bolz | 1981 | 214 | Mixed sample | Adult | Psychodynamic conflict-centered time-limited psychotherapy (no reference) | 1. Waitlist 2. Client Centered Therapy | Meyer, A. E., & Bolz, W. (1981). The Hamburg short psychotherapy comparison experiment. Foreword and introduction. <i>Psychother Psychosom</i> , 35, 81-84. http://www.karger.com/doi/10.1159/000287484 |
| 191 | Midgley, et al. | 2019 | 36 | Children in foster care | Child | Mentalization-Based Treatment (MBT; Bateman & Fonagy, 2004) | TAU | Midgley, N., Besser, S. J., Fearon, P., Wyatt, S., Byford, S., & Wellssted, D. (2019). The Herts and Minds study: feasibility of a randomised controlled trial of Mentalization-Based Treatment versus usual care to support the wellbeing of children in foster care. <i>BMC Psychiatry</i> , 1-11. https://doi.org/10.1186/s12888-019-2196-2 |
| 192 | Miller, et al. | 1972 | 67 | Phobias | Child | Play psychotherapy (Uppman, 1956) | 1. Waitlist 2. Reciprocal inhibition | Miller, L. C., Barrett, C. L., Hampe, E., & Noble, H. (1972). Comparison of reciprocal inhibition, psychotherapy, and waiting list control for phobic children. <i>Journal of Abnormal Psychology</i> , 79(3), 269-279. http://psycnet.apa.org/journals/abn/79/3/269/ |
| 193 | Milrod, et al. | 2007 | 49 | Panic disorder | Adult | Panic-Focused Psychodynamic Psychotherapy (PFPP; Milrod et al, 1997) | Applied relaxation (Öst & Westling, 1995) | Milrod, B., Leon, A. C., Busch, F., Rudden, M., Schwalberg, M., & Clarkin, J., et al. (2007). A randomized controlled clinical trial of psychoanalytic psychotherapy for panic disorder. <i>Am J Psychiatry</i> , 164, 265-272. http://www.ncbi.nlm.nih.gov/pubmed/17267789 |
| 194 | Milrod, et al. | 2015 | 201 | Panic disorder | Adult | Panic-Focused Psychodynamic Psychotherapy (PFPP; Milrod et al, 2001) | 1. CBT (Craske, 2000) 2. Applied relaxation (Öst & Westling, 1995) | Milrod, B., Chamberlain, D. L., Gallop, R., Busch, F. N., Schwalberg, M., McCarthy, K. S., Gross, C., Sharpless, B. A., Leon, A. C., & Barber, J. P. (2015). Psychotherapies for Panic Disorder: A Tale of Two Sites. <i>The Journal of Clinical Psychiatry</i> , 10065, 1-9. https://www.researchgate.net/publication/277988042_Psychotherapies_for_Panic_Disorder_A_Tale_of_Two_Sites |

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| 195 | Molenaar, et al. | 2011 | 103 | Depression | Adult | Short Psychodynamic Supportive Psychotherapy (SPSP; de Jonghe, Rijntjerve, & Janssen, 1994) 8 sessions + medication | Short Psychodynamic Supportive Psychotherapy (de Jonghe, Rijntjerve, & Janssen, 1994) 16 sessions + medication | Molenaar, P. J., Boom, Y., Peen, J., Schoevers, R. A., Van, R., & Dekker, J. J. (2011). Is there a dose-effect relationship between the number of psychotherapy sessions and improvement of social functioning? <i>The British Journal of Clinical Psychology</i> . https://www.ncbi.nlm.nih.gov/pubmed/21810106 |
| 196 | Monsen & Monsen | 2000 | 40 | Chronic pain | Adult | Psychodynamic body therapy (Monsen & Monsen, 1999) | TAU | Monsen, K., & Monsen, J. T. (2000). Chronic Pain and Psychodynamic Body Therapy: A Controlled Outcome Study. <i>Psychotherapy: Theory, Research, Practice, Training</i> , 37(3), 257-269. https://psycnet.apa.org/record/2000-02713-007 |
| 197 | Montag, et al. | 2014 | 58 | Schizophrenia | Adult | Psychodynamic art therapy (Dannecker, 2010) | TAU | Montag, C., Haase, L., Seidel, D., Bayerl, M., Gallinat, J., Herrmann, U., & Dannecker, K. (2014). A Pilot RCT of Psychodynamic Group Art Therapy for Patients in Acute Psychotic Episodes: Feasibility, Impact on Symptoms and Mentalising Capacity. <i>PLoS One</i> , 9(11), e112348. http://www.pubmedcentral.nih.gov/articlerender.fcgi?partid=4231093&tool=pmcentrez&rendertype=abstract |
| 198 | Morris | 1975 | 52 | Depression | Adult | Group insight-oriented treatment (no reference) | 1. Group Self-Instruction Method for depression (Lazarus, no reference). 2. Waitlist | Morris (1975) A group self-instruction method for the treatment of depressed outpatients. Dissertation. University of Toronto. |
| 199 | Mowlaie, et al. | 2018 | 30 | Separation Anxiety Disorder | Adult | 1. Empathic Dynamic Psychotherapy (Seruya, 1997) 2. Affect Phobia Therapy (APT; McCullough et al, 2003) | Control (not specified) | Mowlaie, M., Hajloo, N., Hashjin, G., Mikaeili, N., & Heidari, S. (2018). The Effectiveness of Empathic Dynamic Psychotherapy and Anxiety-Regulating Psychodynamic Therapy in Treating Adult Separation Anxiety Disorder. <i>Journal of Practice in Clinical Psychology</i> , 6(3), 143-153. Retrieved from https://ejop.psychopen.eu/article/view/1528 |

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| 200 | Munroe-Blum & Marziali | 1995 | 110 | Borderline personality disorder | Adult | Time-limited group therapy (Marziali & Munroe-Blum, 1995) | Individual psychodynamic psychotherapy (Kernberg, 1975) | Munroe-Blum, H., & Marziali, E. (1995). A controlled trial of short-term group treatment for borderline personality disorder. <i>Journal of Personal Disorders</i> , 9, 190-198. http://psycnet.apa.org/psycinfo/1996-17928-001 |
| 201 | Muran, et al. | 2005 | 128 | Personality disorders (mixed; mainly cluster C) | Adult | Brief Relational Therapy (BRT; Safran & Muran, 2000) | 1. Short-Term Dynamic Psychotherapy (STDP: Pol-lack, Flegenheimer, & Kaufman, 1992) 2. Cognitive-behavioral therapy | Muran, J. C., Safran, J. D., Samstag, L. W., & Winston, A. (2005). Evaluating an alliance-focused treatment for personality disorders. <i>Psychotherapy: Theory, Research, Practice, Training</i> , 42(4), 532-545. https://pdfs.semanticscholar.org/88ac/178eb2055cc5 |
| 202 | Nabizadeh, et al. | 2019 | 26 | Non-clinical sample | Adult | Intensive Short-Term Dynamic Psychotherapy (ISTDP; Davanloo, 1990) | No treatment | Nabizadeh, A., Farhadi, M., Rashid, K., & Kordnoghabi, R. (2019). The Effectiveness of Tactical Defensive Neutralization in Intensive Short-Term Dynamic Psychotherapy on Defensive Styles, Anxiety, and Fear of Intimacy in Non-Clinical Sample. <i>Journal of Research in Psychological Health (Persian)</i> , 13(1), 24-39. |
| 203 | Nader-Mohammadi Moghadam, et al. | 2015 | 27 | Social anxiety disorder (SAD) | Adult | Affect Phobia Therapy (APT; McCullough et al., 2003) | 1. Sertraline 2. Waitlist | Nader-Mohammadi Moghadam, M., Atef-Vahid, M. K., Asharnejad-Farid, A. A., Shabani, A., & Lavasni, F. (2015). Effectiveness of short-term dynamic psychotherapy versus sertraline in treatment of social phobia. <i>Iran Journal of Psychiatry</i> , 9(2), 2-6. https://www.ncbi.nlm.nih.gov/pubmed/26288%20643 |
| 204 | Nesci, et. al. | 2021 | 36 | Prolonged grief disorder | Adult | Multimedia psychodynamic psychotherapy (Nesci, 2009; 2012) | Support | Nesci, D. A., Chiarella, S. G., Corona, E., Savoia, V., Zampogna, M., Nesci, F. A., ... Paludetti, G. (2021). Multimedia Psychotherapy: brief report of a pilot study. <i>Rivista Di Psichiatria</i> , 56(3), 149-156. https://doi.org/10.1708/3635_36156 |

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| 205 | Nichols | 1974 | 43 | University students with mixed diagnoses | Adult | Analytic therapy wih emotive techniques (Jackins, 1962) | Analytic therapy without emotive techniques | Nichols, M. P. (1974). Outcome of brief cathartic psychotherapy. <i>Journal of Consulting and Clinical Psychology</i> , 42(3), 403-410. https://doi.org/10.1037/h0036715 |
| 206 | Nijdam, et al. | 2012 | 140 | PTSD | Adult | Brief eclectic psychotherapy (BEP; Gersons et al, 2004; Manual includes both CBT and PDT components) | Eye movement and reprocessing (EMDR; De Jongh et al, 2004) | Nijdam, M. J., Gersons, B. P. R., Reitsma, J. B., de Jongh, A., & Olff, M. (2012). Brief eclectic psychotherapy v. eye movement desensitisation and reprocessing therapy for post-traumatic stress disorder: randomised controlled trial. <i>The British Journal of Psychiatry : The Journal of Mental Science</i> , 200(3), 224-31. http://www.ncbi.nlm.nih.gov/pubmed/22322_458 |
| 207 | Nordentoft, et al. | 2010 | 94 | Schizophrenia | Adult | Hospital-based rehabilitation (included individual supportive psychodynamic psychotherapy) | 1. Assertive community training 2. Standard treatment | Nordentoft, M., Ølhenschliger, J., Thorup, A., Petersen, L., Jeppesen, P., & Bertelsen, M. (2010). Deinstitutionalization revisited: A 5-year follow-up of a randomized clinical trial of hospital-based rehabilitation versus specialized assertive intervention (OPUS) versus standard treatment for patients with first-episode schizophrenia spectrum disorders. <i>Psychological Medicine</i> , 40(10), 1619-1626. http://doi.org/10.1017/S0033291709992182 |
| 208 | O'Brien, et al. | 1972 | 100 | Schizophrenia | Adult | Individual psychotherapy (no reference, not clear if dynamic, but Luborsky among authors) | Group psychotherapy (no reference, not clear if dynamic, but Luborsky among authors) | O'Brien, C. P., Hamm, K. B., Ray, B. A., Pierce, J. F., Luborsky, L., & Mintz, J. (1972). Group vs Individual Psychotherapy With Schizophrenics: A Controlled Outcome Study. <i>Archives of General Psychiatry</i> , 27(4), 474-478. http://doi.org/10.1001/archpsyc.1972.01750280042008 |
| 209 | Ojehagen, et al. | 1992 | 72 | Alcohol dependence | Adult | "Psychiatric treatment" based on psychodynamic principles (Luborsky, 1984) | Multimodal behavior therapy (Lazarus, 1981) | Ojehagen, A., Berglund, M., Appel, C. P., Andersson, K., Nilsson, B., & Skjaerriis, A., et al. (1992). A randomized study of long-term out-patient treatment in alcoholics. Psychiatric treatment versus multimodal behavioural therapy, during 1 versus 2 years of treatment. <i>Alcohol Alcohol</i> , 27, 649-658. http://www.ncbi.nlm.nih.gov/pubmed/12924_38 |

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| 210 | Parisuz, et al. | 2019 | 40 | Women with marital conflict | Adult | Intensive Short-Term Dynamic Psychotherapy (ISTDP; Davanloo, 1999) | No treatment | Parisuz, A., Najarpourian, S., & Mohammadi, K. (2019). The Effect of Intensive Short-Term Dynamic Psychotherapy on Marital Conflicts and Interpersonal Processing of Married Women with Emotional Divorce. <i>Iranian Evolutionary and Educational Psychology Journal</i> , 1 (2), 112–122. https://doi.org/10.29252/ieepj.1.2.112 |
| 211 | Philips, et al. | 2018 | 46 | Borderline personality disorder (+ substance abuse) | Adult | Mentalization-Based Treatment (MBT; Bateman & Fonagy, 2004) + Substance abuse treatment | Substance abuse treatment alone | Philips, B., Wennberg, P., Konradsson, P., & Franck, J. (2018). Mentalization-Based Treatment for Concurrent Borderline Personality Disorder and Substance Use Disorder: A Randomized Controlled Feasibility Study. <i>European Addiction Research</i> , 1–8. http://doi.org/10.1159/000485564 |
| 212 | Pierloot & Vinck | 1978 | 22 | Anxiety | Adult | Short-Term Dynamic Psychotherapy (STDP; Malan, 1963) | Systematic desensitization (Wolpe, 1969) | Pierloot, R., & Vinck, J. (1978). Differential outcome of short-term dynamic psychotherapy and systematic desensitizations in the treatment of anxious outpatients: A preliminary report. <i>Psychologica Belgica</i> , 18, 87–98. http://psycnet.apa.org/psycinfo/1980-32873-001 |
| 213 | Pilowsky & Barrow | 1990 | 102 | Psychogenic pain | Adult | Short-Term Dynamic Therapy (STD; reference to Strupp & Binder, 1984; Luborsky, 1984) | 1. Medication + supportive contact 2. Placebo + psychotherapy 3. Placebo + supportive contact | Pilowsky, I., & Barrow, C. G. (1990). A controlled study of psychotherapy and amitriptyline used individually and in combination in the treatment of chronic intractable, "psychogenic" pain. <i>Pain</i> , 40(1), 3–19. https://doi.org/10.1016/0304-3959(90)91045-K |
| 214 | Piper, et al. | 1984 | 106 | Mixed sample | Adult | Short-Term Individual (STI; Malan, 1976) | 1. Short-term group (STG) 2. Long-term individual (LTI) 3. Long-term group (LTG) Non manuals used | Piper, W. E., Dabbane, E. G., Bienvenu, J. P., & Garant, J. (1984). A comparative study of four forms of psychotherapy. <i>J Consult Clin Psychol</i> , 52, 268–279. https://pdfs.semanticscholar.org/ec6c/82a0f85af038592f00d9697b15891a7954ca.pdf |

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| 215 | Piper, et al. | 1990 | 144 | Mixed sample | Adult | Short-Term Dynamic Psychotherapy (STDP; Malan, 1976; Strupp & Binder, 1984) | Waitlist | Piper, W. E., Azim, H. F., McCallum, M., & Joyce, A. S. (1990). Patient suitability and outcome in short-term individual psychotherapy. <i>J Consult Clin Psychol</i> , 58, 475–481. http://www.ncbi.nlm.nih.gov/pubmed/2212185 |
| 216 | Piper, et al. | 1998 | 144 | Mixed sample | Adult | Interpretive psychotherapy (Piper, Azim, Joyce, & McCallum, 1993) | Supportive psychotherapy (Piper, Azim, Joyce, & McCallum, 1993) | Piper, W. E., Joyce, A. S., McCallum, M., & Azim, H. F. (1998). Interpretive and supportive forms of psychotherapy and patient personality variables. <i>Journal of consulting and clinical psychology</i> , 66(3), 558–67. http://www.ncbi.nlm.nih.gov/pubmed/10224738 |
| 217 | Piper, et al. | 2001 | 139 | Complicated grief | Adult | Interpretive group therapy (no specific reference) | Supportive group therapy (no specific reference) | Piper, W. E., McCallum, M., Joyce, A. S., Rosie, J. S., & Ogródniczuk, J. S. (2001). Patient personality and time-limited group psychotherapy for complicated grief. <i>Int J Group Psychother</i> , 51, 525–552. http://www.ncbi.nlm.nih.gov/pubmed/11582899 |
| 218 | Pomerleau, et al. | 1978 | 32 | Problem drinkers | Adult | Traditional group therapy (described as psychodynamic in orientation and focused on insight and confrontation of denial) | Behavioural group treatment | Pomerleau, O., Pertschuk, M., Adkins, D., & Brady, J. P. (1978). A comparison of behavioral and traditional treatment for middle-income problem drinkers. <i>Journal of Behavioral Medicine</i> , 1 (2), 187–200. https://doi.org/10.1007/BF00846639 |
| 219 | Poulsen | 1991 | 46 | Rheumatic disease | Adult | Time-limited group therapy (Foulkes, 1975) | Waitlist | Poulsen, A. (1991). Psychodynamic, time- limited group therapy in rheumatic disease—a controlled study with special reference to alexithymia. <i>Psychother Psychosom</i> , 56, 12–23. http://www.ncbi.nlm.nih.gov/pubmed/1891575 |

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| 220 | Poulsen, et al. | 2014 | 70 | Bulimia | Adult | Psychoanalytic psychotherapy for bulimia nervosa (Lunn & Poulsen, 2012) | CBT (Fairburn, 2008) | Poulsen, S., Lunn, S., Daniel, S. I. F., Folke, S., Mathiesen, B. B., Katzenelson, H., & Fairburn, C.G. (2014). A randomized controlled trial of psychoanalytic psychotherapy or cognitive-behavioral therapy for bulimia nervosa. <i>The American Journal of Psychiatry</i> , 109-116. https://www.ncbi.nlm.nih.gov/pubmed/24275909 |
| 221 | Prawitasari, et al. | 2019 | 21 | Undergraduates with self-identified relational problems | Adult | "Data-focused approach" (group intervention based on STPP according to the author; see main ref). | 1. Gestalt 2. Psychodynamic 3. Interactional | Prawitasari, J. E., Widastuti, T. R., & Asitasari, W. (2019). Data-Focused Approach: Developing A New Intervention Method In Applied Psychology. <i>Jurnal Psikologi</i> , 46(3), 181. https://doi.org/10.22146/jpsi.50602 |
| 222 | Prout, et al. | 2021 | 43 | Children with externalizing behaviors | Child | Regulation-Focused Psychotherapy for Children (RFP-C, Hoffmanet I, 2016) | Waitlist | Prout, T. A., Rice, T., Chung, H., Gorokhovsky, Y., Murphy, S., & Hoffman, L. (2021). Randomized controlled trial of Regulation Focused Psychotherapy for children: A manualized psychodynamic treatment for externalizing behaviors. <i>Psychotherapy Research</i> , 0(0), 1-16. https://doi.org/10.1080/10503307.2021.1980626 |
| 223 | Qaziani & Arefi | 2017 | 30 | Anxiety (affection control in anxious women) | Adult | Intensive Short-Term Dynamic Psychotherapy (ISTDP; no specific reference to manual) | No treatment waitlist | Qaziani, M. M., & Arefi, M. (2017). The effectiveness of intensive short-term dynamic psychotherapy on affection control of anxious women. <i>International Journal of Educational and Psychological Researches</i> , 3(4), 235-239. http://www.iieprjournal.org/temp/int/EducPsycholRes34235-6200115_171321.pdf |
| 224 | Rabeyron, et al. | 2020 | 37 | Autism Spectrum disorders | Child | Music therapy by psychodynamic therapists | Music listening | Rabeyron, T., Robledo del Canto, J. P., Carasco, E., Bisson, V., Bodeau, N., Vrait, F. X., ... Bonnot, O. (2020). A randomized controlled trial of 25 sessions comparing music therapy and music listening for children with autism spectrum disorder. <i>Psychiatry Research</i> , 293 (August), 113377. https://doi.org/10.1016/j.psychres.2020.113377 |

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| 225 | Rahmani, et al. | 2011 | 50 | Depression | Adult | Intensive Short-Term Dynamic Psychotherapy (ISTDP; Della Selva, 1996). | Pharmacotherapy (SSRI) | Rahmani, F., Rezaei, F., Nasuri, M., & Sc, M. (2011). Major Depressive Disorder: A Comparison of a Focused Psychodynamic Psychotherapy and Pharmacotherapy. <i>Iranian Journal of Psychiatry and Behavioral Sciences</i> , 5(51), 37-44. Retrieved from http://ijpbs.mazums.ac.ir/article-1-64-en.pdf |
| 226 | Rahmani, et al. | 2020 | 41 | Social anxiety disorder (SAD) | Adult | Intensive Short-Term Dynamic Psychotherapy (ISTDP; Abbass, 2015) | No treatment waitlist | Rahmani, F., Abbass, A., Hemmati, A., Mirghaed, S. R., & Ghaffari, N. (2020). The Efficacy of Intensive Short-Term Dynamic Psychotherapy for Social Anxiety Disorder. <i>The Journal of Nervous and Mental Disease</i> , 00(00), 1. https://doi.org/10.1097/NMD.0000000000001097 |
| 227 | Rahmani, et al. | 2020 | 42 | Social anxiety disorder (SAD) | Adult | Intensive Short-Term Dynamic Psychotherapy (standard with "challenge"; ISTDP; Davanloo, 1990; Abbass, 2015) | 1. Intensive Short-Term Dynamic Psychotherapy (interpretation-based; without challenge; ISTDP; Davanloo, 1990; Abbass, 2015) 2. Waitlist | Rahmani, F., Abbass, A., Hemmati, A., Ghaffari, N., & Rezaei Mirghaed, S. (2020). Challenging the role of challenge in intensive short-term dynamic psychotherapy for social anxiety disorder: A randomized controlled trial. <i>Journal of Clinical Psychology</i> , 1-10. https://doi.org/10.1002/clp.22993 |
| 228 | Ranjbar Sudejani, et al. | 2017 | 32 | OCD | Adult | Intensive Short-Term Dynamic Psychotherapy (ISTDP; Davanloo, 1990; Abbass, 2015) | No treatment waitlist | Ranjbar Sudejani, Y., Sharifi, K., Sayyah, S.S., & Malek Mohamadi Galeh, Z. (2017) Effectiveness of Intensive Short-Term Dynamic Psychotherapy (ISTDP) on correcting irrational beliefs and reducing cognitive avoidance of people with obsessive compulsive disorder. <i>Journal of Counseling Research (article in persian)</i> , 15 (62), 140-169. http://irancounseling.ir/journal/article-1-364-en.html |
| 229 | Ranjbar Sudejani & Sharifi | 2017 | 16 | Social anxiety in children with mental disability | Child | Intensive Short-Term Dynamic Psychotherapy (ISTDP; Davanloo, 1990; | No info | Ranjbar Sudejani, Y., & Sharifi, K. (2017). Effectiveness of Intensive Short Term Dynamic Psychotherapy (ISTDP) on Social Anxiety of Children with Mental Disability and Visual Perception Disorder. <i>Exceptional Education (Persian)</i> , 1(144), 15-22. |

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| 230 | Reneses, et al. | 2013 | 53 | Borderline personality disorder | Adult | Abbass, 2015) | TAU | Reneses, B., Gálán, M., Serrano, R., Figuera, D., Fernández Del Moral, A., López-Ibor, J. J., ... Trujillo, M. (2013). A new Time Limited Psychotherapy for BPD: Preliminary Results of a Randomized and Controlled Trial. <i>Actas españolas de psiquiatría</i> , 41(3), 139–48. http://www.ncbi.nlm.nih.gov/pubmed/23803797 |
| 231 | Ridsdale, et al. | 2001 | 160 | Chronic fatigue | Adult | Counselling “...all counsellors used a psychodynamic approach and all cognitive behaviour therapists used CBT” (p. 20) | CBT | Ridsdale, L., Godfrey, E., Chalder, T., Seed, P., King, M., Wallace, P., & Wessely, S. (2001). Chronic fatigue in general practice: is counselling as good as cognitive behaviour therapy? A UK randomised trial. <i>The British Journal of General Practice : The Journal of the Royal College of General Practitioners</i> , 51(462), 19–24. http://www.ncbi.nlm.nih.gov/article.cgi?Partid=1313894&tool=omcentre&oren |
| 232 | Robin, et al. | 1995 | 37 | Anorexia | Adolescent | Ego-oriented individual therapy (EOIT; (Robin, Siegel, Moye, Koepke, & Ticic, 1994) | Behavioral family systems therapy (BFSST; Robin et al., 1994, 1996) | Robin, A. L., Siegel, P. T., & Moye, a. (1995). Family versus individual therapy for anorexia: impact on family conflict. <i>The International Journal of Eating Disorders</i> , 17(4), 313–22. http://www.ncbi.nlm.nih.gov/pubmed/7620470 |
| 233 | Robinson, et al. | 2016 | 68 | Borderline personality disorder + eating disorders | Adult | Mentalization-Based Treatment for Eating Disorders (MBT-ED; Bateman & Fonagy, 2009) | Specialist supportive clinical management (SSCM-ED; McIntosh et al., 2006) | Robinson, P., Hellier, J., Barrett, B., Barzdaitiene, D., Bateman, A., Bogardt, A., ... Fonagy, P. (2016). The NOURISHED randomised controlled trial comparing mentalisation-based treatment for eating disorders (MBT-ED) with specialist supportive clinical management (SSCM-ED) for patients with eating disorders and symptoms of borderline personality disorder. <i>Trials</i> , 17(1), 549. http://doi.org/10.1186/s13063-016-1606-8 |
| 234 | Rosenbaum, et al. | 2012 | 72 | Schizophrenia | Adult/adolescent | Supportive Psychodynamic Psychotherapy (SPP; Rosenbaum, 2009) | TAU | Rosenbaum, B., Harder, S., Knudsen, P., Kester, A., Lindhardt, A., Lajer, M., Valbak, K., & Winther, G. (2012). Supportive Psychodynamic Psychotherapy versus Treatment as Usual for First-Episode Psychosis: Two-Year Outcome. <i>Psychiatry</i> , 75(4), 331–41. http://www.ncbi.nlm.nih.gov/pubmed/23244011 |

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| 235 | Rosser, et al. | 1983 | 65 | Breathlessness and psychiatric morbidity (in patients with chronic bronchitis and emphysema) | Adult | Analytical psychotherapy (No specific reference) | 1. No treatment 2. Nurse support | Rosser, R., Denford, J., Heslop, A., Kinston, W., Macklin, D., & Minty, K., et al. (1983). Breathlessness and psychiatric morbidity in chronic bronchitis and emphysema: a study of psychotherapeutic management. <i>Psychol Med</i> , 13, 93-110. http://www.ncbi.nlm.nih.gov/pubmed/6844471 |
| 236 | Rosso, et al. | 2012 | 88 | Depression | Adult | Brief Dynamic Psychotherapy (BDP; Malan, 1976) | Brief Supportive Psychotherapy (BSP; Novais et al., 1993) | Rosso, G., Martini, B., & Maina, G. (2012). Brief dynamic therapy and depression severity: A single-blind, randomized study. <i>Journal of affective disorders</i> , 1-6. http://www.ncbi.nlm.nih.gov/pubmed/23174499 |
| 237 | Rossouw & Fonagy | 2012 | 80 | Self-harm | Adolescent | Mentalization-Based Treatment for adolescents (MBT-A; Rossouw, unpublished) | TAU | Rossouw, T. I., & Fonagy, P. (2012). Mentalization-based treatment for self-harm in adolescents: a randomized controlled trial. <i>Journal of the American Academy of Child and Adolescent Psychiatry</i> , 51(12), 1304–1313. http://www.ncbi.nlm.nih.gov/pubmed/23200287 |
| 238 | Rousseau, et al. | 2009 | 105 | Preschoolers with immigrant traumatic background | Child | Sandplay Therapy (Kauffman, 1973; see also review by Roessler, 2019) | No treatment | Rousseau, C., Benoit, M., Lacroix, L., & Gauthier, M. F. (2009). Evaluation of a sandplay program for preschoolers in a multiethnic neighborhood. <i>Journal of Child Psychology and Psychiatry and Allied Disciplines</i> , 50(6), 743–750. https://doi.org/10.1111/j.1469-7610.2008.02003.x |
| 239 | Salehian | 2022 | 16 | Histrionic Personality Disorder | Adult | Intensive Short-Term Dynamic Psychotherapy (ISTDP; Davanloo, 1990; Abbass, 2015) | No treatment | Salehian, N. (2022). The effect of intensive short-term dynamic psychotherapy (ISTDP) on reducing psychological symptoms in patients with histrionic personality (HPD). <i>JNPI</i> , 13(17), 1–30. Retrieved from http://jnpi.ir/article-1-806-en.html |

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| 240 | Salminen, et al. | 2008 | 51 | Depression | Adult | Short-Term Dynamic Psychotherapy (STD; Malan, 1976; Mann, 1973) | Fluoxetine | Salminen, J. K., Karlsson, H., Hietala, J., Kajander, J., Aalto, S., & Markkula, J., et al. (2008). Short-term psychodynamic psychotherapy and fluoxetine in major depressive disorder: a randomized comparative study. <i>Psychother Psychosom</i> , 77, 351-357. http://www.ncbi.nlm.nih.gov/pubmed/18701831 |
| 241 | Salomonsson & Sandell | 2011 | 80 | Mothers who worry about child | Adults | Mother-Infant Psychoanalytic treatment (MIP; Norman, 2001; 2004) | Child Health Center Care (TAU) | Salomonsson, B., & Sandell, R. (2011). A randomized controlled trial of mother-infant psychoanalytic treatment: I. Outcomes on self-report questionnaires and external ratings. <i>Infant Mental Health Journal</i> , 32 (2), 207-231. http://onlinelibrary.wiley.com/doi/10.1002/imhj.20291/full |
| 242 | Salzer, et al. | 2013 | 66 | Mixed sample of adolescents Adolescents with Borderline personality disorder (subsample in secondary study) | Adolescent | Psychoanalytic-Interactional Method (PIIM; Streck & Leichsenring, 2009; Leichsenring et al., 2010) | Waitlist/TAU | Salzer, S., Cropp, C., Jaeger, U., Masuhr, O., & Streck-Fischer, a. (2013). Psychodynamic therapy for adolescents suffering from co-morbid disorders of conduct and emotions in an in-patient setting: a randomized controlled trial. <i>Psychological medicine</i> , 1-10. http://www.ncbi.nlm.nih.gov/pubmed/24229481 |
| 243 | Salzer, et al. | 2016 | 107 | Social phobia (SAD; adolescents) | Adolescent | Supportive-Expressive Psychotherapy (SEP; Luborsky, 1984; modified for social phobia in adolescents by Horn et al, 2010) | 1. CBT (Clark et al, 1995) 2. Waitlist | Salzer, S., Stefini, A., Kronmüller, K.-T., Leibing, E., Leichsenring, F., Henningsen, P., Peseschkian, H., Reich, G., Rosner, R., Ruhli, U., Schopf, Y., Steinert, C., Vonderlin, E., & Steil, R. (2018). Cognitive-behavioral and psychodynamic therapy in adolescents with social anxiety disorder: A multicenter randomized controlled trial. <i>Psychotherapy and Psychosomatics</i> , 1-11. http://doi.org/10.1159/000488990 |
| 244 | Sanchez, et al. | 1980 | 32 | Depression | Adult | "Traditional" Group Therapy (No specific reference) | Assertion training | Sanchez, V. C., Lewinsohn, P. M., & Larson, D. W. (1980). Assertion training: effectiveness in the treatment of depression. <i>J Clin Psychol</i> , 36, 526-529. http://www.ncbi.nlm.nih.gov/pubmed/7372826 |

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| 245 | Sandahl, et al. | 1998 | 49 | Alcohol dependence | Adult | Time-limited group psychotherapy (Foulkes, 1964) | Cognitive-behavioural group therapy (Annis, 1986; Marlatt & Gordon, 1985; Sandahl and Ronnberg, 1990) | Sandahl, C., Herlitz, K., Ahlin, G., & Rönning, S. (1998). Time-limited group psychotherapy for moderately alcohol dependent patients: A randomized controlled clinical trial. <i>Psychotherapy Research</i> , 8, 361-378. http://www.tandfonline.com/doi/abs/10.1080/10503309812331332467 |
| 246 | Sandahl, et al. | 2011 | 120 | Depression (work-related) | Adult | Focused Psychodynamic Group Therapy (FGT; Sandahl & Lindgren, 2003) | 1. Cognitive Group Therapy (no specific reference) 2. Comparison condition | Sandahl, C., Lundberg, U., Lindgren, A., Rylander, G., Herløfson, J., Nygren, A., & Asberg, M. (2011). Two forms of group therapy and individual treatment of work-related depression: a one-year follow-up study. <i>International Journal of group psychotherapy</i> , 61 (4), 539-55. http://www.ncbi.nlm.nih.gov/pubmed/21985258 |
| 247 | Sattel, et al. | 2011 | 211 | Multisomatoform disorder | Adult | Psychodynamic-Interpersonal Therapy (PIT; Guthrie, 2011; Henningesen, 2011) | Enhanced medical care | Sattel, H., Lahmann, C., Gundel, H., Guthrie, E., Kruse, J., Noll-Hussong, M., Ohmann, C., Ronel, J., Sack, M., Sauer, N., Schneider, G., & Henningsen, P. (2011). Brief psychodynamic interpersonal psychotherapy for patients with multisomatoform disorder: randomised controlled trial. <i>The British Journal of Psychiatry : The Journal of Mental Science</i> , 60- 67. http://www.ncbi.nlm.nih.gov/pubmed/22075651 |
| 248 | Saunders | 1996 | 218 | Violent men | Adult | Process-Psychodynamic Group Therapy (PPT; Browne, Saunders, & Staeker, in press) | Feminist-group CBT (FCBT; Browne, Saunders, & Staeker, in press) | Saunders, D. G. (1996). Feminist-cognitive- behavioral and process-psychodynamic treatments for men who batter: interaction of abuser traits and treatment models. <i>Violence Vict</i> , 11, 393-414. http://www.ncbi.nlm.nih.gov/pubmed/9210279 |
| 249 | Scanavino, et al. | 2023 | 135 | Sexual compulsion in men | Adult | Short-term psychodynamic group therapy (STPDG) + relapse prevention (RP) | 1. Medication 2. Medication + STPDG + RP | Scanavino, M. D. T., Guirado, A. G., Marques, J. M., Amaral, M. L. S. do, Messina, B., Reis, S. C. dos, ... Parsons, J. T. (2023). Treatment effects and adherence of sexually compulsive men in a randomized controlled trial of psychotherapy and medication. <i>Journal of Behavioral Addictions</i> . https://doi.org/10.1556/2006.2023.00004 |

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| 250 | Schaefer, et al. | 2013 | 304 | Medically Unexplained Symptoms (MUS) | Adult | GP management + Group Interpersonal Psychodynamic Therapy (Stuart & Noyes, 2006) | GP management alone | Schaefer, R., Kaufmann, C., Wild, B., Schellberg, D., Boelter, R., Faber, R., Szecsenyi, J., Sauer, N., Guthrie, E., & Herzog, W. (2013). Specific collaborative group intervention for patients with medically unexplained symptoms in general practice: A cluster randomized controlled trial. <i>Psychotherapy and Psychosomatics</i> , 82 (2), 106–119. https://doi.org/10.1159/000343652 |
| 251 | Scheidt, et al. | 2012 | 46 | Fibromyalgia + depression | Adult | Psychodynamic-Interpersonal Therapy (PIT; Hobson, 1985; Goldberg et al., 1984; Guthrie, 2013) | TAU | Scheidt, C. E., Waller, E., Endorf, K., Schmidt, S., König, R., Zeeck, A., Joos, A., & Lacour, M. (2012). Is brief psychodynamic psychotherapy in primary fibromyalgia syndrome with concurrent depression an effective treatment? A randomized controlled trial. <i>General Hospital Psychiatry</i> , 33, 160–167. https://www.ncbi.nlm.nih.gov/pubmed/23218844 |
| 252 | Schnyder, et al. | 2011 | 30 | PTSD | Adult | Brief Eclectic Psychotherapy (BEP; Gersons et al., 2004; Manual includes both CBT and PDT components) | Minimal attention control | Schnyder, U., Müller, J., Maercker, A., & Wittmann, L. (2011). Brief Eclectic Psychotherapy for PTSD: A Randomized Controlled Trial. <i>The Journal of Clinical Psychiatry</i> , 72(4): 564– 566. http://europepmc.org/abstract/MED/21527127/europe_pmc_extredirect=https://doi.org/10.4088/JCP.10J06247hu |
| 253 | Shaffer, et al. | 1997 | 61 | Opiate addiction | Adult | Dynamic group psychotherapy (no reference) | Hatha yoga therapy | Shaffer, H. J., LaSalvia, T. A., & Stein, J. P. (1997). Comparing Hatha yoga with dynamic group psychotherapy for enhancing methadone maintenance treatment: a randomized clinical trial. <i>Altern Ther Health Med</i> , 3, 57–66. http://www.ncbi.nlm.nih.gov/pubmed/9210777 |
| 254 | Shams, et al. | 2022 | 45 | Women who had experienced marital infidelity | Adult | 1. Intensive Short-Term Dynamic Psychotherapy (ISTDP; Abbas, 2015). 2. Mentalization-Based Treatment (Bateman & Fonagy, 1999) | Waitlist control | Shams, S., Ghelichkhan, N., Yousefi, N., & Alijani, S. (2022). Comparison of the Effectiveness of Short-term Intensive Dynamic Psychotherapy and Mentalization-based Therapy on Emotional Dysregulation, Defense Mechanisms and Insecure Attachment Styles in Women Who Have Experienced the Trauma of Marital Infidelity . <i>Iranian Journal of Psychiatric Nursing</i> , 10(1). https://doi.org/10.22034/IJPN.10.1.106 |

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| 255 | Shayesteh, et al. | 2022 | 60 | Chronic pain | Adult | Short-Term Dynamic Psychotherapy (undear reference) | 1. Hypnotherapy. 2. Control | Shayesteh, H., Narimani, M., & Fathi, M. (2022). Comparing the effectiveness of short-term dynamic psychotherapy and hypnotherapy on the quality of life of patients with chronic pain disorder. <i>Journal of Anesthesiology and Pain (Persian)</i> , 13 (3), 126–141. |
| 256 | Shapiro & Firth | 1987 | 48 | Depression and anxiety | Adult | Exploratory therapy (no specific reference) | Prescriptive therapy (no specific reference) | Shapiro, D., & Firth, J. (1987). Prescriptive v. Exploratory Psychotherapy Outcomes of the Sheffield Psychotherapy Project. <i>The British Journal of Psychiatry</i> , 151, 790–799 http://bjp.publicaciones.saludcastillayleon.es/content/151/6/790.short |
| 257 | Shapiro, et al. | 1994 | 117 | Depression | Adult | Psychodynamic-Interpersonal Therapy (PIT; Hobson, 1985; Goldberg et al., 1984) | Cognitive Therapy (CT; Beck, Rush, Shaw, and Emery, 1979) | Shapiro, D. A., Barkham, M., Rees, A., Hardy, G. E., Reynolds, S., & Startup, M., et al. (1994). Effects of treatment duration and severity of depression on the effectiveness of cognitive-behavioral and psychodynamic-interpersonal psychotherapy. <i>J Consult Clin Psychol</i> , 62, 522–534. http://www.ncbi.nlm.nih.gov/pubmed/8063978 |
| 258 | Shaw, et al. | 2001 | 54 | Mixed sample | Adult | Psychodynamic-Interpersonal Therapy (PIT; Hobson, 1985) | Waitlist | Shaw, C. M., Margison, F. R., Guthrie, E. A., & Tomenson, B. (2001). Psychodynamic interpersonal therapy by inexperienced therapists in a naturalistic setting: A pilot study. <i>European Journal of Psychotherapy, Counselling, and Health</i> , 4, 87–101. http://www.tandfonline.com/doi/abs/10.1080/13642530110040091 |
| 259 | Shefler, et al. | 1995 | 33 | Mixed sample | Adult | Time-Limited Psychotherapy (TLP; Mann, 1973) | Waitlist | Shefler, G., Dasberg, H., & Ben-Shakhar, G. (1995). A randomized controlled outcome and follow-up study of Mann's time-limited psychotherapy. <i>J Consult Clin Psychol</i> , 63, 585–593. http://psycnet.apa.org/journals/ccp/63/4/585/ |

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| 260 | Siefert, et al. | 2023 | 114 | Mixed sample | Child/adolescent | Individual LTPP | 1. Group LTPP 2. Combination individual and group LTPP | Siefert, L., van Lent, L., & von Seggern, T. (2023). Vergleichsstudie zur Wirksamkeit verschiedener Settings bei psychoanalytisch begründeten Langzeitbehandlungen von Kindern und Jugendlichen. <i>Praxis Der Kinderpsychologie Und Kinderpsychiatrie</i> , 72(1), 50–75. https://doi.org/10.13109/prkk.2023.72.1.50 |
| 261 | Simpson, et al. | 2003 | 145 | Depression (chronic) | Adult | Psychodynamic counselling (Burton, 1998) | General practice | Simpson, S., Corney, R., Fitzgerald, P., & Beecham, J. (2003). A randomized controlled trial to evaluate the effectiveness and costeffectiveness of psychodynamic counselling for general practice patients with chronic depression. <i>Psychol Med</i> , 33, 229-239. http://www.ncbi.nlm.nih.gov/pubmed/1262 |
| 262 | Sjodin, et al. | 1986 | 103 | Peptic ulcer disease | Adult | Short-Term Dynamic Therapy (STDP; Malan, 1976) | Medication | Sjodin, I., Svedlund, J., Ottosson, J. O., & Dotevall, G. (1986). Controlled study of psychotherapy in chronic peptic ulcer disease. <i>Psychosomatics</i> , 27, 187-91, 195. http://www.psychosomaticsjournal.com/article/S0033-3182(86)72711-4/abstract |
| 263 | Sleed, et al. | 2013 | 88 | High risk mothers (and their babies) in prison | Adult/child | Attachment-based intervention (Baradon, 2006) | Standard health and social care | Sleed, M., Baradon, T., & Fonagy, P. (2013). New Beginnings for mothers and babies in prison: A cluster randomized controlled trial. <i>Attachment & Human Development</i> , 15(4), 349–67. http://www.ncbi.nlm.nih.gov/pubmed/23550526 |
| 264 | Sloane, et al. | 1975 | 94 | Anxiety or personality disorder | Adult | Short-Term Analytically Oriented Psychotherapy (no specific reference) | 1. Waitlist 2. Behavior Therapy (no specific reference) | Sloane, R. B., Staples, F. R., Cristol, A. H., Yorkston, N. J., & Whipple, K. (1975). Short-term analytically oriented psychotherapy versus behavior therapy. <i>American Journal of Psychiatry</i> , 132, 373-377. http://www.ncbi.nlm.nih.gov/pubmed/1119588 |

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| 265 | Smits, et al. | 2019 | 114 | Borderline personality disorder | Adult | Day Hospital Mentalization-Based Treatment (DH-MBT; Bateman & Fonagy, 2004) | Intensive outpatient MBT | Smits, M. L., Feenstra, D. J., Eeren, H. V., Bales, D. L., Laurensen, E. M. P., Blankers, M., ... Luyten, P. (2019). Day hospital versus intensive out-patient mentalisation-based treatment for borderline personality disorder: multicentre randomised clinical trial. <i>The British Journal of Psychiatry</i> , 1-6. https://doi.org/10.1192/bj.p.2019.94 |
| 266 | Smyrnios & Kirkby | 1993 | 30 | Mixed problems | Child | Time-limited brief psychotherapy (Smyrnios, Kirkby, Smyrnios, & Picone, 1987) | Time-unlimited psychotherapy (Klein, 1975; Segal, 1978) | Smyrnios, K. X., & Kirkby, R. J. (1993). Long-term comparison of brief versus unlimited psychodynamic treatments with children and their parents. <i>J Consult Clin Psychol</i> , 61, 1020-1027. http://www.ncbi.nlm.nih.gov/pubmed/8113479 |
| 267 | Snyder, et al. | 1991 | 59 | Couples with relational problems | Adult | Insight-Oriented Marital Therapy (IOMT; no specific reference) | Behavioral Marital Therapy (BMT; no specific reference) | Snyder, D. K., Wills, R. M., & Grady-Fletcher, a. (1991). Long-term effectiveness of behavioral versus insight-oriented marital therapy: a 4-year follow-up study. <i>Journal of Consulting and Clinical Psychology</i> , 59(1), 138-41. http://www.ncbi.nlm.nih.gov/pubmed/2002129 |
| 268 | Soheil & Joharifard | 2023 | 30 | Irritable bowel syndrome | Adult | Intensive Short-Term Dynamic Psychotherapy (ISTDP; Davanloo, 1990; Abbas, 2015) | No treatment | Soheil, J., & Joharifard, R. (2023). The Effectiveness of Intensive Short-Term Dynamic Psychotherapy on the Alexithymia, Defense Styles, and Ego Strength in Patients with Irritable Bowel Syndrome: A Quasi-Experimental Study. <i>Journal of Rafsanjan University of Medical Science (Farsi)</i> , 22(3), 243-258. |
| 269 | Soler, et al. | 2009 | 60 | Borderline personality disorder | Adult | Standard Group Therapy (No manual, described as psychodynamically oriented and used two psychodynamically trained therapists) | Dialectical Behavior Therapy Skills-training group (DBT-ST; Linehan, 1993) | Soler, J., Pascual, J. C., Tiana, T., Cebrià, A., Barrachina, J., Campins, M. J., ... Pérez, V. (2009). Dialectical behaviour therapy skills training compared to standard group therapy in borderline personality disorder: A 3-month randomised controlled clinical trial. <i>Behaviour Research and Therapy</i> , 47(5), 353-358. https://doi.org/10.1016/j.brat.2009.01.013 |

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| 270 | Spiess, et al. | 1995 | 23 | Type I diabetic patients | Adult | Group PDT program (no specific manual or reference) + treatment as usual | Treatment as usual | Spiess, K., Sachs, G., Pietschmann, P., & Prager, R. (1995). A program to reduce onset distress in unselected type I diabetic patients: Effects on psychological variables and metabolic control. <i>European Journal of Endocrinology</i> . https://www.ncbi.nlm.nih.gov/pubmed/7749498 |
| 271 | Stanton, et al. | 1984 | 164 | Schizophrenia (non-chronic) | Adult | Expressive, insight-oriented psychotherapy (EIO; Stanton, in press) | Reality-adaptive, supportive therapy (RAS; May, 1968) | Stanton, A. H., Gunderson, J. G., Knapp, P. H., Frank, A. F., Vancelli, M. L., & Schnitzer, R., et al. (1984). Effects of psychotherapy in schizophrenia: I. Design and implementation of a controlled study. <i>Schizophr Bull</i> , 10, 520-563. http://www.ncbi.nlm.nih.gov/pubmed/6151245 |
| 272 | Stefini, et al. | 2017 | 81 | Bulimia | Adolescent | Focal psychodynamic therapy for bulimia (Reich et al, 1998; 2014) | CBT (Bents, 2007; 2010; Fairburn, 2008) | Stefini A, Salzer S, Reich G, Horn H, Winkelmann K, Bents H, Rutz U, Frost U, Boetticher Av, Ruhl U, Specht N, Kronmüller K-T. (2017). Cognitive-Behavioral and Psychodynamic Therapy in Female Adolescents With Bulimia Nervosa: A Randomized Controlled Trial. <i>Journal of the American Academy of Child & Adolescent Psychiatry</i> , 56(4), 329-335. http://doi.org/10.1016/j.jaac.2017.01.019 |
| 273 | Steinert, et al. | 2016 | 86 | PTSD | Adult | Resource-Oriented Trauma Therapy (ROTATE; Wöller & Mattheß, 2016) | Waitlist | Steinert, C., Bumke, P. J., Hollekamp, R. L., Larisch, A., Leichsenring, F., Mattheß, H., ... Kruse, J. (2016). Resource activation for treating post-traumatic stress disorder, comorbid symptoms and impaired functioning: a randomized controlled trial in Cambodia. <i>Psychological Medicine</i> , 1-12. http://doi.org/10.1017/S0033291716002592 |
| 274 | Steinmair, et al. | 2021 | 20 | Borderline personality disorder | Adult | Psychoanalysis (PSA; Kleinian but non-manualized) | Long-term psychodynamic psychotherapy (PDT; references to manual by Clarkin, Yeomans, Kernberg, 2007) | Steinmair, D., Wong, G., Frantal, S., Rohrn, C., & Löffer-Stastka, H. (2021). Affect regulation in psychoanalytic treatments of patients with a borderline personality disorder—psychoanalysis and psychodynamic psychotherapy—a comparison. <i>World Journal of Psychiatry</i> , 11 (12), 1328–1345. https://doi.org/10.5498/wjp.v11.i12.1328 |

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| 275 | Suchman, et al. | 2011 | 47 | Mothers with alcohol and drug addiction | Adult | The Mothers and Toddlers Program (MTP) | Parent Education (PE) | Suchman, N. E., Decoste, C. L., Castiglioni, N., McMahon, T. J., Rounsvaille, B. J., & Mayes, L. (2011). The Mothers and Toddlers Program, an attachment-based parenting intervention for substance using women: Post-treatment results from a randomized clinical pilot. <i>Attachment & Human Development</i> , 12 (5), 483–504. http://doi.org/10.1080/14616734.2010.501983 |
| 276 | Suchman, et al. | 2017 | 87 | Mothers with histories of alcohol and drug addiction | Adult | Mothering from the Inside Out (MIO; Suchman & Bers, 2015) | Parent Education (PE) | Suchman, N. E., Decoste, C. L., McMahon, T. J., Dalton, R., Mayes, L. C., & Borelli, J. (2017). Mothering from the Inside Out: Results of a second randomized clinical trial testing a mentalization-based intervention for mothers in addiction treatment. <i>Development and Psychopathology</i> , 29 (2), 617–636. http://doi.org/10.1017/S0954579417000220 |
| 277 | Svartberg, et al. | 1998 | 20 | Mixed sample | Adult | Short-Term Anxiety-Provoking Psychotherapy (STAPP; Sifneos, 1992) | Non-directive Psychotherapy (NDP; utvecklades specifikt för studien) | Svartberg, M., Seltzer, M. H., & Stiles, T. C. (1998). The effects of common and specific factors in short-term anxiety-provoking psychotherapy: a pilot process-outcome study. <i>J Nerv Ment Dis</i> , 186, 691-696. https://www.ncbi.nlm.nih.gov/pubmed/9824171 |
| 278 | Svartberg, et al. | 2004 | 50 | Personality disorder (Cluster C) | Adult | Short-Term Dynamic Psychotherapy (STDTP; McCullough Vaillant, 1997) | Cognitive Therapy (CT; Beck & Freeman, 1990) | Svartberg, M., Stiles, T. C., & Seltzer, M. H. (2004). Randomized, controlled trial of the effectiveness of short-term dynamic psychotherapy and cognitive therapy for cluster C personality disorders. <i>Am J Psychiatry</i> , 161, 810-817. http://www.ncbi.nlm.nih.gov/pubmed/15121 |
| 279 | Svedlund, et al. | 1983 | 101 | IBS | Adult | Brief Dynamic Psychotherapy (BDP; Malan, 1979) | Treatment as usual (TAU) (medical) | Svedlund, J., Sjödin, I., Ottosson, J. O., & Dotevall, G. (1983). Controlled study of psychotherapy in irritable bowel syndrome. <i>Lancet</i> , 2, 589-592. https://www.ncbi.nlm.nih.gov/pubmed/6136745 |

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| 280 | Svensson, et al. | 2020 | 221 | Panic disorder | Adult | Panic-Focused Psychodynamic Psychotherapy (PFPP; Milrod et al, 2001) | 1. Panic Control Treatment (PCT; Barlow, 1994) 2. Waitlist | Svensson, M., Nilsson, T., Perrin, S., Johansson, H., Viborg, G., Falkenström, F., & Sandell, R. (2020). The Effect of Patient's Choice of Cognitive Behavioural or Psychodynamic Therapy on Outcomes for Panic Disorder: A Doubly Randomised Controlled Preference Trial. <i>Psychotherapy and Psychosomatics</i> , (September 2020), 1–12. https://doi.org/10.1159/000511469 |
| 281 | Szapocznik, et al. | 1989 | 69 | Behavioral problems among boys | Child | Individual psychodynamic child therapy (IPCT) (Adams, 1974; Cooper & Wanerman, 1977) | 1. Structural Family Therapy (SFT; Minuchin & Fishman, 1981; Minuchin, Montalvo, Guerne, Rosman, & Schuman, 1967) 2. Recreational | Szapocznik, J., Rio, A., Murray, E., Cohen, R., Scopetta, M., & Rivas-Vazquez, A., et al. (1989). Structural family versus psychodynamic child therapy for problematic Hispanic boys. <i>J. Consult. Clin. Psychol.</i> , 57, 571–578. http://www.ncbi.nlm.nih.gov/pubmed/2794177 |
| 282 | Sørensen, et al. | 2010 | 80 | Hypochondriasis | Adult | Short-Term Psychodynamic Psychotherapy (No specific reference) | 1. Cognitive-behavioural Therapy (CBT; Salkovskis, 1989; Warwick, 1989; Salkovskis et al. 2003) 2. Waitlist | Sørensen, P., Birket-Smith, M., Wattar, U., Buemann, I., & Salkovskis, P. (2010). A randomized clinical trial of cognitive behavioural therapy versus short-term psychodynamic psychotherapy versus no intervention for patients with hypochondriasis. <i>Psychol Med</i> , 1–11. http://www.ncbi.nlm.nih.gov/pubmed/20380779 |
| 283 | Tasca, et al. | 2006 | 135 | Binge eating disorder | Adult | Group psychodynamic interpersonal psychotherapy (Tasca et al., 2002; Strupp & Binder, 1984; Malan 1979) | 1. Group cognitive-behavior therapy (GCBT; Wilfley et al., 1996) 2. Waitlist | Tasca, G., Ritchie, K., Conrad, G., Balfour, L., Gayton, J., & Lybanon, V., et al. (2006). Attachment scales predict outcome in a randomized controlled trial of two group therapies for binge eating disorder: An aptitude by treatment interaction. <i>Psychotherapy Research</i> , 16, 106–121. http://www.tandfonline.com/doi/abs/10.1080/10503300500090928 |
| 284 | Tasca, et al. | 2018 | 85 | Binge eating disorder | Adult | Group psychodynamic interpersonal psychotherapy (Tasca et al., 2002; Strupp & Binder, 1984; Malan 1979) | No treatment control | Tasca, G. A., Koszycki, D., Brugnara, A., Chyrlia, L., Hammond, N., Francis, K., ... Balfour, L. (2018). Testing a stepped care model for binge-eating disorder: a two-step randomized controlled trial. <i>Psychological Medicine</i> . https://www.ncbi.nlm.nih.gov/pubmed/29792242 |

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| 285 | Thakur, et al. | 2017 | 106 | Irritable bowel syndrome | Adult | Emotional Awareness and Expression Therapy (integrative method with psychodynamic components, see Lumley & Schubiner, 2019) | 1. Relaxation training 2. Waitlist | Thakur, E. R., Holmes, H. J., Lockhart, N. A., Carty, J. N., Ziadni, M. S., Doherty, H. K., ... Lumley, M. A. (2017). Emotional awareness and expression training improves irritable bowel syndrome: A randomized controlled trial. <i>Neurogastroenterology and Motility</i> , 29(12), 1–10. https://doi.org/10.1111/nmo.13143 |
| 286 | Thompson, et al. | 1987 | 91 | Depression | Older adult | Brief psychodynamic therapy (Horowitz & Kaltreider, 1979) | 1. Cognitive Therapy (CT; Beck, Rush, Shaw, & Emery, 1979) 2. Behavioral Therapy (BT; Gallagher & Thompson, 1981; Lewinsohn, 1974) 3. Delayed-treatment | Thompson, L. W., Gallagher, D., & Breckenridge, J. S. (1987). Comparative effectiveness of psychotherapies for depressed elders. <i>J Consult Clin Psychol</i> , 55, 385–390. https://www.researchgate.net/publication/19563884_Comparative_Effectiveness_of_Psychotherapies_for_Depressed_Elders |
| 287 | Thyme, et al. | 2007 | 39 | Depression | Adult | Short-Term Psychodynamic Verbal Therapy (Mann, 1973) | Psychodynamic art psychotherapy (no reference) | Thyme, K. E., Sundin, E. C., Stahlberg, G., Lindstrom, B., Eklof, H., & Wiberg, B., et al. (2007). The outcome of short-term psychodynamic art therapy compared to short-term psychodynamic verbal therapy for depressed women. <i>Psychoanalytic Psychotherapy</i> , 21, 250–264. http://www.tandfonline.com/doi/abs/10.1080/02668730701535610 |
| 288 | Town, et al. | 2017 | 60 | Depression (treatment resistant) | Adult | Intensive Short-Term Dynamic Psychotherapy (ISTDP; Abbas, 2015) | TAU (Canadian depression guidelines) | Town, J. M., Abbas, A., Stride, C., & Bernier, D. (2017) A randomised controlled trial of intensive Short-Term Dynamic Psychotherapy for treatment resistant depression: the Halifax Depression Study. <i>Journal of Affective Disorders</i> , in Press http://dx.doi.org/10.1016/j.jad.2017.02.035 |
| 289 | Trevino, et al. | 2017 | 23 | Psychogenic Non-epileptic Seizures | Adult | Brief Psychodynamic (group) Therapy (BPT; Kalogiera-Sackellares & Sackellares, 1999) | CBT (group; Goldstein et al, 2004) | Trevino NI, D. S., Lechuga Y. A., Leon E. E., Escandon O. S., Perez G. T., Robles O. G., & Moctezuma J. V. (2017). The Effect of Therapy Psychodynamic and Cognitive Behavioral Therapy on Quality of Life in Patients with PNES. <i>Journal of Psychology & Psychotherapy</i> , 07(04). https://doi.org/10.4172/2161-0487.1000310 |

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| 290 | Trowell, et al. | 2002 | 71 | PTSD (sexually abused girls) | Child | Individual therapy (Unclear with no reference) | Psychopedagogical group therapy | Trowell, J., Kolvin, I., Weeramanthri, T., Sadowski, H., Berelowitz, M., & Glaser, D., et al. (2002). Psychotherapy for sexually abused girls: psychopathological outcome findings and patterns of change. <i>Br J Psychiatry</i> , 180, 234-247. http://www.ncbi.nlm.nih.gov/pubmed/11872516 |
| 291 | Trowell, et al. | 2007 | 72 | Depression | Child | Focused Individual Psychotherapy (Malan & Osmimo, 1992; Davanloo, 1978) | Systems integrative Family Therapy (Byung-Hall, 1995; Will, 1985) | Trowell, J., Joffe, I., Campbell, J., Clemente, C., Almqvist, F., & Soininen, M., et al. (2007). Childhood depression: a place for psychotherapy. An outcome study comparing individual psychodynamic psychotherapy and family therapy. <i>Eur Child Adolesc Psychiatry</i> , 16, 157-167. http://www.ncbi.nlm.nih.gov/pubmed/17200793 |
| 292 | Ulberg, et al. | 2021 | 69 | Depression | Adolescent | Short-Term psychoanalytic psychotherapy with transference work (Catty, et al, 2017) | Short-Term psychoanalytic psychotherapy without transference work (Catty, et al, 2017) | Ulberg, R., Hummelen, B., Hersoug, A. G., Midgley, N., Høglend, P. A., & Dahl, H. J. (2021). The first experimental study of transference work—in teenagers (FEST-IT): a multicentre, observer- and patient-blind, randomised controlled component study. <i>BMC Psychiatry</i> , 21(1), 106. https://doi.org/10.1186/s12888-021-03055-y |
| 293 | Vinnars, et al. | 2005 | 156 | Personality disorder (mixed) | Adult | Supportive-Expressive Psychotherapy (SEP; Luborsky, 1984) | Non-manualized PDT | Vinnars, B., Barber, J. P., Norén, K., Galllop, R., & Weinryb, R. M. (2005). Manualized supportive-expressive psychotherapy versus nonmanualized community-delivered psychodynamic therapy for patients with personality disorders: bridging efficacy and effectiveness. <i>Am J Psychiatry</i> , 162, 1933-1940. http://www.ncbi.nlm.nih.gov/pubmed/16199841 |
| 294 | Vistintini, et al. | 2020 | 95 | Borderline personality disorder | Adult | Group Experience Therapy (Visintini, et al., 2019; 2014) | DBT (Linehan, 1993) | Visintini, R., Roder, E., Gaj, N., & Maffei, C. (2020). Group Experience Therapy for outpatients with Borderline Personality Disorder features: preliminary results on its effectiveness in a randomized trial. <i>Mediterranean Journal of Clinical Psychology</i> , 8, 1-24. https://doi.org/10.6092/2282-1619/mjcp-2275 |

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| 295 | Vitriol, et al. | 2009 | 87 | Depression (+ childhood trauma, PTSD) | Adult | Brief psychodynamic psychotherapy (Kudler et al, 2003; Davies et al, 1994) | TAU | Vitriol, V. G., Ballesteros, S. T., Florenzano, R. U., Weil, K. P., & Benafod, D. F. (2009). Evaluation of an outpatient intervention for women with severe depression and a history of childhood trauma. <i>Psychiatr Serv</i> , 60, 936-942. https://www.ncbi.nlm.nih.gov/pubmed/19564224 |
| 296 | Walton, et al. | 2020 | 166 | Borderline personality disorder | Adult | Conversational Model (Mears, 2012) | DBT (Linehan, 1993) | Walton, C. J., Bendit, N., Baker, A. L., Carter, G. L., & Lewin, T. J. (2020). A randomised trial of dialectical behaviour therapy and the conversational model for the treatment of borderline personality disorder with recent suicidal and/or non-suicidal self-injury: An effectiveness study in an Australian public mental health service. <i>Australian and New Zealand Journal of Psychiatry</i> , 000. https://doi.org/10.1177/0004867420931164 |
| 297 | Wang, et al. | 2023 | 211 | Depression | Adult | Dynamic Interpersonal Therapy (DIT; Lemma et al., 2010, 2011) + anti-depressive medication (ADM) | 1. General supportive therapy (GST) + ADM 2. ADM alone | Wang, Y., Yao, J., Koszycki, D., Jiang, W., Fang, F., Wang, M., ... Qiu, J. (2023). Efficacy of dynamic interpersonal therapy for major depressive disorder in China: results of a multicentered, three-arm, randomized, controlled trial. <i>Psychological Medicine</i> , 1-13. https://doi.org/10.1017/S0033291723000788 |
| 298 | Watzke, et al. | 2010 | 291 | Mixed sample | Adult | Psychodynamic brief group therapy (Heigl-Evers et al., 1997) | Cognitive-behavioural group therapy (Fiedler, 2001) | Watzke, B., Rüddel, H., Jürgensen, R., Koch, U., Kriston, L., Grothgar, B., & Schulz, H. (2010). Effectiveness of systematic treatment selection for psychodynamic and cognitive-behavioural therapy: randomised controlled trial in routine mental healthcare. <i>The British Journal of Psychiatry : The Journal of Mental Science</i> , 197(2), 96-105. http://www.ncbi.nlm.nih.gov/pubmed/20679260 |
| 299 | Weijers et al. | 2020 | 84 | Psychotic Disorders | Adult | Mentalization-Based Treatment (MBT; Bateman & Fonagy, 2004) + TAU | TAU only | Weijers, J., Ten Kate, C., Viechtbauer, W., Rampaart, L. J. A., Eurelings, E. H. M., & Seltener, J. P. (2020). Mentalization-based treatment for psychotic disorder: a rater-blinded, multi-center, randomized controlled trial. <i>Psychological Medicine</i> , 1-10. https://doi.org/10.1017/S0033291720001506 |

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| 300 | Wiborg & Dahl | 1996 | 40 | Panic disorder | Adult | Brief Dynamic Psychotherapy (BDP; Davanloo, 1978; Malan 1976; 1979; Strupp & Binder, 1984) + Clomipramin | Clomipramin alone | Wiborg, I. M., & Dahl, A. A. (1996). Does brief dynamic psychotherapy reduce the relapse rate of panic disorder? <i>Arch Gen Psychiatry</i> , 53, 689-694. https://www.ncbi.nlm.nih.gov/pubmed/8694682 |
| 301 | Wiltink, et al. | 2017 | 109 | Social Phobia | Adult | Manualized Short-Term Psychodynamic Psychotherapy (based on Supportive-Expressive Psychotherapy; Luborsky, 1984) | Non-manualized Short-Term Psychodynamic Psychotherapy (tauSTPP; no manual) | Wiltink, J., Ruckes, C., Hoyer, J., Leichsenring, F., Joraschky, P., Leweke, F., ... Beutel, M. E. (2017). Transfer of manualized Short Term Psychodynamic Psychotherapy (STPP) for social anxiety disorder into clinical practice: results from a cluster-randomised controlled trial. <i>BMC Psychiatry</i> , 17(1), 92. http://doi.org/10.1186/s12888-017-1257-2 |
| 302 | Winston, et al. | 1994 | 81 | Personality disorders (mixed) | Adult | Short-Term Dynamic Therapy (STD; Davanloo, 1980; Also reference to Mann, Malan, and Sifneos) | 1. Brief Adaptive Psychotherapy (BAP; Pollack et al., 1991) 2. Waitlist | Winston, A., Pollack, J., McCullough, L., Flegenheimer, W., Kestenbaum, R., & Trujillo, M., et al. (1991). Brief psychotherapy of personality disorders. <i>J Nerv Ment Dis</i> , 179, 188-193. http://psycnet.apa.org/psycinfo/1991-25198-001 |
| 303 | Woody, et al. | 1983 | 110 | Opiate dependence | Adult | Supportive-Expressive Psychotherapy (SEP; Luborsky, 1977; unpublished manual) + Drug counselling | 1. Cognitive-Behavior Therapy (CBT; Beck, unpublished) + drug counselling 2. Drug Counseling alone (DC; Stockdale & Hargrove, unpublished material, 1977) | Woody, G. E., Luborsky, L., McLellan, A. T., O'Brien, C. P., Beck, A. T., & Blaine, J., et al. (1983). Psychotherapy for opiate addicts. Does it help? <i>Arch Gen Psychiatry</i> , 40, 639-645. https://www.ncbi.nlm.nih.gov/pubmed/6847332 |
| 304 | Woody, et al. | 1995 | 84 | Opiate dependence | Adult | Supportive-Expressive Psychotherapy (SEP; Luborsky, 1984) | Drug counseling | Woody, G. E., McLellan, A. T., Luborsky, L., & O'Brien, C. P. (1995). Psychotherapy in community methadone programs: A validation study. <i>American Journal of Psychiatry</i> , 152, 1302-1308. https://www.ncbi.nlm.nih.gov/pubmed/7653685 |

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| 305 | Yarns, et al. | 2020 | 53 | Chronic pain (in older war veterans) | Older adult | Emotional Awareness and Expression Therapy (integrative method with psychodynamic components, see Lumley & Schubiner, 2019) | CBT for chronic pain (Murphy, et al., 2014) | Yarns, B. C., Lumley, M. A., Cassidy, J. T., Steers, W. N., Osato, S., Schubiner, H., & Sultzer, D. L. (2020). Emotional Awareness and Expression Therapy Achieves Greater Pain Reduction than Cognitive Behavioral Therapy in Older Adults with Chronic Musculoskeletal Pain: A Preliminary Randomized Comparison Trial. <i>Pain Medicine</i> , 0(0), 1-13. https://doi.org/10.1093/pmt/pnaa145 |
| 306 | Zajenkowska, et al. | 2019 | 50 | Depression | Adult | Group PDT (no specific manual or reference) | Group CBT (no reference) | Zajenkowska, A., Rajchert, J., Macianowicz, O., Holas, P., & Murawic, S. (2019). Cognitive-Behavioral (CBT) and Psychodynamic (PDT) Group Psychotherapy and Their Impact on Depressive Symptoms and Hostile Attributions. <i>International Journal of Group Psychotherapy</i> , 0(00), 1-25. https://doi.org/10.1080/00207284.2019.1653189 |
| 307 | Zhang, et al. | 2020 | 63 | Erectile dysfunction | Adults | Brief Dynamic Psychotherapy (BDP; no specific reference) + Viagra medication | Viagra only | Zhang, Z., Gao, X., Zhou, Y., Yu, C., Pimolsettapun, J., Yang, L., & Zhao, X. (2020). Study on the combination of brief psychodynamic psychotherapy with Viagra in the treatment of non-organic ED. <i>General Psychiatry</i> , 33(5), e100184. https://doi.org/10.1136/gpsych-2019-100184 |
| 308 | Ziadini, et al. | 2018 | 75 | Medically Unexplained Symptoms (MUS) | Adult | Emotional Awareness and Expression Therapy (integrative method with psychodynamic components, see Lumley & Schubiner, 2019) | TAU | Ziadni, M. S., Cartt, J. N., Doherty, H. K., Porcerelli, J. H., Rapport, L. J., Schubiner, H., & Lumley, M. A. (2018). A life-stress, emotional awareness, and expression interview for primary care patients with medically unexplained symptoms: A randomized controlled trial. <i>Health Psychology</i> , 37(3), 282-290. https://doi.org/10.1037/he0000566 |
| 309 | Zilcha-Mano, et al. | 2021 | 100 | Depression | Adult | Supportive-Expressive Psychotherapy (SEP; Luborsky, 1984) | Supportive Therapy (Luborsky, 1984 without expressive elements) | Zilcha-Mano, S., Goldstein, P., Dolev-Amit, T., Ben David-Sela, T., & Barber, J. P. (2021). A randomized controlled trial for identifying the most suitable treatment for depression based on patients' attachment orientation. <i>Journal of Consulting and Clinical Psychology</i> , 89(12), 985-994. https://doi.org/10.1037/cpr0000696 |

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